

MAN YOUR PROSTATE

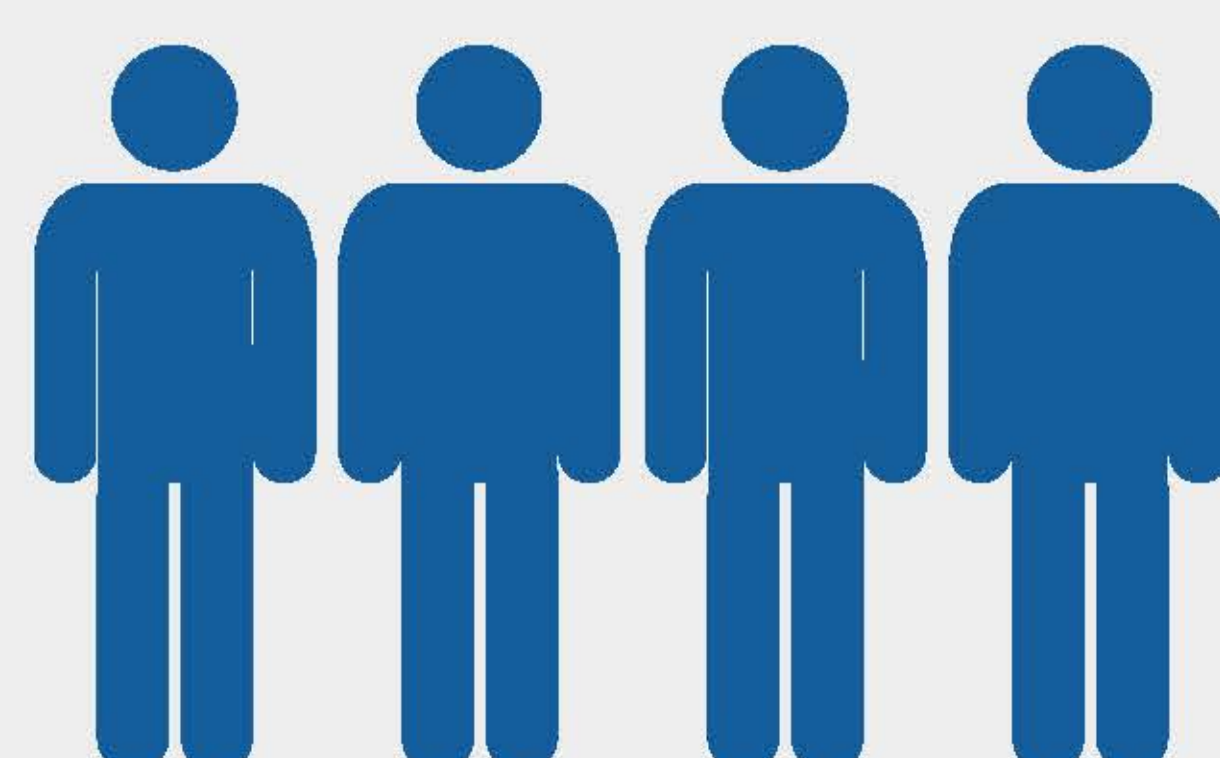
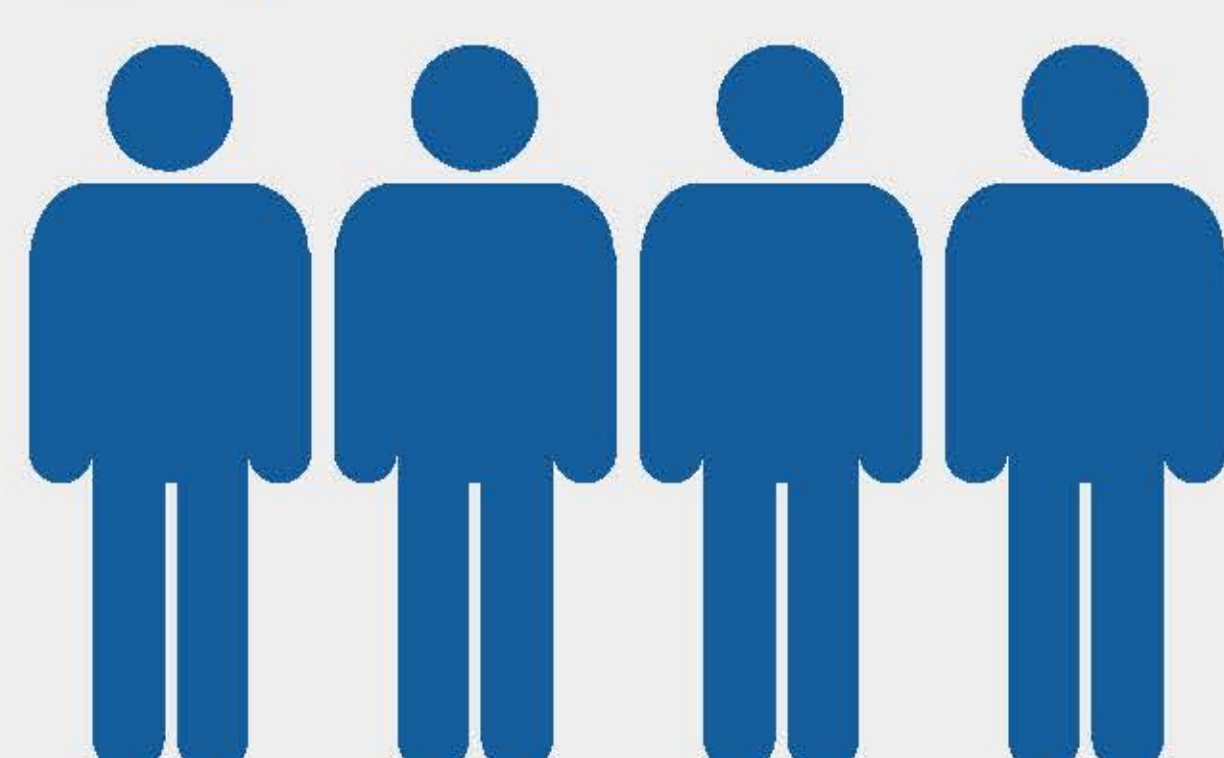
