



# PURPOSEFUL CONNECTIONS

THAT MINIMISE CANCER AND MAXIMISE LIVES

ANNUAL REPORT 2022

## OUR MISSION

To Minimise Cancer and Maximise Lives through effective programmes.

## OUR VISION

To be Singapore's leading Charity in the fight for a cancer-free community.

## STRATEGIC THRUSTS

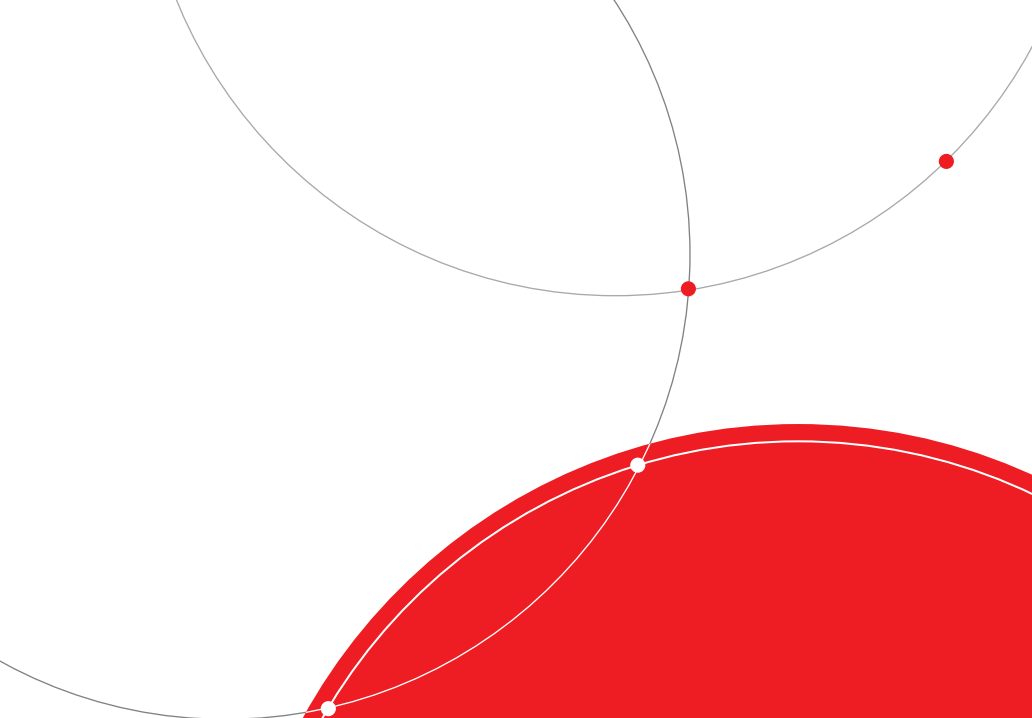
Reduce Cancer Incidence, Increase Survivor Rate, Improve Quality of Life, Greater Community Action

## OUR CORE VALUES

- Stewardship:** We make the best use of our resources, time, talents and funds to fulfil our mission.
- Perseverance:** We shall overcome all challenges to minimise cancer and maximise lives.
- Integrity:** We strive to be honest, ethical and fair in all we do.
- Respect:** We will respect everyone and serve with dignity, care and concern.
- I:** I embrace the SCS SPIRIT.
- Teamwork:** We forge ahead together as one.

## SINGAPORE CANCER SOCIETY

Singapore Cancer Society (SCS) was established in 1964 and has been actively serving the community for more than 59 years. SCS was registered as a society in 1984 and accorded IPCs (Institutions of a Public Character) status as a charity in 1995 by the Ministry of Health (MOH). SCS is a member of the National Council of Social Service (NCSS), a founding member of the Singapore Hospice Council (SHC), and a member of the Union of International Cancer Control (UICC). Being self-funded, the Society is dependent on donations to provide quality services to needy cancer patients, their families, and members of the public.



The fight for a cancer-free community is a challenging journey. And no one should have to go through this journey alone. Through purposeful connections, let us work together as one to reduce cancer incidence, increase survivor rate, improve quality of life and drive greater community action.

These purposeful connections are essential touch points that could spark change, give hope and ignite communities to take action, and build a stronger community capable of fighting cancer together.

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# REDUCE CANCER INCIDENCE

We proactively connect with stakeholders and their communities to promote cancer prevention in multiple ways including healthy lifestyle, early detection and better understanding of cancers.














# INCREASE SURVIVOR RATE

We strengthen our connections with the healthcare ecosystem to increase survivor rate in the cancer community. Through initiatives and awareness programmes with healthcare providers, businesses, schools, patients and caregivers, we help more people fight cancer.

A photograph of a person lying on a treatment table in a clinical setting. A large red circle is overlaid on the image, containing white text. The background shows a person's legs and feet on the table, and a healthcare professional's arm on the right. The text inside the circle reads: 

# IMPROVE QUALITY OF LIFE

No one should be alone in their fight against cancer. Not even for the children or families of our cancer patients. We make connections that will help our cancer patients get back on their feet, enjoy quality treatment and therapies, and even empower their children on a better future through education.







A group of people, mostly men, are seen from behind, wearing purple t-shirts. The t-shirts have the word "Survivor" written in white script, followed by a quote: "No One Fights Cancer Alone" and "Remember • Fight Back". They are standing in front of a blue banner that says "Singapore Cancer" and "Play for". In the background, a large stadium with red seats is visible, and a sign on the stadium wall reads "RE-ENTRY IS ALLOWED".

# GREATER COMMUNITY ACTION

We advance as one with our community through high-impact events that spur actions and drive positive outcomes for the cancer community. These events are opportunities for the public to join survivors, cancer patients, caregivers and partners to minimise cancer and maximise lives.





Society - TalkMed  
Life 2022

RE-ENTRY IS

accol

Survivor  
"No One Fights  
Cancer Alone"  
Celebrate • Remember • Fight Back

Survivor  
"No One Fights  
Cancer Alone"  
Celebrate • Remember • Fight Back

Survivor  
"No One Fights  
Cancer Alone"  
Celebrate • Remember • Fight Back



# YEAR IN REVIEW

## HIGHLIGHTS

In 2022, as Singapore relaxed its safe management measures, SCS pushed ahead with more in-person events and activities to grow our community outreach.

Additionally, we continued to raise cancer awareness and promote screening in our fight against cancer. As a result, due to our efforts to fight against breast cancer, the number one cancer affecting Singaporean women, we saw an increase of 19.3% in women taking mammograms. We also went on-site at multiple locations throughout Singapore to promote the Faecal Immunochemical Test (FIT) kits at no cost, which helped boost colorectal cancer screening. Overall, we saw an increase in the total number of individuals who did cancer screening.

During the year, we implemented a technology-based rehabilitation programme to help our cancer patients reduce their spending on transportation while they keep up with their daily exercises at home. In this way, we help patients minimise cancer and maximise lives.

Programmes and Services	2022	2021
 ● Financial Care Services and Welfare Support <sup>1</sup>	● 1,959	● 1,898
 ● Rehabilitation Services <sup>2</sup>	● 342	● 436
 ● Hospice Care Services beneficiaries	● 609	● 584
 ● Psychosocial Support Services beneficiaries	● 492	● 474
 ● Support Group Members	● 1,830	● 1,660
 ● Screening for Colorectal Cancer (FIT) (Based on participants screened) <sup>^</sup>	● 68,066	● 66,445
 ● Pap Test/HPV Test <sup>3^</sup>	● 4,667	● 4,738
 ● Mammogram <sup>4*</sup>	● 26,216	● 21,716
 ● Total Number of Individuals Screened	● 98,949	● 92,899

<sup>1</sup> Unique beneficiaries across the various funds. One beneficiary may receive more than 1 support.

<sup>2</sup> Total number of patients served in the year.

<sup>3</sup> Total number of tests inclusive of Pap/HPV Tests in SCS Clinic @ Bishan, FIT50 & empowHER.

<sup>4</sup> The mammogram uptake figure reported is inclusive of participants screened under four different screening initiatives: FIT50, Community Mammobus Programme, SCS Clinic @ Bishan Clinic, \$25 Mammogram Funding Assistance and empowHER.

<sup>^</sup> Figures accurate as of January 2023.

<sup>\*</sup> Figures accurate as of 7 March 2023.

## WINS AT CHARITY TRANSPARENCY AND GOVERNANCE AWARDS 2022

We are thrilled for the double wins at the Charity Transparency and Governance Awards in November 2022!

Singapore Cancer Society won the Special Commendation Award for Governance and Management at the Charity Governance Awards (CGA). We also won our second consecutive Charity Transparency Award (CTA), our first being in 2019 before the Awards went into hiatus in 2020 and 2021.

Charities first have to be assessed for CTA and, if considered as a potential winner, will be invited to participate in the CGA. The CGA assesses each charity in eight areas - governance and management, clarity of strategy, risk management, transparency,

integrity, operational efficiency, compliance, and succession planning.

Having undergone this rigorous assessment, we are heartened to have been recognised for going beyond CTA to achieve a CGA award. Our hard work and dedication in making good

governance and transparency integral to our daily work had not gone unnoticed.

These awards inspire us to achieve greater heights for the benefit of our stakeholders!



# YEAR IN REVIEW HIGHLIGHTS

## **GALVANISING MORE PEOPLE TO FAN THE FLAMES OF HOPE**

More than 8,000 people from all walks of life joined our two major events in 2022 to feel hope, give hope, and share hope for those among us who have been affected by cancer.

For the 6th year, SCS hosted Singapore Cancer Society - TalkMed Relay For Life 2022, a global movement founded in 1985, to rally the local community to celebrate the lives of those who battled cancer, remember loved ones lost, and fight back against a disease that has taken so much.

At RFL 2022 in March, SCS raised \$1,302,064 to fund our programmes and services. These include driving cancer awareness, educating the public on early detection and cancer prevention, rallying communities to support our fight against cancer, and continuing to deliver quality services to cancer patients, their families, and the public.

Later in September 2022, there was the Singtel-Singapore Cancer Society Race Against Cancer. It was a great on-site and virtual event.

\$921,801 was raised to support SCS' programmes and services that benefit and improve the life of the cancer community.

## **AND SCS IS BACK! COMMUNITY OUTREACH AND ENGAGEMENTS RETURN POST-COVID**

As Singapore eased its safe management measures in 2022, we also took efforts to plan and drive physical activities throughout the island. Community outreach and engagement activities began roaring back in the latter half of 2022.

One of these was the sixth annual Singapore Cancer Society InterSchool Competition finals in May 2022. Themed 'Know Cancer to Beat Cancer', students from 10 participating institutions at the SCS Interschool Competition 2022 submitted 40 entries. These students produced videos or posters relating to screening and non-screening related cancers.

The winners were Crystal Lim from Temasek Polytechnic for Visual and Social Media Category Overall Award, Nurul Ain and Fitrii Haaney from ITE College Central for Video Category Overall Award, Janani from Nanyang Technological University for Visual and Social Media Category People's Choice Award, and Adry, Riziq and Diniy from ITE College Central for Video category People's Choice Award.

Another notable community outreach was SCS staff and volunteers heading to the heartlands to distribute the Faecal Immunochemical Test (FIT) kits. This preliminary test detects the presence of small amounts of blood in faeces, which could be important in detecting colorectal polyps and cancers in the colon and rectum. SCS partnered with polyclinics and various community organisations to ramp up the distribution and accelerate our reach to the community.

