

您可接受治疗 and 咨询, 如果您是:

- 新诊断的癌症病患或
- 已完成您的治疗
- 只需少许帮助, 可以自理

请携带:

- 新加坡防癌协会推荐表格
- 医疗记录

欢迎患者和/或护理者参加我们各种讲座、工作坊、增益活动和小组项目。

优势

- 我们以人为本的护理方式着眼于病患的不同需求, 旨在扶助病患提升他们的整体状态。
- 监测顾客的需求和康复进展, 帮助他/她向新的正常生活目标努力。
- 顾客在他/她的康复旅程中体验到的挑战减至最低程度。
- 我们提供平台以整助护理者在此康复阶段减少压力。
- 顾客享受与他人互相学习, 互动和互相鼓励的机会。



We are 5 minutes away from Jurong East MRT Station and in Office Tower right next to JEM Taxi Stand.
我们距离裕廊东地铁站仅五分钟的路程, 位于紧邻JEM德士站旁的办公大楼内。

Singapore Cancer Society Rehabilitation Centre

52 Jurong Gateway Road, #08-04, JEM Office Tower
Singapore 608550

☎ 6661 0590 ☎ 6570 2746
🌐 www.singaporecancersociety.org.sg
✉ Email : rehab@singaporecancersociety.org.sg

Operating hours 营业时间:

Monday to Friday 星期一至星期五: 9.00 am to 6.00 pm
Saturday 星期六: 9.00 am to 1.00 pm
Closed on Sundays & Public Holidays 星期日及公众假日休息

Singapore Cancer Society

15 Enggor Street, Realty Centre, #04-01, Singapore 079716
☎ 6221 9578 ☎ 6221 9575

Singapore Cancer Society Multi-Service Centre

9 Bishan Place, Junction 8 Office Tower, #06-05, Singapore 579837
☎ 6499 9132 ☎ 6499 9140
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Singapore Cancer Society Rehabilitation Centre

新加坡防癌协会 康复中心



Singapore Cancer Society Rehabilitation Centre

Established in 1964, the Singapore Cancer Society (SCS) is a voluntary welfare organisation that has assisted countless needy patients and is advancing the cancer cause through active promotion of cancer awareness in the community and offers cancer screening, welfare, support group interaction and hospice homecare.

To be actively involved in the cancer care continuum, SCS has launched **Singapore's first community-based cancer rehabilitation centre** to provide specialised cancer rehabilitation service & programmes in a holistic and integrated manner to enhance the daily function and quality of life of people living with cancer.

Have a holistic experience with SCS to address these needs:



The information provided is for your general knowledge only. You should seek medical advice or treatment for your specific condition.

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以上信息仅供参考。如果身体有任何不适, 请向有关医学人士询问。

Services and Programmes

We provide:

- Physiotherapy
- Occupational therapy
- Fatigue management
- Nutrition talks & workshops
- Group exercise
- Counselling
- Cancer Support Groups
- Talks and Enrichment programmes
- Caregivers Training
- Transport services
- Return-To-Work programme (in 2016)



Therapy & Counselling are available if you are:

- **Newly diagnosed with cancer** or
- **Have completed your treatment**
- **Independent/Able to perform daily activities with minimal assistance**

Please provide us with:

- **SCS Referral Form**
- **Medical records**

Clients and/or caregivers are welcome to join our various talks, workshops, enrichment and support groups programmes too.



Benefits

- Our person-centred approach towards care focuses on the needs of individuals as we journey with them in the betterment of their overall well-being.
- Client's needs and rehabilitation progress will be monitored to help him/her to work towards his/her goals in his/her new state of normalcy in life.
- Client can experience minimised challenges in his/her rehabilitation journey.
- We provide a platform to address reduced caregivers' stress during this recovery phase.
- Client enjoy opportunities to learn, interact and encourage one another.

癌症康复中心

作为一个志愿福利机构，新加坡防癌协会于1964年起，已帮助无数有需要的病患，并一直致力于在社区内积极提高癌症意识，提供癌症筛查、福利、支持小组互动和关怀护理等服务。

为了积极参与连续性癌症护理，**新加坡防癌协会设立新加坡第一家基于社区的癌症康复中心**，旨在提供整体和综合性的专业癌症康复服务和项目，以提高癌症病患的日常生活能力和生活质量。

请来新加坡防癌协会体验全面，整体性的服务，解决以下需求：



服务和项目

我们提供：

- 物理治疗
- 职业治疗
- 疲劳管理
- 营养讲座和工作坊
- 小组运动
- 咨询
- 癌症支持小组
- 讲座和增益项目
- 护理者培训
- 提供交通服务
- 重获就业技能项目(2016)



Contact us to find out more:

欲知详情，请联系我们：

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☎ 6570 2746

✉ rehab@singaporecancersociety.org.sg

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