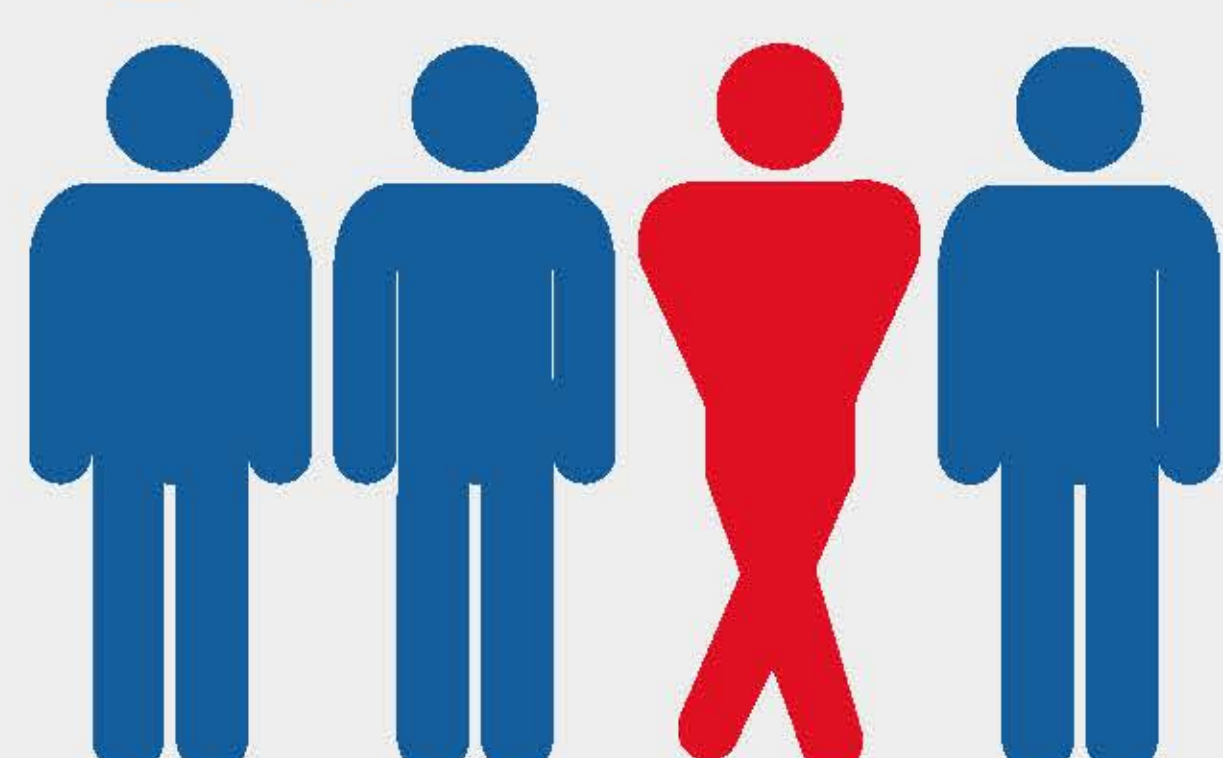
WHAT IS PROSTATE CANCER?