**\$  
1,302,064**

raised at RFL  
to fund our programmes  
and services. (excluding  
donations-in-kind)

**\$  
921,801**

raised at  
Singtel-Singapore Cancer  
Society Race Against  
Cancer (excluding  
donations-in-kind)





# FINANCIAL OVERVIEW

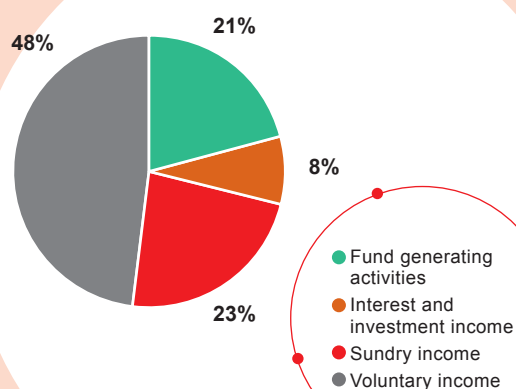
	FY2022 \$'000	FY2021 \$'000
<b>For the year ended 31 December</b>		
Voluntary income	12,379	12,161
Fund generating activities	5,372	5,486
Sundry income	5,948	24,822 <sup>^</sup>
Interest and investment income	2,077	1,515
<b>Total Income</b>	<b>25,776</b>	<b>43,984</b>
Cost of generating voluntary income	438	356
Cost of fund generating activities	4,298	2,340
Cost of charitable activities	17,745	15,956
Administrative costs	784	886
Other losses	386	-
<b>Total Expenses</b>	<b>23,651</b>	<b>19,538</b>
<b>Surplus for the reporting year</b>	<b>2,125</b>	<b>24,446</b>
Other comprehensive loss <sup>^^</sup>	(4,409)	(1,308)
<b>Total Comprehensive (Loss) / Gain</b>	<b>(2,284)</b>	<b>23,138</b>

<sup>^</sup> Includes proceeds from en bloc sale of property of \$22,275,021.

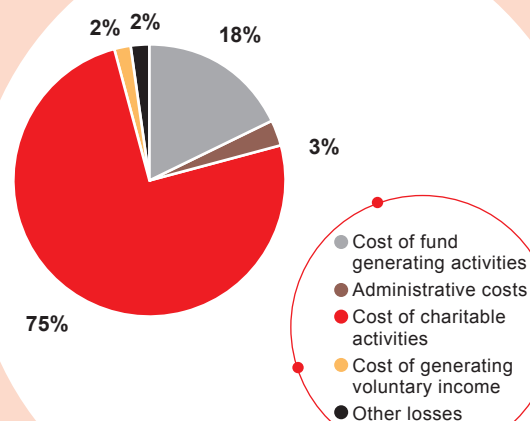
<sup>^^</sup> Recognition of fair value changes on debt instrument.

<b>As at 31 December</b>		
Total assets	111,627	112,249
Total liabilities	12,296	10,634
<b>Net Assets</b>	<b>99,331</b>	<b>101,615</b>
Total unrestricted funds	95,674	98,028
Total restricted funds	3,657	3,587
<b>Total Funds</b>	<b>99,331</b>	<b>101,615</b>

Income for the Year (FY2022)



Expenses for the Year (FY2022)



# CHAIRMAN AND CEO'S MESSAGE



**Mr Wee Leong How**  
Chairman

**Mr Albert Ching**  
Chief Executive Officer



Based on the belief that no one should fight cancer alone, SCS continued to be proactively building, nurturing and strengthening purposeful connections to reduce cancer incidence, increase survivor rate, improve quality of life and drive greater community action.

We journeyed with patients, survivors, caregivers, corporate and individual supporters, volunteers, healthcare professionals, and many more. Together with them, we created purposeful connections to give hope, rally for change, and inspire communities to take action to fight cancer.

One purposeful connection we worked on during the year to benefit the cancer community was with the National Cancer Centre Singapore (NCCS). We developed plans, programmes and services, organised our resources, and made physical preparations that would enable SCS to leverage the upcoming 24-storey, purpose-built NCCS building with its cancer care, rehabilitation, research and education under one roof as a “one-stop” destination for our patients and their caregivers.

Other connections included our unwavering drive for cancer screenings that may have been deprioritised during the pandemic, renewed vigour in public education efforts to drive home life-saving measures such as early detection, and strategic use of digital and technological solutions to help our cancer community attain a better quality of life.

On that note, let us reflect on the past year's well-won achievements and hard-fought lessons together and chart our path forward.

## **REFLECTIONS OF 2022: DEVELOPMENTS THAT IMPACTED THE CANCER COMMUNITY**

Every day, an average of 44 Singaporeans are diagnosed with cancer, and these cancer warriors have to embark on an arduous journey in their fight against cancer. On this journey, any changes in the healthcare sector can impact our sizeable cancer community, and SCS monitors such developments closely.

2022 was a year of resilience and hope. In the last two years, despite the challenges of the pandemic, we emerged stronger than ever. As we move forward into a new era, SCS will carry this spirit with us to face any obstacle with determination and purpose.

## **BUILDING PURPOSEFUL CONNECTIONS THAT MINIMISE CANCER AND MAXIMISE LIVES**

During the year, the Singapore Cancer Society (SCS) adjusted to a new normal with care while keeping a steadfast gaze on our mission to minimise cancer and maximise lives.

<sup>1</sup> <https://www.channelnewsasia.com/singapore/healthier-sg-white-paper-parliament-debate-ong-ye-kung-healthcare-reform-2988001>

Among the changes is the COVID-19 pandemic, which has accelerated the use of technology in healthcare, thereby transforming the care landscape. As a result, SCS continued to test drive emerging technologies, roll out solutions, and engage our cancer warriors and survivors to leverage these for convenience, accessibility, and more cost-effective care.

For instance, using emerging technologies, such as wearable sensors in our rehabilitation programme, breast cancer patients with shoulder dysfunction and pain can perform rehabilitation routines anywhere on their own time while enabling the clinician to track their progress remotely. Done along with teleconsultation by our Home Hospice team, such efforts to use technology reduce the need for physical consultations without sacrificing care and accuracy.

On a positive note, we saw the roll-out of Healthier SG<sup>1</sup>, a national strategy to reform the healthcare sector by focusing on preventative healthcare. We believe that this affirms the SCS emphasis on cancer control and prevention whereby we have continually promote healthy lifestyle and early screening to different communities.

SCS continued to support this upstream approach to healthcare by promoting cancer awareness, so more people go for screenings and adopt healthier lifestyles to reduce cancer risk.

Additionally, SCS continued to advocate for cancer patients in many ways, including championing new grounds such as introducing HPV vaccinations to eligible females aged 18 to 26 at no cost, dealing with new developments such as the Cancer Drug List, and addressing service gaps, among others, to ensure that patients have access to the highest quality of care possible.

In September 2022, when the Ministry of Health introduced the Cancer Drug List (CDL), SCS studied the change, identified the gaps that impacted cancer patients, supported our patients' needs, and worked with

hospitals and pharmaceutical industry partners to address the gaps through the SCS Patient Access Programme (PAP). These proactive efforts ensure that patients continue to have access to treatment.

### **FUTURE FORWARD: DIGITAL TRANSFORMATION FOR RESILIENCE, ADAPTABILITY AND AGILITY IN 2023**

With our vision to be Singapore's leading charity in the fight for a cancer-free community, SCS continues to build resilience to support the cancer community for decades to come. Even as we turn 58 in 2022, we still aspire to be adaptable and agile by embracing digital innovations.

One area of transformation is in our patient care. SCS is dedicated to transforming patient care through innovation and modern technology. By adopting cutting-edge solutions, we will be able to accelerate patient recovery while also reducing the burden on our allied health professionals.

Backed by research and data, SCS will continue to develop and evaluate cutting-edge interventions. We also stand ready to adapt to changes in Singapore's healthcare landscape.

Additionally, we look forward to the new SCS centres at NCCS and the National Cancer Institute of Singapore (NCIS), both of whom have been instrumental in our efforts to not only better support the cancer community, but to serve even more communities through the years.

In March 2023, SCS moved its headquarters and flagship Cancer Rehabilitation Centre to the new NCCS building. Next in our pipeline is our partnership with NCIS to provide patient support services at Jurong Medical Centre by early 2024.

Being co-locators will enable patients to access higher-quality care. For example, previously patients who needed financial aid, welfare, rehabilitation, or hospice support would have to travel to multiple locations. However, they can now receive direct medical care from NCCS and additional support from SCS under one roof.

These new centres are the fruits of our long-standing relationships with NCCS and NCIS, and many others, including government bodies, the healthcare and social sectors, donors, patients, survivors, and caregivers. These stakeholders understand that with the scale of cancer challenges around us, we all need to move as one with resilience, adaptability and agility, using technology to expand our reach and better serve those in need.

As always, SCS is committed to staying at the forefront of cancer care and remains forward-looking as we work towards a better future for those we serve. To that end, our management and Council Members made significant efforts in the second half of the year to brainstorm our goals and map our strategic plans for 2023 through 2025. Ultimately, our goal is to expand our reach, enhance our programmes and services, and ensure that SCS is well-positioned to continue serving the community in the long run.

### **LET US WIN AS ONE IN THIS FIGHT AGAINST CANCER**

In a year of hope and resilience, it was fitting that SCS ended 2022 with wins.

At the Charity Transparency and Governance Awards 2022, we clinched our first Special Commendation Award for Governance and Management and our second Charity Transparency Award. These honours validated SCS' dedication to making good governance and transparency integral to everything we do. It motivated us to maintain high standards of integrity.

This year, as we continue to pursue our four strategic thrusts of reducing cancer incidence, increasing survivor rates, improving quality of life and greater community action, we challenge you to join us in the fight against cancer. Together, we can make a difference and save lives. Will you answer the call?

**Wee Leong How**  
Chairman

**Albert Ching**  
Chief Executive Officer



# SCS COUNCIL MEMBERS

The Society is governed by a Council comprising 12 elected members and 4 co-opted members, all of whom are volunteers who hold office for a term of two years at a time. Both the Council members and senior staff have no business relations with the Society. No council member holds executive roles within SCS and no staff are members of the council. The Secretariat for the Council is the Chief Executive Officer.



## **CHAIRMAN** **Mr Wee Leong How**

Chairman (from April 2018)  
Vice Chairman (April 2013-April 2018)  
Assistant Honorary Secretary (April 2002-April 2003)  
Elected to Council (April 2002-2003)  
Re-elected to Council (April 2011)

### **Sub-Committees:**

Chairperson of SCS Human Resource Committee and SCS Nominations Committee

Mr Wee Leong How was a Board member of the Foundation of Rotary Clubs (Singapore) Ltd from 2016 to 2018. He served as President of the Rotary Club of Singapore West from 2001 to 2002 and 2015 to 2016. He was with SPH Group for 22 years, serving primarily as Executive Vice President of Human Resources. Thereafter, he served concurrently as Group Managing Director, Corporate Services at NTUC FairPrice Co-operative Ltd, and General Manager of NTUC FairPrice Foundation. Mr Wee has been a Council Member since April 2002 and was appointed the Chairman of SCS since April 2018. He was last elected for his 2-year term with effect from April 2021 and will end April 2023. SCS has put in place a leadership renewal and succession plan in which the Chairman plays an important role in developing that plan to groom and identify the new leadership as well as facilitate the transition to a new leadership slate by 2023.



## **VICE CHAIRMAN** **Associate Professor Ravindran Kanesvaran**

Vice Chairman (from April 2018)  
Elected to Council (April 2018)  
Co-opted to Council (April 2016)

### **Sub-Committees:**

Chairperson of SCS Medical Professional and Audit Committee, Chairperson of Cancer Treatment Fund Committee and Chairperson of Cancer Treatment Fund Sub-Committee (for blood cancer types)

Co-Chairperson of SCS Cancer Rehabilitation Management Committee

Assoc Prof Ravindran Kanesvaran is a Senior Consultant and Deputy Chair of the Division of Medical Oncology of the National Cancer Centre Singapore. He is also an Associate Professor at Duke-NUS Graduate Medical School. He is currently the past President of the Singapore Society of Oncology and the Singapore Geriatric Oncology Society. He is the Past President of the International Society of Geriatric Oncology and Council Member of the European Society of Medical Oncology. A/P Ravindran is the Chairperson of the SCS Cancer Treatment Fund Sub-Committee (for blood cancer types), member of the SCS Nominations Committee and co-chair of SCS Cancer Rehabilitation Management Committee.



