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www.singaporecancersociety.org.sg







@sgcancersociety

**SCS Hotline:** 1800 727 3333

# **Singapore Cancer Society**

Established in 1964, Singapore Cancer Society is a self-funded voluntary welfare organisation which provides patient care services to needy cancer patients through its welfare, hospice home care, cancer treatment subsidy and rehabilitation support programmes. In addition, the Society also provides free cancer screening services and promotes cancer awareness and prevention through its public education and community outreach programmes.

> Minimise Cancer, Maximise Lives



SUPPORTING
YOU
THROUGH
YOUR
CANCER
JOURNEY



Every year, we help improve the lives of thousands of cancer patients and their families

# PROGRAMMES & SERVICES

# FINANCIAL ASSISTANCE\*



#### **Cancer Care Fund (CCF)**

One time cash payment within 6 months of diagnosis



#### **Cancer Treatment Fund (CTF)**

Subsidy for chemotherapy, radiation therapy, blood tests and



#### Welfare Aid Fund (WAF)

- ✓ Temporary Cash Aid
- ✓ Medical Supplies milk, diapers and stoma bags



#### SCS Transport Service #

For chemotherapy/radiation therapy



### Help The Children and Youth **Programme**

For school-going children of families impacted by cancer

- ✓ School Allowance & Bursary
- ✓ 1-to-1 Home Tuition
- ✓ Achievement Awards
- ✓ Family and Youth Engagement
- \* For needy patients; subject to certain means testing criteria

# Subject to availability

# **CANCER REHABILITATION**



#### **Exercise programme**

Tailored with cancer-specific considerations to improve health & fitness



#### **Physiotherapy**

Improve physical function and well being





Management of tiredness, numbness, joint pain, memory lapse, stress & lifestyle change



#### **Speech Therapy**

Speech Therapy

Manage swallowing, voice restoration and communication



### Lymphedema Therapy

Manage swelling, improve functioning and prevent complications





Provides a way to express thoughts, feelings and emotions without the need for words



#### **Dietetic Care**

Learn to eat well, fight fatigue, gain strength, weight management & clear confusing advices from friends



#### Return to Work

Help in getting back to work

#### Counselling

Speak to a professional about your concerns

## SUPPORTIVE CARE



#### **Cancer Care Kit**

Carefully selected information on cancer, side effects, resources etc



#### **Patient Ambassador**

Cancer survivors support you through their own experiences



#### Support Groups (cancer survivors) join a cancer specific support community:

- ✓ Any cancer for women
- ✓ Breast cancer
- ✓ Throat / Nasopharyngeal cancers
- ✓ Prostate cancer
- ✓ Colorectal cancer
- ✓ Look Good & Feel Better (for women to manage physical changes, e.g. hair loss and skin issues)



# **Enrichment Programmes**

- ✓ Fun Exercises
- ✓ Singing / Dancing / Painting / Art & Craft
- ✓ Health Cooking / Baking
- ✓ Informative Talks