Prostate cancer is cancer of the prostate gland. The prostate is a walnut-sized gland present only in the male pelvis, wrapped around the urethra.

3rd

Most common cancer diagnosed in Singaporean men

1 in 16 men in Singapore will develop prostate cancer in his lifetime



SIGNS & SYMPTOMS

Early prostate cancer is usually asymptomatic, but may exhibit symptoms not specific to prostate cancer. These symptoms may also be caused by noncancerous conditions such as benign enlargement of the prostate and inflammation of the prostate (prostatitis).

Symptoms of prostate cancer usually show up at later stages of the disease as the tumour grows and narrows the urethra (urine passage) and spreads to other organs.



RISK FACTORS



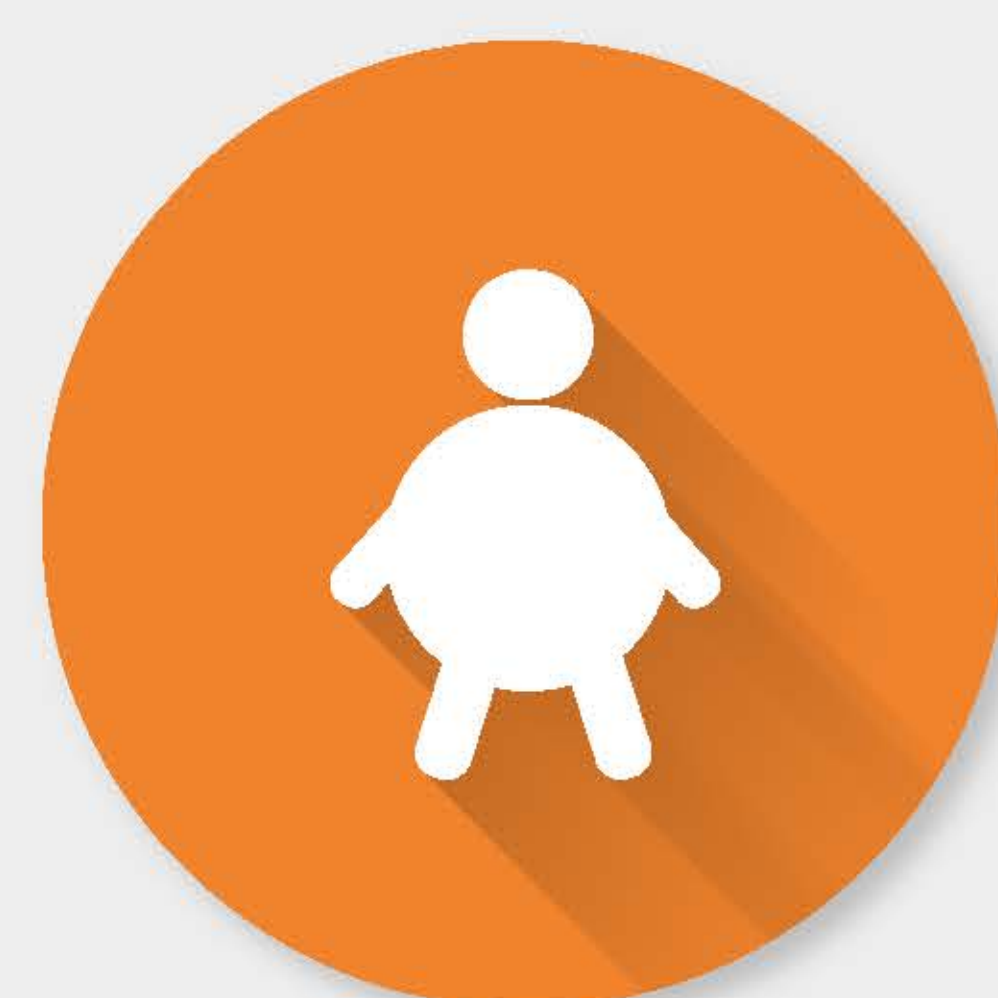
Family history of prostate cancer



Inherited mutations of BRCA 1 & 2 genes



Age over 50 years (the risk increases with age)



Obesity

EARLY DETECTION HELPS SAVE LIVES

5 Year
Survival Rate

Stage

93%

1

90%

2

85%

3

38%

4

5-year Age-standardised Observed Survival of Prostate Cancer by Stage
Singapore Cancer Registry Annual Registry Report Trends in Cancer Incidence in Singapore 2010 – 2014

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