## **HONORARY SECRETARY** **Mr Lee Meng Tat**

Honorary Secretary (from April 2021)  
Elected to Council (April 2019)  
Co-opted to Council (April 2018)

### **Sub-Committees:**

Chairperson of SCS Facilities and Relocation Committee

Mr Lee Meng Tat retired from the position of Chief Executive Officer of Non-Alcoholic Beverages Fraser & Neave Ltd in January 2022. He is currently the Board Director, Member of the Strategy Committee and Nominating Committee of Vietnam Dairy Products Joint Stock Company. He was certified in Corporate Governance ("IDP-C"), International Directors Programme, INSEAD in 2017. Mr Lee is the Chairperson of the SCS Facilities and Relocation Committee.



## **ASSISTANT HONORARY SECRETARY** **Mr Choo Swee Cher**

Assistant Honorary Secretary (from April 2022)  
Honorary Treasurer (April 2018 – April 2022)  
Elected to Council (April 2018)  
Co-opted to Council (April 2016)

Mr Choo Swee Cher is currently a Partner with Ernst & Young Solutions LLP, specialising in advising his clients in both investments and divestments. He also volunteers as the Chairperson of the Citizens' Consultative Committee at Punggol Shore Constituency. He is a member of the SCS Community Partnership Committee.



**HONORARY TREASURER**  
**Ms Koh Hui Hwa, PBM**

Honorary Treasurer (from April 2022)  
Assistant Honorary Secretary  
(from June 2020 – April 2022)  
Elected to Council (April 2018)

**Sub-Committee:**  
Chairperson of SCS Finance  
Committee

Ms Koh Hui Hwa, PBM is currently Vice President at IHH Healthcare. Ms Koh has over 25 years of healthcare experience in the private sector as Chief Executive Officer of Gleneagles Hospital and Regional General Manager at Abbott Laboratories. She is a District Councillor and Vice-Chair of the Healthy Lifestyle Committee at the South-West Community Development Council in Singapore, Board Member of Archdiocesan Commission for Migrants & Itinerants and SJI International Human Resource Committee. She is also a member of the SCS Community Partnership Committee.



**ASSISTANT HONORARY TREASURER**  
**Mr Pek Tiong Boon**

Assistant Honorary Treasurer  
(from April 2020)  
Elected to Council (April 2016)  
Co-opted to Council (April 2014)

**Sub-Committee:**  
Chairperson of SCS Welfare  
Committee

Mr Pek Tiong Boon has retired. He had previously served in various departments in the Singapore Government Administrative Service. At Times Publishing, he was in charge of personnel management. He served as Director of Corporate Services in charge of Human Resources, Finance, and IT in Sentosa Development Corporation. Mr Pek Tiong Boon is also a member of SCS Finance Committee.



**COUNCIL MEMBER**  
**Dr Ang Peng Tiam**

Vice Chairman  
(April 2005 – April 2013)  
Elected to Council (April 2002)

**Sub-Committee:**  
Chairperson of SCS Community  
Partnership Committee

Dr Ang Peng Tiam is currently practising as a Senior Consultant Medical Oncologist at Parkway Cancer Centre at Mount Elizabeth Hospital. He is also the Medical Director of Parkway Cancer Centre. He was awarded Singapore's National Science Award in 1996 for his outstanding contributions in Medical Research. As the Chairperson of the SCS Community Partnership Committee, he oversees the yearly events – 'Race Against Cancer' and 'Relay for Life'. Dr Ang has served on the Council for more than 10 years. He is instrumental in providing expertise and resource mobilisation to the Council.



**COUNCIL MEMBER**  
**Mr Kelvyn Oo**

Honorary Secretary  
(April 2020 – March 2021)  
Elected to Council (June 2020)  
Co-opted to Council (November 2019)

Mr Kelvyn Oo is a lawyer by training and has practiced for about 20 years in several of the larger local, as well as international, law firms. His area of practice was mainly in corporate finance, particularly mergers and acquisitions (public and private, including reverse take-overs), joint ventures, equity capital markets and corporate restructuring. He also advised corporations on securities regulations, compliance and other regulatory matters. Mr Oo is a Director of TRS Forensics Pte Ltd, a company which provides advisory services in the areas of technology risk and compliance. He is also an Advisory Board member of Viridian Asset Advisors Pvt Ltd.



**COUNCIL MEMBER**  
**Mr Kenny Rebeira**

Elected to Council (June 2020)  
Co-opted to Council (April 2019)

**Sub-Committee:**  
Chairperson for SCS Audit Committee

Mr Kenny Rebeira is the Advisor to the Group CEO of SMRT. He is also an Independent Consultant to Novocure, a cancer medical devices company. Mr Rebeira has served as a member of the SCS Welfare Committee since 2015, and now also chairs the SCS Audit Committee. Mr Rebeira is the Chairman of the Christian Brothers Schools Board. He also serves as a member of the Archdiocesan Commission for Catholic Schools. He is also active in the Harvard Business School (HBS) Alumni, where he served as a member of the HBS Alumni Board from 2011-2014. He graduated from the National University of Singapore (NUS) in 1984, where he was active in athletics, in the KE Hall at Kent Ridge, and in NUS Students Union.

# SCS COUNCIL MEMBERS



## **COUNCIL MEMBER** **Ms Ku Xian Hong**

Elected to Council (April 2014)

**Sub-Committee:**  
Chairperson of SCS Digital and Technology Committee

Ms Ku Xian Hong is currently a Board Director at Far East Orchard Ltd, Netlink NBN Management Pte Ltd, and Anyhealth Company Limited. Anyhealth is a startup incorporated in China, focusing on providing B2B and B2C healthcare mobile solutions. Ms Ku was a Managing Director in Accenture, a global technology and management consulting company, where she helped clients transform their organisation and workforce. Ms Ku is the Chairperson of SCS Digital and Technology Committee, and a member of the SCS Audit Committee and SCS Medical Professional and Audit Committee concurrently.



## **COUNCIL MEMBER** **Dr Lim Siew Eng**

Elected to Council (April 2012)

**Sub-Committees:**  
Chairperson of SCS Community Health Committee and SCS Cancer Research Panel

Dr Lim Siew Eng is currently a Senior Consultant (Medical Oncology) at the Hematology-Oncology Department at the National University Cancer Institute, Singapore (NCIS). She is also the Associate Director (Education) of NCIS. She is a strong supporter of cancer outreach and advocacy, and of relieving the cancer burden. Dr Lim is the Chairperson of SCS Community Health Committee and SCS Cancer Research Panel.

Dr Lim has served on the Council for more than 10 years. She is instrumental in providing expertise and guidance for SCS public education programmes.



## **COUNCIL MEMBER** **Mr Yeo Chuen Eng**

Assistant Honorary Treasurer  
(April 2016 - June 2020)  
Elected to Council April 2013)

**Sub-Committee:**  
Chairperson of SCS Investment Committee

Mr Yeo Chuen Eng is a retired Banker. He is board member at the Foundation of Rotary Clubs Singapore Ltd (FRCS) and chairs the management committee of FRCS' Eldercare & Caregivers Centre. He also serves on the board of the Society for the Aged Sick. Mr Yeo is the Chairperson of SCS Investment Committee. He is also a member of SCS Finance Committee.



## **CO-OPTED COUNCIL MEMBER** **Mr Aw Boon Tiong**

Co-opted to Council (April 2020)

Mr Aw Boon Tiong is General Manager, Group Treasury, Keppel Corporation Limited. He has over 20 years of corporate treasury and risk management experience, having worked in Neptune Orient Lines Ltd, Honeywell Inc, and United Overseas Bank. Mr Aw holds a Bachelor of Arts (Merit) in Economics & Statistics from the National University of Singapore and is a Chartered Financial Analyst. Mr Aw has served as a member of the SCS Finance Committee since July 2019.



## **CO-OPTED COUNCIL MEMBER** **Mr Wong Yu Han**

Co-opted to Council (April 2018)

Mr Wong Yu Han is the founder of Gracademia, an initiative for supporting young adults in their careers. He has operated businesses in London and Singapore, and served as Chief Operating Officer of a Singapore listed company and a founding director of a governmental agency. In 2014, he organised Singapore's National Day Parade as Chairman of the Executive Committee. During his stint in the public service, he served as a diplomat in Jakarta and as national contingent commander in Afghanistan. In the private sector, Mr Wong used to serve as a Board Director in the Singapore Technologies Engineering group of companies. He is a member of the SCS Human Resource Committee, SCS Digital and Technology Committee, and SCS Investment Committee.





**CO-OPTED COUNCIL MEMBER**  
**Ms Dilys Boey**

Co-opted to Council (April 2020)

**Sub-Committee:**

Co-Chairperson of SCS EmpowHER Committee

Ms Dilys Boey is the Deputy Chief Officer (Industry Clusters) at Enterprise Singapore. Prior to joining the public service, Dilys spent close to 25 years in management consulting and professional services, and was a Partner and the ASEAN People Advisory Services Leader at Ernst & Young (EY). She is currently on the Board of Special Needs Trust Corporation and the Singhealth Fund, and is a member of the Singapore Accountancy Commission Professional Education Council. She was a member of the Emerging Stronger Taskforce under the Future Economic Council. She is a member of SCS Welfare Committee and SCS Community Partnership Committee.



**CO-OPTED COUNCIL MEMBER**  
**Dr Choo Su Pin**

Co-opted to Council (April 2021)

Dr Choo Su Pin is a medical oncologist at Curie Oncology. She sub-specialises in gastrointestinal cancers including colorectal, hepatobiliary, pancreatic, stomach, oesophageal, anal, and neuroendocrine cancers. Prior to private practice, Dr Choo was the Chief of the Gastrointestinal Oncology department and Deputy Head of the Medical Oncology division at National Cancer Centre Singapore (NCCS). She also served as co-Director of the Comprehensive Liver Cancer Clinic and remained a visiting consultant at NCCS and an adjunct Associate Professor at the Duke-NUS Graduate Medical School. She is currently the Honorary Secretary of the Chapter of Medical Oncology Council, Academy of Medicine Singapore and Deputy Chair of the Singhealth-Institutional Review Board B. She is also a founding member of the SSO-Cancer Immunotherapy Consortium. Besides, she is also a faculty member for the Gastrointestinal Track of the European Society of Medical Oncology (ESMO) and a member of the ESMO Women for Oncology committee.



**CHIEF EXECUTIVE OFFICER**  
**Mr Albert Ching**

Appointed (17 September 2012)

Mr Albert Ching has been the Chief Executive Officer of SCS since September 2012. In 2013, He led the society to establish SCS Multi-Service Centre in Bishan to be close to the heartlands and the SCS Cancer Rehabilitation Centre, Singapore's first community-based cancer rehabilitative services at JEM in September 2015. He has played a pivotal role in leading the Society to establish strategic partnerships to better serve the cancer community across key areas of cancer upstream prevention and screening, community care and patient support, rehabilitation and cancer survivorship. That includes co-location with the National Cancer Centre Singapore and National Cancer Institute of Singapore to provide integrated cancer care under one-roof. Under his leadership, SCS clinched the coveted Charity Transparency Award in 2019 and 2022 and the Charity Governance Award Special Commendation for Governance and Management in 2022. Before joining SCS, he was the Executive Director and General Secretary of the YMCA of Singapore for over 7 years before being elected as its President in 2019. Prior to YMCA, he served as an Executive Director at The Boys' Brigade in Singapore.

# ORGANISATION CHART



Organisation chart is correct as of 31 March 2023.

# OUR PEOPLE MATTER



## EMPOWERING EMPLOYEES TO DELIVER OUR MISSION

At the core of SCS are our employees with big hearts; they are passionate souls who make our organisation's "Minimising Cancer, Maximising Lives" mission come true for our cancer patients and their families.

For all employees and other stakeholders, including partners, patients, caregivers and many others, SCS must continue to lead, grow and create new pathways to help Singapore fight against cancer.

While we provide care to our cancer community, we must not neglect our employees, the unsung heroes toiling behind the scenes. Hence, in 2022, an employee value proposition statement that resonated soundly with our staff emerged from a ground-up approach.

We will be enhancing and delivering on this employee value proposition statement so that our staff will continue to feel supported and empowered as they deliver the SCS mission.

## SUCCESSFULLY COMPLETED ODT JOURNEY WITH NCSS

SCS is proud to have completed our Organisational Development Transformation (ODT) journey with the National Council of Social Services in 2022. Through this journey, we gained a deeper understanding of our strengths and undertook initiatives that helped us to map our strategic plans for the next three to five years.

It was no mean feat because the ODT journey involved engagements with all levels, including staff members, management and council.

## CELEBRATING THE SCS UNSUNG HEROES

We were thrilled to resume in-person activities and campaigns in 2022, including the Race Against Cancer event in September. The entire SCS workforce worked as one to ensure a successful event. Even the heavy rain and thunderstorm could not dampen the happiness, skills and can-do spirit of SCS staff as they managed the masses of race participants on the Race day.

Later in November, all staff finally had the chance to gather for our Dinner and Dance (D&D) themed "Night at the Movies". There was much excitement and buzz in the run-up to this event as it was the first in-person company celebration since the pandemic broke out worldwide.



It was a great night for our staff to dress in movie characters from the Minions, Dracula, Harry Potter, Men in Black and many more. Everyone could let their hair down to enjoy a great dinner, exciting party games and fabulous performances at the D&D.

More importantly, SCS presented 10 staff members with Long Service Awards and announced two winning recipients of our Star Employee Awards. These awards recognise their hard work, professionalism and dedication to help our stakeholders minimise cancer while maximising life.

A hearty congratulations to all our well-deserving colleagues for these awards!





# OUR PEOPLE MATTER

## DRIVING BONDS AND CONNECTIONS WITHIN SCS

SCS employees always encourage and motivate each other in our collective fight against cancer. There are many ways, including online sharing, such as our Fight Back Challenge, in which staff would share pictures and videos of their healthy meals or exercises throughout March on Workplace to help each other lead healthier lives.

Small groups of staff also began to hold activities such as nature walks as part of the National Steps Challenge and futsal. We also celebrated National Day with fun and games at Yew Tee Community Club in August. It was exhilarating to finally meet so many colleagues in person after months of virtual meetings!

All in all, SCS clocked 15 online and in-person social activities in 2022 for our colleagues to bond and connect with each other.

## MOVING FORWARD TOGETHER

SCS is a structured yet agile organisation. We are always encouraging all employees to upskill for the future. In 2022, we were proud to have achieved more than 2000 training hours, with 92 training sessions, two overseas conferences and workshops to empower our employees to upskill and grow as professionals.

There are platforms for management and staff to connect and share experiences and knowledge. For example, in 2022, we resumed CEO lunch sessions in September, our first in-person town hall attended by close to 95% of staff in October, and the CEO's Orientation for new employees to hear from CEO Albert Ching on the SCS mission.



## MINI STORY: PEOPLE CONNECTIONS

### SHARING A BEHIND-THE-SCENES VIEW OF HOW SCS CREATES CIRCLES OF CARE, CONCERN, AND SUPPORT WITH PEOPLE FROM ALL WALKS OF LIFE TO EDUCATE, ENGAGE, AND EMPOWER CANCER PATIENTS

With the belief that no one should fight cancer alone, SCS provides support services to newly-diagnosed cancer patients through its team of empathetic professional social workers, dedicated community executives, and passionate volunteers who manage support groups, plan, organise and run activities for patients.

From this foundation of services, SCS continues to build on it to create circles of care for the cancer community by involving professionals and inspiring cancer survivors who want to give back. These circles comprise five support groups and a Patient Ambassador programme.

The Patient Ambassador programme is a peer support programme that

trains volunteer cancer survivors to befriend other newly diagnosed cancer patients. In their interaction, they will share their personal experience, coping and how they manage the impact of cancer with those new in their journey. Through them, new cancer patients will learn that they are not alone in this journey

"We hold informal or formal sessions every quarter with the Patient Ambassadors to see how we can better support newly diagnosed patients. We also offer them the space to bond with one another and further support our Patient Ambassadors to strengthen their commitment as befrienders to other cancer survivors in the community," said Mark Lin, Manager and Head of Department, Psychosocial Services, SCS.

Betty Yu, a cancer survivor, serves as a Patient Ambassador for SCS. Known for her bubbly and vivacious personality, Betty has even conducted talks for fellow cancer support group members to raise confidence

and improve their quality of life. She enjoys helping fellow cancer survivors, and they, in turn, have helped to improve her well-being.

"I was a volunteer, a patient, and now a cancer survivor," said Betty. "As a patient ambassador with SCS, I can support others with my experiences. I tell these cancer patients that their journey does not end here. Look at me. I went through so much; if I can make it, so can you."

As the SCS social worker responsible for the Patient Ambassador programme, Jason Ho said: "It has been a really meaningful and humbling journey to see our cancer survivors give back to the cancer community. The newly-diagnosed cancer patients are able to receive better support emotionally and with information that is catered for them. Overall, everyone benefits from this warm and safe space forward."





## MINI STORY: PARTNERSHIP CONNECTIONS

### WE TAKE A LOOK BEHIND THE SCENES TO LEARN WHY SCS IS CO-LOCATING ITS OFFICE AND FACILITIES WITH PARTNERS SUCH AS NCCS.

In March 2023, SCS began moving from its temporary office in an industrial estate to the new 24-storey NCCS building on the Singapore General Hospital (SGH) Campus. This is the first for SCS, in its 59-year history, to have its corporate functions, facilities of care and support, and allied health professionals to be co-located with Singapore's leading cancer centre, the National Cancer Centre Singapore (NCCS).

Unbeknownst to many, the idea for the co-location began some 10 years ago when Mr Albert Ching, then newly appointed as Chief Executive Officer of SCS, reached out to various organisations, including the NCCS.

"In my early days with SCS, I reached out to connect with SCS key stakeholders who shared our desire to support the cancer community as well as to understand the programme and services available at that time," said Albert. "Apart from meeting the heads of the organisations, I would also meet with many others, especially the medical professionals who worked closely with their patients and visited patients with our hospice home team."

Over time, as SCS grew its portfolio of financial, emotional, rehabilitative, and psychosocial support services, the Society also began to deepen its connections and explore collaborations that benefit the cancer community.

"To truly empower the community to minimise cancer and maximise life, I envisaged SCS to be at the epicentre of cancer care," explained Albert. "SCS needs to be part of the ecosystem of cancer care and an integrated part of the continuum of care."

"Therefore, it is crucial for SCS to partner with the leaders in their fields, such as surgeons, oncologists, researchers, and many more, in this epicentre to provide seamless, integrated and holistic care so that patients are better equipped to fight cancer."

The epicentre is the new 24-storey NCCS building into which SCS will house its corporate functions and all its support services. As NCCS is home to the largest number of surgeons, oncologists and researchers

in Southeast Asia, attending to 65%\* of Singapore's public sector cancer patients each year, this new building could enable SCS to better support and uplift the cancer community.

Through the visionary leadership of Professor William Hwang (then Medical Director of NCCS, now its CEO), a partnership was inked with SCS in 2019 to focus on cancer care beyond treatment, including co-location to provide integrated care under one roof.

"This has been a dream come true for SCS," said Albert. "What began as a simple connection of having a shared interest of doing more for the cancer community, grew into a larger, more meaningful reality that will truly benefit our cancer warriors, survivors, supporters, caregivers, volunteers, and many others."



“

WHAT BEGAN AS A SIMPLE CONNECTION OF HAVING A SHARED INTEREST OF DOING MORE FOR THE CANCER COMMUNITY, GREW INTO A LARGER, MORE MEANINGFUL REALITY THAT WILL TRULY BENEFIT OUR CANCER WARRIORS, SURVIVORS, SUPPORTERS, CAREGIVERS, VOLUNTEERS, AND MANY OTHERS.

Albert Ching

”

\* Source: [www.nccs.com.sg/giving/about-us](http://www.nccs.com.sg/giving/about-us)



## MINI STORY: COMMUNITY CONNECTIONS

### A BEHIND-THE-SCENES LOOK AT HOW SCS EMPOWERS SECONDARY SCHOOL STUDENTS AND TERTIARY STUDENTS TO BE ADVOCATES AND INFLUENCERS FOR A SMOKE-FREE SINGAPORE

Aristotle, the ancient Greek philosopher and scientist, once said: “Good habits formed at youth make all the difference.” With this in mind, SCS wanted to reach out to the youths of Singapore to empower them with factual information and tools to know more about cancer and stay smoke-free.

In 2016, the Community Health team at SCS embarked on an outreach programme targeting the youth community. The team wanted to nurture a core set of young people to be ambassadors for a smoke-free society and provide them opportunities to create their own publicity tools to promote their knowledge and ideas for fellow students in their schools to live healthy, smoke-free lifestyles.

“We began with one uniform group, the National Cadet Corps (NCC), to provide them with talks in their schools,” said Grace Tan, Deputy Head of Community Health, SCS.

“Today, we are also engaging with more uniform groups, including Brownies, Girl Guides, Red Cross, tertiary institutions, secondary schools and even pre schools.”

Grace explained that the key objective of the Youth Outreach programme has always been to help students step up as smoke-free ambassadors. “The aim was to educate them on the science and facts relating to smoking, the most relatable topic for young people so that they can use their knowledge to dispel myths and debunk misconceptions among their peers. Importantly, students can use their skills and talents to create projects to share what they have learned with their peers,” added Grace.

In 2022, SCS, through its Youth Outreach programme, engaged 8,849 students through school assembly talks, 517 in the SCS Smoke-Free Ambassador Programme, and spurred 349 students to create events/projects with SCS.



## MINI STORY: TECHNOLOGY CONNECTIONS

### A BEHIND-THE-SCENES LOOK AT HOW THE SCS TEAM MADE A CONNECTION BETWEEN TECHNOLOGY AND ALLEVIATING CONCERNS FACED BY PATIENTS ON THEIR JOURNEY OF RECOVERY

During the COVID-19 pandemic, the SCS Rehabilitation Centre (“rehab centre”) team faced an unprecedented challenge: How to help cancer patients continue their rehabilitation routine without costly regular trips to the rehab centre?

This question, along with the pre-pandemic concerns of delivering low-cost, sustainable, yet effective rehabilitation programmes for cancer patients, weighed on the minds of the SCS rehab team.

“The journey to normalcy could be arduous for many cancer patients,” said Ms Aw Hui Zhen, Deputy Head, SCS Rehabilitation Centre. “They also have concerns such as caring for their young children, returning to work, or fretting about the costs of commuting to the rehab centre.”

To address these patients’ concerns, the rehab team decided to explore the use of modern technologies which could enable patients to perform their rehabilitation routine anywhere and at any time. Importantly, they wanted to empower patients to track their personal exercise data, stay motivated, and push themselves forward on their recovery journey.

“Using wearable sensors in oncology rehabilitation is a relatively new concept,” explained Hui Zhen. “So our rehab team decided to wear Rebee, one of the shortlisted wearable

products, to try out its capabilities and accuracy levels. We wanted to ensure that it was easy to use, convenient, and technologically reliable. We were happy that our trials were successful without technical issues.”

Rebee is currently only available in English. So the rehab team moved to pilot Rebee on patients comfortable in English to get their feedback. A group of breast cancer patients who experienced shoulder issues during or after cancer treatments were keen to try wearable sensors as part of their rehabilitation recovery.

With the trials completed, the SCS rehab team progressed to incorporating Rebee’s wearable sensor into its oncology rehabilitation programmes. As such, the team introduced Rebee to patients and guided them on how to track their progress and analyse their pain scores. Through these, the patients can better understand their health and progress without frequent visits to the SCS rehab centre.



“

**OUR REHAB TEAM DECIDED TO WEAR REBEE, ONE OF THE SHORTLISTED WEARABLE PRODUCTS, TO TRY OUT ITS CAPABILITIES AND ACCURACY LEVELS. WE WANTED TO ENSURE THAT IT WAS EASY TO USE, CONVENIENT, AND TECHNOLOGICALLY RELIABLE. WE WERE HAPPY THAT OUR TRIALS WERE SUCCESSFUL WITHOUT TECHNICAL ISSUES.**

Aw Hui Zhen,  
Deputy Head, SCS Rehabilitation Centre



”



# REDUCE CANCER INCIDENCE

Cancer is the number one cause of death in Singapore. SCS is here to change that. One of our strategic goals is to reduce cancer incidence. We proactively connect with stakeholders and their communities to promote cancer prevention in multiple ways, including a healthy lifestyle, early detection, and a better understanding of top cancers in Singapore.

To reduce cancer incidence, we focus much of our energy on education, especially on prevention and awareness, early detection and timely follow-up or treatment of cancer. We help the public in Singapore manage certain controllable risk factors such as diet, physical activity, quitting smoking, going for screening, and other lifestyle choices. All these can help every person to reduce their chances of developing cancer.

In this chapter, we feature the major cancer awareness campaigns, public health education programmes and screening tools for early detection to save lives and increase the chances of successful treatment.



## COLORECTAL CANCER AWARENESS CAMPAIGN

### Faecal Immunochemical Test (FIT) Kits

**Did you know that colorectal cancer is the most commonly diagnosed cancer in Singapore?** Yes, it is the number one cancer in men and the second highest in women.

People who have early-stage colorectal cancer often experience no symptoms. The best first line of defence against this form of cancer



is regular screening using the Faecal Immunochemical Test (FIT) Kits and colonoscopies.

Screenings in these ways can help to detect precancerous polyps so that

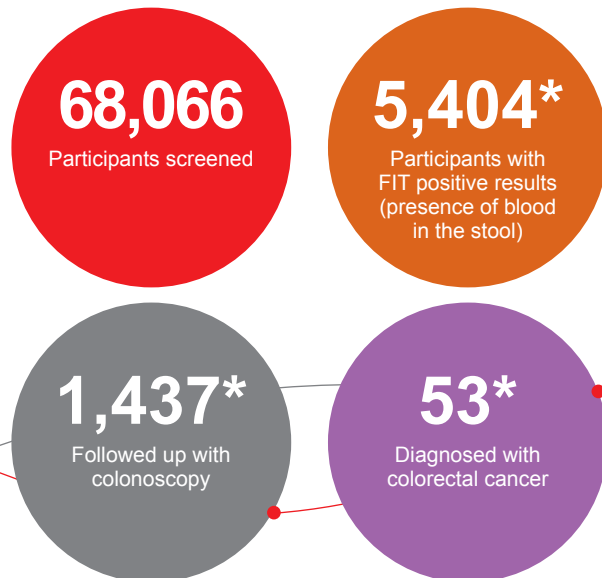


they can be removed before they turn cancerous, thus preventing colorectal cancer. Screening can also help to detect colorectal cancer in the earlier stages when treatment works best.

In 2022, SCS stepped up our colorectal cancer campaign with the distribution of FIT Kits online via our FIT Portal developed in 2021 and offline. In fact, we secured Welcia-BHG,

# REDUCE CANCER INCIDENCE

## Participants screened with FIT Kits in 2022



\* Data provided by Health Promotion Board.



### FIT Kits distribution partners

<b>Retailers &amp; pharmacies</b>	Eu Yan Sang, Guardian, Unity, Watsons and Welcia-BHG
<b>Polyclinics</b>	National University Polyclinics, National Healthcare Group Polyclinics, SingHealth Polyclinics
<b>TCM practitioners</b>	Singapore Thong Chai Medical Institution, Tzu Chi Singapore
<b>Others</b>	Alexandra Hospital, Curasia Endoscopy Centre, C3 Family Clinic, FEM Surgery Macpherson, Frontier Healthcare, International Cancer Specialists, National University Hospital Colorectal Centre, National University Health System (NUHS) CareHub, NUHS Primary Care Network, NUS University Health Centre, Ng Teng Fong General Hospital, NUHS Care Hub, NTUC Health Family Medicine Clinic, St Luke's Community Clinic
<b>Supporting stakeholders</b>	Changi General Hospital, Colorectal Practice and SOG Health, Khoo Teck Puat Hospital, National Cancer Centre Singapore, National University Hospital, Ng Teng Fong General Hospital, National University Cancer Institute, Singapore, Screen for Life, Singapore General Hospital

### Colorectal Cancer Webinar 2022

The 2022 Colorectal Cancer Webinar took place on 28 August, with the English session happening in the morning and the Mandarin in the afternoon. More than 1,700 participants attended the 'live' virtual events in which experts discussed topics including early-stage colorectal cancer, screening tools such as the FIT Kits, how colorectal cancer develops, understanding what a polyp is, and the different screening methods such as FIT and colonoscopy.

Feedback from the attendees was highly positive. Among the comments were that this webinar was highly educational, useful and insightful and provided easy and practical steps to help them conduct early detection quickly and effectively.

St Luke's Community Clinic, Curasia Endoscopy Centre, and International Cancer Specialists as new year-long partners for the convenient offline distribution of FIT Kits to members of the public.

We also set up booths at nine polyclinics to promote awareness of colorectal cancer and to distribute FIT kits in the second half of 2022 as Singapore eased safe management measures.



## WOMEN GYNAECOLOGICAL CANCER AWARENESS CAMPAIGN 2022

SCS educates and encourages women on the signs and symptoms of gynaecological cancers, including uterine, ovarian, and cervical cancers. These three cancers are among the top ten commonly diagnosed cancers among women in Singapore today.

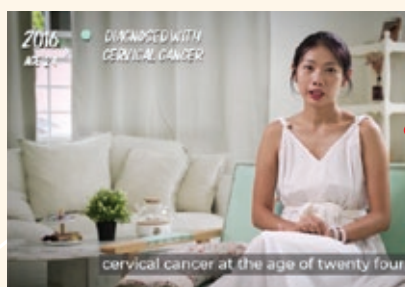
In 2022, our Women's Gynaecological Cancer Awareness Campaign was titled *Ignoring The Red Flags Today Might Hurt You Tomorrow* not only educated but also highlighted the importance of preventive care through regular screening and HPV vaccination.

We held webinars in both English and Mandarin. A total of 281 people attended this webinar which covered the topics of *Ignoring Hereditary Ovarian and Uterine Cancer and Early Signs of Cervical Cancer and Prevention*.

They also learned about the latest advances in genetic testing and how it can help reduce your risk of developing cancer. We aimed to encourage more people in Singapore to go for genetic testing to understand their risk of hereditary cancers and subsequent health outcomes.

We showcased videos and interviews with Singaporean women living with

gynaecological cancer. Our aim was to showcase previously unsung conversations so as to effect change. One example was the video produced by Millennials of Singapore, titled *Surviving Cervical Cancer 3 Times in My 20s - Summer's Story*. We were heartened that this video has reached more than 103,000 people since it was published and garnered over 1,000 interactions driving awareness of cervical cancer.



### No-Cost HPV Immunisation

The Human Papillomavirus (HPV) is a common virus that can cause genital warts and cervical cancer. The HPV vaccine is an effective way to prevent the spread of the virus and can help protect against the development of cervical cancer.

Together with Temasek Foundation, SCS introduced the *HPV Immunisation Programme* to educate women on cervical cancer and the importance of



Pap tests  
done at SCS Clinic  
@ Bishan

**325**  
women

HPV tests  
done at SCS Clinic  
@ Bishan

**3,798**  
women

Cases  
referred for further  
assessments for  
abnormalities detected

**219**  
cases

HPV vaccination. This programme was officiated by Parliamentary Secretary, Ministry of Communications and Information and Ministry of Health Ms Rahayu Mahzam in February 2022.

SCS CEO Mr Albert Ching said: "We realised there is a care gap in access to medical services, where a segment of young women may have missed out on the HPV vaccination. Through this partnership with Temasek Foundation, we hope to empower and protect a whole generation of girls against cervical cancer. Our aim is to reduce the cancer incidence and eventually completely eradicate this disease in Singapore."

As part of the programme, Temasek Foundation will fully fund the remaining out-of-pocket cost of up to \$23 per actualised HPV dose for girls between 18 and 26 years old who hold a valid orange or blue CHAS card at participating GP clinic with SCS implementing the programme.

# REDUCE CANCER INCIDENCE

This initiative helps eligible women cover the out-of-pocket expenses for three doses of the HPV vaccination after government subsidies.

This is an important part of preventative health care for women. By getting the HPV vaccine, we empower young women to take control of their cervical health and reduce their risk of developing cervical cancer.

## Young Women Encouraged to #JabOutHPV

Following the launch of the HPV Immunisation Programme in February 2022, SCS continued to engage young women through various social media campaigns to #JabOutHPV.

In July 2022, on International Friendship Day, we encouraged everyone to protect themselves and their friends by getting vaccinated against HPV. We also shared that the HPV 2 (Cervarix) is available at no cost at almost 300 CHAS clinics island-wide for ladies aged between 18 to 26 years old with a valid CHAS Blue or Orange card.

In August 2022, we ran an Instagram campaign to gather feedback and motivate more people to get vaccinated. We invited those who have received the HPV vaccination to share their experience and tag their friends who need a reminder to get vaccinated. Two lucky winners each won a \$100 voucher.

Through social media channels, we raised awareness about the importance of HPV vaccination and encouraged more young women to take action to prevent the spread of HPV-related cancers and diseases. As of 31 December 2022, 4,339 women had taken at least the first dose of HPV vaccination.

To date, the programme has achieved the following.

Number of women who have at least taken her first dose

**4,339\***  
young women

CHAS GP Clinics

**379**  
partner clinics

\* As of 31 December 2022.

## 2022 YOUTH OUTREACH AND ENGAGEMENT

SCS has a Youth Outreach Team to proactively engage young people on our visionary journey for a well-informed and healthier future generation. This team passionately believes in education as the means to transform lives and minimise cancer in our communities. As such, they reach out to students from pre-schools to tertiary students with educational, training and support programmes to help them understand and avoid risks associated with cancer, such as smoking. Importantly, we partner with them to share the importance of HPV vaccination and the need for a smoke-free lifestyle.



As of 1 December 2022, the SCS Youth Outreach programmes have generated these engagements:

**10,455**

Youths engaged through events and prevention programmes in total (inclusive of ISC 127)

**533**

Pre-schoolers engaged in the *Break the Habit or Break my Heart* campaign aimed at increasing children's awareness about the harmful effects of smoking

**8,849**

Students engaged through school assembly talks

**517**

Students from three uniform groups participated in the SCS Smoke-Free Ambassador Programme

**429**

Youth events/projects with SCS

Our Smoke-Free Ambassador Programme, launched in 2015, targets uniform groups in secondary schools to nurture a generation of smoke-free advocates. We want to empower youths to step forward, influence, and lead by example on staying smoke-free and living a healthy lifestyle. In 2021, we welcomed a new partner, Brownies, while continuing to partner with Girl Guides and Red Cross Youth Singapore. Students under this programme go through a workshop with SCS, followed by projects with their teams to create publicity or educational materials on the topic Smoking and Cancer to share with students in their schools.

Our Smoking Cessation Programme returned in 2022 to educate and raise awareness among youths who have been exposed to first-hand smoking. We shared with them the dangers of smoking through a workshop. We also shared survivors' stories from our SCS New Voice Club for persons affected by nasopharyngeal cancer. In 2022, we partnered with ITE College Central and College East for the Smoking Cessation Programme and hope to further involve all the ITE Colleges the following year.

Singapore Cancer Society Interschool Competition finals, held as a physical event on 28 May 2022, was officiated by Minister of State in the Ministry of Education and the Ministry of Social and Family Development Ms Sun Xueling, Minister of State in the Ministry of Education and the Ministry of Social and Family Development.

The fifth annual SCS Interschool Competition was themed Know Cancer To Beat Cancer. It offered full-time tertiary students across Singapore a creative outlet to make their own videos or posters for social media campaigns. Diploma and ITE students focused on non-screening related cancer topics, including

lung, prostate, and gastric, while undergraduate students worked on screening-related cancer topics, including breast, colorectal, and cervical.

Students could conceptualise and produce publicity materials palatable to fellow youths through this competition. Additionally, they could be involved as peer-to-peer

advocates of healthy lifestyle among the youths. In total, there were 40 entries from 10 participating institutions in 2022. We hope to continue this momentum to further outreach with the youths through such creative efforts.

Congratulations to our 2022 winners selected by the judging panel!



### The winners

#### ITE / Diploma - Visual and Social Media Category Overall Award

Crystal Lim from Temasek Polytechnic

#### ITE / Diploma - Video Category Award Winner

Nurul Ain and Fitrii Haaney from ITE College Central

#### ITE / Diploma - Video category People's Choice Award Winner

Adry Fariqeen Bin Rosli, Muhammad Rizqi Bin Haron and Diniy Quratu'aini Binte Mohamad Aidil from ITE College Central

#### Undergraduate - Visual and Social Media Category Overall Award

Janani DO Krishnamurthy from Nanyang Technological University

“

OUR VIDEO SEEKS TO EDUCATE AND INFORM AUDIENCES ABOUT THE TYPES OF LUNG CANCER INSTEAD OF INSTILLING FEAR IN THEM, UNLIKE MOST PUBLICITY MATERIALS THAT WE HAD SEEN IN OUR RESEARCH.

Nurul Ain and Fitrii Haaney”

“

I HOPE THAT MY INFOGRAPHIC WOULD HELP OTHER YOUNG WOMEN TO BE BETTER INFORMED ABOUT CERVICAL HEALTH. THEY CAN LEARN ABOUT PREVENTATIVE MEASURES AND MOVE TOWARDS WIPING OUT THIS FORM OF CANCER.

Janani”



# REDUCE CANCER INCIDENCE

## SCS GASTRIC CANCER AWARENESS CAMPAIGN

Gastric cancer is commonly known as stomach cancer, the 7th and 9th most common cancer among men and women respectively\* in Singapore. This cancer has few symptoms and often only appears at a late stage, which makes gastric cancer prevention through diet and lifestyle especially important.



In 2022, our gastric cancer awareness campaign revolved around food, as what we eat could contribute to the risk of gastric cancer. Foods in our Asian diet, including salted eggs, salted fish and Chinese sausages, increase the risk of gastric cancer. SCS partnered with the Dietitians Department of Tan Tock Seng Hospital (TTSH) to create a series of educational posts for social media platforms. These posts focus on what foods to avoid and share tips on how people can reduce their risk of gastric cancer.

We held a webinar in English and Mandarin on 24 September 2022 with sharing by doctors from SCS Gastric Cancer committee and a dietitian from TTSH. More than 1,186 attended the live streams online!

\* Source: Singapore Cancer Registry Annual Report 2019

## SCS BREAST CANCER AWARENESS CAMPAIGN

The number 1 cancer in women is Breast Cancer where an average of six women are diagnosed with the disease daily in Singapore\*.

In October 2022, during the national Breast Cancer Awareness Month (BCAM), the organising committee held an in-person press conference to announce the events that the committee members had in line for the month-long campaign. This committee comprises of SCS, Breast Cancer Foundation (BCF), Health Promotion Board (HPB), National Cancer Centre Singapore (NCCS), National University Cancer Institute, Singapore (NCIS) and TTSH.

The campaign, themed *A Mammogram In Time Saves Lives*, aimed to encourage women to adopt regular mammogram screening and raise awareness on the prevalence of breast cancer.

The event was launched by the President of Singapore Mdm Halimah Yacob who was joined by Minister in the Prime Minister's Office and Second Minister for Finance and National Development Ms Indranee Rajah and Senior Parliamentary Secretary for Health Ms Rahayu Mahzam.

SCS worked hard behind the scenes to ensure that cancer screening remains available and affordable for the community with our \$25 Mammogram Funding Assistance for eligible women at over 50 participating screening centres island-wide.

To further drive outreach on Breast Cancer awareness among the Mandarin-speaking community, SCS invited Singapore's getai superstar Ms Liu Ling Ling, to speak in a light-hearted video. In this video, Ms Liu addressed common misconceptions about mammogram screenings and stressed the importance of regular breast cancer screening and early detection.



## LUNG CANCER AWARENESS CAMPAIGN 2022

Lung Cancer is among the 3rd most common cancer diagnosed in Singapore, affecting both men and women. Tobacco kills approximately 2,500 smokers and 250 non-smokers each year in Singapore and is known to cause several types of cancers such as lung, oral and nasopharynx cancer.



In November 2022, we drove the Lung Cancer Awareness Campaign with multiple activities and initiatives.

On 19 November 2022, we jointly hosted a lung cancer webinar in English and Mandarin with National Cancer Centre Singapore (NCCS) on topics, including *Why my cough does not go away* and *What I need to know about Lung Cancer*. A total of 487 people joined the livestream.

We were also heartened to partner with Roche in 2022 to produce a video featuring a lung cancer survivor, Mrs Deepa, who had benefited from SCS's return to work programme. Mrs Deepa shared her personal journey of return to normalcy while recovering from cancer. Upon uploading the video onto YouTube, it quickly

garnered over 2,500 views. We hope more people can learn from Mrs Deepa about her arduous journey and be encouraged by her will and perseverance!



SCS partnered with MSD in 2022 to fight against cancer through article sponsorships in Singapore's top daily newspapers, Lianhe Zaobao and Straits Times. There were a total of five articles, four published in Zaobao and one in the Straits Times, by doctors from SCS Breast Cancer Awareness and Lung Cancer Awareness committees.

In 2022, SCS organised the Happy Lungs Virtual Run, Walk, Hike Challenge 2022 for people to show their commitment and support for healthy lungs by leading a smoke-free lifestyle. We introduced milestone challenges to enable participants



to push themselves with distance checkpoints of 5km, 15km, 25km, 35km and 50km. After the challenge, all participants received an e-badge showing their commitment towards healthier lungs and a healthier lifestyle. The virtual race period was from November 1 to 30, and we saw more than 3,774 participants!



# REDUCE CANCER INCIDENCE

## SCS PROSTATE CANCER AWARENESS CAMPAIGN 2022



We were concerned that Prostate Cancer has progressed to be the second most common cancer among Singapore men with nearly three new diagnoses daily\*. To combat this, SCS partnered with medical professionals, volunteers and other stakeholders to raise awareness about prostate cancer through educational webinars live-streamed on social media in November 2022.

One of our senior physiotherapists from SCS Rehabilitation Centre spoke about the vital role that exercise played in reducing the number and severity of cancer side effects such as fatigue, weight gain, muscle loss, bone loss and anxiety. The live-streamed sessions garnered more than 870 participants.

SCS held our first-ever Men's Health Fitness Workshop, a virtual fitness workshop by the Community Health, Rehabilitation Services and Psychosocial Services team. This workshop featured one of our exercise therapists, a volunteer trainer and two survivors from our Walnut Warriors Prostate Cancer Support Group. More than 200 participants joined our interactive workshop!



\* Source: Singapore Cancer Registry Annual Report 2019



# INCREASE SURVIVOR RATE

## FIT50 AND #ENEW50 MOVEMENT

### Encouraging Persons to Stay Fit, Healthy, and Cancer-Aware at 50

Under our FIT50 programme, Singaporeans turning 50 will be encouraged to eat healthily, exercise regularly, and undergo regular screening. They will receive their FIT50 screening package by post on how and where to go for screening for different cancers, including colorectal, breast and cervical.

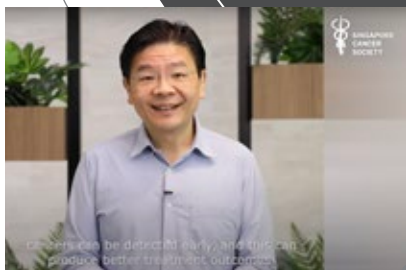


All FIT50 screenings are fully funded by SCS, which will pay for any remaining charges after prevailing government subsidies. Through FIT50, SCS strives to make cancer screening more affordable and accessible, encouraging the community to undergo regular cancer screening as early detection saves lives.

To drive public awareness for the FIT50 programme, SCS launched #eNEW50 movement in 2022. This movement featured personal stories by prominent personalities who were celebrating their 50s. It also helps to reimagine and reimagine people in their 50s as savvy individuals with the will and capabilities to take charge of their health.

SCS proactively strengthens our connections with various stakeholders, including healthcare institutions, in Singapore to increase the survivor rate in the cancer community. Why? Simply because certain cancers are preventable, and many cancers are treatable and curable, especially with effective treatment in the early stages.

Through initiatives such as low-cost, convenient, and effective cancer screening solutions and awareness programmes with healthcare providers, businesses, schools, patients and caregivers, we help more people beat cancer.



In 2022, we welcomed Deputy Prime Minister Mr Lawrence Wong, Senior Minister of State, Ministry of Sustainability and the Environment & Ministry of Manpower Dr Koh Poh Koon, local celebrities Mr Allan Wu, Ms Fann Wong and Ms Pan Ling Ling and influential businesswoman Ms Tonya Tan, all of whom turned 50 in the year, to be our #eNEW50 ambassadors. They shared about turning 50 and why they go for cancer screening. Through these ambassadors, we hope more Singaporeans will be encouraged to take up the free cancer screenings offered by SCS.

We very much appreciate our new #eNEW50 ambassadors who took time off their hectic work schedules to rally fellow Singaporeans to fight cancer through healthy living and regular cancer screening.

Visit <https://bit.ly/FIT50campaign> to watch the videos.





## ADVOCATING FOR CORPORATES AND ORGANISATIONS TO EMPOWER FEMALE EMPLOYEES

On International Women's Day, we showcased our new initiative, empowHER, with an exhibition featuring works of art from participants of our art therapy programme. This new initiative encourages organisations to rethink women's health in the workplace. Minister of State, Ministry of Education and Ministry of Manpower Ms Gan Siow Huang officiated the event and spoke about the importance of empowering women carrying the burdens of work and caregiving. One of the commonly-cited reasons to delay screening among women was the lack of time.

SCS is concerned that Singaporean women's overall screening uptake rate is falling far behind other developed countries. As such, we rolled out empowHER Campaign to address this care gap.

With empowHER, SCS hopes to help women prioritise their health by inviting organisations to pledge to advocate for cancer awareness, increase access to cancer screening, and provide flexible work hours for women to attend cancer screenings. SCS will also provide funding assistance to help organisations defray some expenses for eligible employees for breast, cervical and colorectal cancer screenings.

Furthermore, SCS will provide a toolkit to help the organisation embed cancer screenings into its workplace health benefits. We also held lunchtime educational talks to promote behavioural shifts towards seeking information for better health and cancer prevention.

To date, more than 38 organisations have made their pledges. We hope to keep up the momentum in the years to come!

**empowHER**  
Cancer empowering her employees

**SINGAPORE CANCER SOCIETY**

**Make Women's Health Work**  
Commit the valuable investment towards her health

Women play such key roles at work, at home and in the community. Take a pause in this hectic lifestyle and let us prioritise them and their health.

Singapore Cancer Society can support active health screening and checks.

To find out more, email [empowher@singaporecancersociety.org.sg](mailto:empowher@singaporecancersociety.org.sg)

Leave your details and we will contact you.  
<https://bit.ly/3UQwCF>

Organized by: **SINGAPORE CANCER SOCIETY**

Supported by: **FASME** **women and family** an NTUC initiative **SIICC** Singapore International Chamber of Commerce





# INCREASE SURVIVOR RATE

## TALK AND FUN EXERCISES AT HEALTHY WOMEN, HEALTHIER FAMILIES

At the Healthy Women, Healthier Families Carnival in October 2022, we held a talk, Stamping Out



Cervical Cancer, to reiterate the importance of cervical cancer screening and outline steps to help women reduce their risk of developing this disease. We also spoke about physical therapy for cancer patients and showed some fun exercises that women of all ages can do at home.



To address a common misconception that we do not need to get screened if we do not have any symptoms, SCS drove a cervical cancer screening (Pap/HPV test) at no cost for female Singaporeans/PRs aged between 25 to 69 years old. While a cervical screening will not detect uterine or ovarian cancer, it can test for cervical cancer.

## WORLD HEALTH DAY 2022

### Webinar on Liver Cancer

Annually, SCS marks World Health Day on 7 April with an activity. In

2022, we partnered with NCIS, NUH and Roche on a webinar focused on Liver Cancer with experts to address the risks, signs and symptoms of liver cancer, tips for a healthy liver, liver

surgery, liver transplants, and new discoveries for liver cancer.

This webinar was live-streamed on social platforms to 469 attendees.

# IMPROVE QUALITY OF LIFE

SCS provides a range of comprehensive support services to ensure that no one has to go through the difficult experience of cancer alone. Our offerings include not only treatment and therapies, but also support for patients and their families through rehab services, welfare services, hospice services, and ongoing research efforts.

We believe that by addressing the needs of the whole person, we can make a significant impact on the quality of life for our cancer patients and their loved ones. Together, we work towards providing a brighter future, one filled with hope and healing.

There are a total of six staff members in the lymphedema care team, of which five physiotherapists and occupational therapists are certified lymphedema therapists. In addition to providing clinical services directly, there are knowledge exchange sessions in which SCS clinicians also conduct lectures to SLH Allied Health professionals, nurses and doctors. At these sessions, we are heartened to find many healthcare professionals stepping forward to address gaps in lymphedema care constructively.

## Nurturing Young Allied Health Professionals

Final year students at the Singapore Institute of Technology (SIT) Physiotherapy and Occupational Therapy have the opportunity to be at SCS Cancer Rehabilitation Centre for clinical placement, enabling them to develop their skills and capabilities as allied health professionals. They will be able to assess cancer patients, develop treatment plans, and treat and manage the care of each patient under supervision by our rehabilitation professionals.

the extensive removal of lymph nodes. These treatments, coupled with weight gain issues, are found to be major risk factors for developing lymphedema.

To help the cancer community with lymphedema management, SCS has teamed up with St Luke's Hospital to run the Lymphedema Management Programme, which is especially beneficial for patients who continue to experience lymphedema in post-cancer treatments.

## CANCER SUPPORT SERVICES

### Singapore Cancer Society-St Luke's Hospital Lymphedema Clinic

We know that more than 70% of breast cancer survivors suffer from varying degrees of lymphedema at some point in their cancer journey. Lymphedema is an abnormal build-up of fluid and fat after cancer treatments such as radiation, or surgery involving





# IMPROVE QUALITY OF LIFE

## SCS Support Programmes

### Support Groups for Cancer Patients and Survivors

Cancer support groups enable patients to be part of a small group cancer community to network and provide support so that no one would have to fight cancer alone. We have five open support groups based on cancer types. Twice yearly, we also conduct brief therapeutic support groups supporting aggressive, rare or advanced cancers (stages 3 and 4). Once every quarter, we will conduct an art-based brief therapeutic support group (any cancer type).



Our five support groups are SemiColon Support Group (Colorectal Cancer), Walnut Warriors Support Group (Prostate Cancer), Reach to Recovery Support Group (Breast Cancer), Bishana Support Group (All female/Gynecological Cancer), and New Voice Club Support Group (Laryngeal Cancer). Every month we have a mix of activities, comprising medical talks, activities or outings.

### Support Group Patient Experience Blueprint

SCS aims to transform our engagement with cancer survivors in our support groups. We commissioned Singapore Polytechnic (SP) to design a patient experience blueprint that will enable us to personalise engagement with members of our support groups. SP

conducted workshops with cancer survivors, and interviews, and attended two on-site sessions as an observer.



### Return to in-person support group meetings

In 2022, in-person support group sessions gradually made a return. Overall, SCS had 48 support group sessions clocking 612 attendees. Also, we have 300 cancer survivors participating in our annual year-end luncheon. As a whole, we have a total support group membership of 1830 (as of 31 Dec 2022).

## SCS Enrichment Programmes

### SCS x National Gallery Singapore

SCS worked with National Gallery Singapore on a 6-week pilot project for 10 cancer survivors. Using art-

based intervention and museum visits, cancer survivors can critically reflect on their relationship with life and cancer. Through such art-based social programmes, SCS hopes to encourage more non-pharmacological ways to improve mental health and restore overall well-being in the cancer community.

### Human Spirit Series, Vol 1

We piloted a movement-based enrichment programme for cancer survivors where they learned dance moves and engaged in post-session dialogues with others in a group.

The patients found it really helpful. We shared what they created on social media to raise awareness about cancer. Lots of people saw it - over 100,000 views in just one week!

On our Instagram account, it's the most popular video we've ever posted, getting over 300% more views and 700% more likes and comments than our previous most popular video.





## SCS Psychosocial Support Casework & Counselling

Number of counselling sessions

2,001

Overall satisfaction score for counselling sessions

92%  
(N=111)

In 2022, we provided 2001 counselling sessions, both online and in-person, to cancer patients through our social workers. Our overall satisfaction score for these sessions is 92% (n=111). 3 out of 4 patients gave positive feedback about the emotional support provided by our staff.

### L.I.G.H.T Therapeutic Groupwork

SCS offers a 5-session therapeutic support group called L.I.G.H.T for advanced, rare, progressive, or aggressive cancer patients. The group encourages open dialogue and activities to help participants express their unique struggles. In 2022, we supported 15 survivors through this programme and involved past participants as volunteers to reinforce their sense of self and empower them

to contribute back to their cancer community. Since 2019, 35 participants have completed the programme.

### Art Therapy Programme

Art Therapy is a creative way of helping cancer patients deal with the emotional impact of cancer. It is an alternative form of therapy that uses art and other creative activities. In 2022, SCS conducted 24 group sessions and supported 18 members through Art Therapy. We also provided individual home-based Art Therapy sessions to help patients who may benefit from this type of intervention.



### Patient Ambassador Programme

We have a peer support programme in which newly diagnosed cancer patients can be supported by a cancer survivor for up to 6 months. In 2022, we received 55 referrals of suitable/interested cancer survivors and successfully matched 20 of them with our Patient Ambassadors for befriending support.

### B.E.A.C.O.N Project

Befriend, Educate, Advocate – Cancer Outreach Network or B.E.A.C.O.N. Project is a programme that trains people to help their friends



and family who have cancer. They learn about cancer and how to talk to someone with cancer. In 2022, we trained 425 people who pledged to support at least 1,275 people with cancer. So far, we have trained 911 people.

## CANCER REHABILITATION SERVICES

The Singapore Cancer Society Rehabilitation Centre (SCSRC) is a community-based rehabilitation centre which offers comprehensive care to cater to the requirements of individuals impacted by cancer, including patients, survivors, and caregivers. It primarily serves non-emergency cases, both during and after their cancer treatment.

Our rehabilitation team consists of a Rehabilitation Physician, Physiotherapist, Occupational Therapist, Speech Therapist, and Dietitian who collaborate with patients and their caregivers to identify their rehabilitation objectives and design tailored programmes to achieve them.



Cancer Rehabilitation Services	2022	2021
New referrals	192	131
New clients enrolled in Active Rehabilitation Programme	157	436
New clients enrolled in Maintenance Rehabilitation Programme	32	28
New clients served for Lymphedema	81	76

# IMPROVE QUALITY OF LIFE

## Digital Solutions For Quality Rehab Services

In 2022, the SCSRC team embarked on a move to accelerate the adoption of digital solutions such as a wearable device known as Rebee. This move has inspired valuable changes in cancer treatment as well. For 18 of our cancer patients, the wearable sensors offer three benefits: Reduce the need for travel, encourage the adoption of healthy lifestyles for long-term symptom management, and improve independence and quality of life.



These patients who learned to use our digital solutions for rehab were able to continue to perform exercises at their convenience, making it easier to adhere to their rehabilitation program. Our clinicians were also able to track their performances and even modify patients' exercises remotely by using the graphical analysis provided by the Rebee system, eliminating the need for face-to-face consultations.

Additionally, to improve patient access to digital rehabilitation educational materials, SCSRC has digitised its patient educational materials for ease of dissemination. These materials are available in a patient educational folder and are designed to provide cancer patients with the information they need to manage their symptoms effectively.

For the wider cancer community, our rehab team has created specific exercise and self-management videos that provide cancer patients with guidance on how to perform exercises safely and manage their symptoms independently.



For instance, there are videos on how to use a wheelchair safely for advanced cancer patients. By making these resources available digitally, our rehab team is ensuring that cancer patients have access to the information and guidance they need to manage their symptoms effectively, regardless of their location.



**THE REBEE SENSOR IS USER-FRIENDLY AND IS A GOOD EXERCISE PROGRAMME.**

Patient Mdm Kang  
Hun Hun Helen



**THE REBEE SENSOR AND APP ALLOW ME TO DO EXERCISES WITHOUT THE NEED TO MEMORISE THE STEPS.**

Patient Mdm Bok Mui Ling



**USING THE SENSOR MAKES ME MORE MOTIVATED TO PERFORM THE EXERCISES DAILY.**

Patient Mdm Lim Swee Tian



## Addressing Unmet Needs Of Cancer Patients Undergoing Treatment

Many patients undergoing cancer treatments suffer from common side effects, including tiredness, muscle weakness, joint pain, lymphedema, changes in mood, and difficulties in swallowing or speaking.

SCS is helping cancer patients struggling to overcome these issues faced during treatment through our rehabilitation programmes, including *Return to Role* programme, *Return to Work* programme, and developing key areas of oncology rehabilitation programmes.

Our *Return to Role* programme, customised for each patient, aims to improve cancer-related symptoms which prevent the patient from performing their role and provides self-management strategies to help the patient meet the demands of his/her role.

Our *Return to Work* programme, also customised for each patient, empowers the patient to improve his/her personal resources, reduce job demands through work modification, enhance job resources by selecting jobs with a good fit or employer's support, and partnership with community partners for non-working patients to improve their chances of employability.

The SCS Enhanced Return-to-Work Programme is designed to support cancer survivors in their journey to regain normalcy by providing specialised cancer rehabilitation services that enable them to return to gainful employment and remain vocationally productive in the community workplace. The unpredictable nature of cancer can often interfere with a person's ability to return to work after the treatment.



Number of cancer survivors supported in 2022

12

Percentage of these survivors sustaining or returning to work for at least 3 months

75%

(9 out of 12)

Satisfaction score obtained

91%

Number of patients with improvements in their perceived work ability

89.5%

Number of patients with improvements in their readiness to work

62.5%



SCS is proactively making connections that help us to develop and implement key areas of oncology rehabilitation programmes.

Strength ABC  
(After Breast Cancer)

Structured exercise programme for breast cancer patients with stable or at-risk cancer-related lymphedema

Core Essential

Structured exercise programme for prostate, colorectal or gynaecological cancer

CPF (Commit, Preserve and be Fit)

Dietary and exercise programme for cancer patients with weight management issues

CIPN (Chemo-induced peripheral neuropathy)

Balancing and strengthening exercise programmes for cancer patients with CIPN

Problem Solving Workshop

The Problem Solving Workshop aims to help cancer patients manage their daily challenges resulting from cognitive dysfunction after treatment by providing them with a structured framework.



“

**THE SESSIONS HAVE CERTAINLY HELPED ME SO MUCH TO BETTER MANAGE MY SCHEDULE AND ENSURE THAT I AM ABLE TO FOLLOW THROUGH MY TO-DO LIST.**

Patient Ms Choo Hin

”

“

**EXERCISE SPECIALISTS ARE VERY DEDICATED, ENCOURAGING, HELPFUL AND PATIENT.**

Patient Mdm Koh Ai Choo on CIPN

”



**I THINK WE GAVE EACH OTHER NEW IDEAS ON HOW TO WORK TOWARDS OUR GOALS!**

Patient Ms Eva Ho on the Problem Solving Workshop

“

**DIETITIAN IS CONSCIENTIOUS AND COMPETENT IN BRINGING ACROSS CPF DIET WITH RELEVANT AND PRACTICAL APPROACHES TO A HEALTHY DIET.**

Patient Mdm Toh Morna on CPF workshop

”



# IMPROVE QUALITY OF LIFE

## Flagship Cancer Rehabilitation Centre At NCCS

Throughout 2022, we worked hard behind the scenes to create our flagship cancer rehabilitation centre, which will be based in the National Cancer Centre Singapore (NCCS).

Scheduled to open in early 2023, this centre will make it easier and faster for cancer survivors to get high-quality rehabilitation care. This will help us integrate our SCS Cancer Rehabilitation services into the mainstream healthcare system and develop a closer relationship with NCCS to provide more seamless care to a larger population of cancer patients.



## WELFARE SERVICES

SCS strives to help Singaporeans and PRs from low and middle-income families by providing a range of welfare and financial assistance.

We understand that medical expenses can be a heavy burden, so we aim to alleviate those costs at every stage of treatment. Our assistance includes providing milk, diapers, medical dressing, stoma bags, and other medical equipment.

By doing so, we hope to improve the quality of life for these families and reduce their financial burden during this difficult time.

In 2022, we disbursed more than \$2.8 million in welfare aid.

### SCS Welfare Aid Fund

Amount  
\$  
**615,448**

Number of  
patients  
**363**

### 2022 Funds Disbursed SCS Cancer Treatment Fund

Amount  
\$  
**821,665**

Number of  
patients  
**265**

### SCS Cancer Care Fund

Amount  
\$  
**1,212,500**

Number of  
patients  
**1,326**

### SCS Cancer Treatment Fund

With the belief that financial difficulty should never stand in the way of receiving life-saving cancer treatment, we established the SCS Cancer Treatment Fund in 2005, which has since disbursed \$19.8 million in aid and assisted 5,963 patients referred by their doctors or medical social workers from various restructured hospitals.

We also work closely with pharmaceutical industry partners to provide access to critical medicine through the SCS Patient Access Programme (PAP). Through our proactive connections with pharmaceutical companies, patients have access to treatment.

SCS Patient Access Programme (PAP)	Medicine
SCS-Takeda	Brentuximab
SCS-Merck	Cetuximab
SCS-MSD Enhanced PAP	Keytruda (Pembrolizumab) 200mg per treatment cycles (applicable only after first tier funding on SCS-MSD Enhanced PAP at restructured hospitals)
SCS-Roche PAP	Perjeta+Herceptin, Kadcyla, Tecentriq, Tecentriq+Avastin, and Alecensa
SCS-AstraZeneca PAP	Calquence (Acalabrutinib) at Singapore General Hospital

### SCS Welfare Aid Fund

The Welfare Aid Fund was created in 1964 to help cancer patients and their families with financial assistance during and after treatment to ease the burden of expenses. It has expanded to also provide necessary items such as milk, diapers, and medical equipment. People can apply for funding through medical social workers at hospitals, hospices, and welfare organisations.

### SCS Cancer Care Fund

We understand that receiving a cancer diagnosis can be overwhelming, especially for those from low and middle-income families who may face financial challenges. That is why we established our Cancer Care Fund, which provides a one-time financial assistance scheme

to help patients in need within the first six months of diagnosis. Our goal is to provide immediate support for their basic needs and help alleviate some of the financial burdens they may face during this difficult time. Since its inception in 2015, \$7.9 million in aid has been disbursed to 8,850 newly diagnosed patients.

### Other Schemes For Our Cancer Community

#### SCS Home-Hospital Transportation Scheme

We understand that transportation can be a challenge for patients who need to travel to and from the hospital for treatment. To ease this burden, we offer the Home-Hospital Transportation Scheme, which provides transport assistance for

eligible patients who require help getting to and from their medical appointments, radiotherapy or chemotherapy sessions. This scheme eases the financial burden of cancer patients from low-income families.



A special shout-out to YS Kindred Group, who raised \$111,139 to sponsor a 10-seater commuter van that can ferry SCS patients and their caregivers between their homes and healthcare facilities for chemotherapy, radiotherapy, and other medical appointments. This van, equipped with a hydraulic lift, is capable of ferrying up to seven passengers, four in wheelchairs and up to three on the vehicle benches. This transportation eases the financial burden of cancer patients from low-income families.

Number of patients

236

Number of trips

5,529

# IMPROVE QUALITY OF LIFE

## Supporting Children And Youths

Children and youths whose family members are impacted by cancer may feel overwhelmed and uncertain about how to cope with the challenges they face at home. The emotional toll and academic impact can be significant. That is why SCS provides emotional and practical support to young people affected by cancer. Our goal is to help them navigate this difficult time and emerge stronger and more resilient.

Our holistic approach is designed to strengthen their resolve and help them focus on their priorities, such as their studies while navigating through one of the most challenging periods of their lives. We are committed to providing the necessary support to help them stay positive and hopeful throughout their journey.



## Help the Children and Youth Programme (HCYP)

With the support from SingTel who had pledged \$250,000 annually, SCS is able to engage with children and youths whose parent is battling cancer and provide them with support and guidance through a tuition programme. Our tutors act as a point of contact for the students, providing timely feedback to parents or caseworkers on their academic progress and the overall development of the family. This enables us to identify any other concerns that may require intervention and ensure that we are providing holistic support to improve their lives.

## SCS Home Tuition Programme



Our home tuition programme is designed to provide support for financially needy children and youths who are academically struggling and impacted by cancer, whether as a patient or a family member. We recruit qualified tutors to offer free one-to-one home tuition services, with the aim of improving their academic performance and emotional well-being. By doing well in school, the programme also helps to boost their confidence and self-esteem, while alleviating the concerns and worries of their family members affected by cancer.

## SCS Achievement Awards



The SCS Achievement Award recognises students under the SCS HCYP Tuition Programme and SCS Tuition Programme who have excelled or made significant improvements in their studies while dealing with the impacts of cancer in their family. Through this Award, we hope to motivate all the students to work hard, excel in their studies, and achieve their full potential.

Number of students for SCS Home Tuition Programme

33

Amount of funds disbursed

\$147,174

Number of SCS Achievement Award Recipients

33

Amount of funds disbursed

\$14,468



## SCS Educational Financial Assistance Scheme



We provide school allowances and bursaries for children and youths affected by cancer, helping to alleviate financial burdens and support their education.

Number of school allowance recipients

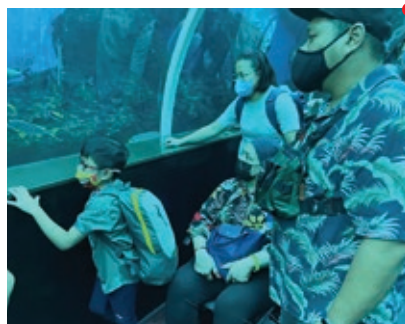
7

Amount of funds disbursed

\$4,780

## Quality Time With Family

Visit to Sea Aquarium. Sponsored by Illumina Singapore, this was the first in-person outdoor event after COVID-19 pandemic, for children and families under SCS HYCP.



Visit to River Wonder. Sponsored by Temasek T-Touch, our beneficiaries were treated to a fun-filled outing to one of Singapore's most popular destinations.

Visit to Lee Kong Chian National Museum. Organised by volunteers from NUS School of Business, our beneficiaries learned about the historical facts of animals and plants found in Singapore and Malaysia and participated in an exciting Amazing Race.



Tickets to the F1 Singapore Grand Prix. Sponsored by Temasek T-Touch, our beneficiaries joined thousands of fans who came from all over the world as this has become one of the most popular races on the Formula One calendar.

Visit to Gardens by the Bay. Sponsored by Gardant, our beneficiaries toured Gardens by the Bay, a popular destination in Singapore for those who appreciate nature, architecture, and unique experiences.

## Other Unique Experiences For Our Young Beneficiaries

MSD EZ-Link card designs. For one of MSD's events, the company invited beneficiaries of SCS Welfare Fund to design the cover of an EZ-Link card. Out of the 8 designs submitted, 3 were selected as final designs for the MSD EZ-Link cards.



Ready-Set-Code. Organised and supported by Temasek T-Touch for the second consecutive year, our cancer warriors' children got to learn how to code using a free tool, Scratch. Proficiency in this visually-appealing tool, designed for children, enables them to create interactive stories, games, and animations.



# IMPROVE QUALITY OF LIFE

## HOSPICE SERVICES



The SCS Hospice Care Services team is dedicated to supporting cancer patients at the end of their journey. We work alongside their caregivers and families for patients who have chosen to remain at home in the final stages of their lives.

Our team of nurses, doctors, social workers, counsellors, physiotherapists, and occupational therapists provides quality and holistic clinical care, helping caregivers to feel like they have done something for their loved one and aiding in their grieving process.

We have adapted to the pandemic by integrating technology, such as electronic medical records and teleconsultations, and reviewing and changing our equipment loan model for a better client experience. We are also in discussions with National Cancer Centre Singapore to complement our service delivery. We are proactively hiring to meet the expected need for and growth in Palliative Home Care services in Singapore, as announced by the Ministry of Health.

Total number  
of patients served  
in 2022

609

## Home-Based Respite Care Programme

We work with the Home-Based Respite Care (HBRC) programme to help more families care for their loved ones at home until they pass away. This programme is a collaboration with community agencies that provide trained caregivers for terminal care at home. The programme currently provides 15 to 30 days of caregiving support to terminally ill patients with a life expectancy of 12 months or less.

In 2022, we enrolled 609 patients in the programme and 58% of those who passed away were able to do so at home.

## Knowledge Exchange With Elizabeth Kübler-Ross (EKR) Foundation



In November 2022, SCS Hospice Care hosted nine doctors and nurses from the Elizabeth Kübler-Ross (EKR) Foundation, a non-profit organisation that aims to educate palliative professionals through collaborations, education, and advocacy.

The representatives were from developing countries like India, the Philippines, and East Timor and were impressed with how Singapore's healthcare system navigates the cancer patient journey from diagnosis to active treatment to palliative care.

They toured our Cancer Rehabilitation Centre and saw our outpatient rehab

services and gym facilities. Five representatives also joined our clinicians on home visits to learn how our team manages patients and referrals to social workers and physiotherapists to co-manage patients and families.



We also discussed with them how we could advocate and enable people and their families to have a dignified life even when approaching death and facing grief, with support from family, friends, the community, and healthcare providers.



Ms Liese Groot-Alberts, a member of the faculty at the Asia Pacific Hospice Palliative Care Network (APHN) and Hospice Malaysia, as well as an Advisory Council Member of the Elisabeth Kübler-Ross (EKR) Foundation Global, facilitated a workshop, Setting Boundaries, which SCS staff found to be energising and enriching. They left the workshop feeling refuelled thanks to Ms Groot-Alberts' guidance and leadership.



### Singapore Health Inspirational Patient And Caregiver Awards 2022

We were thrilled that two of our outstanding patients and a caregiver were recognised at the *Singapore Health Inspirational Patient and Caregiver Awards 2022* for exemplary courage, strength and resilience.

Our heartfelt congratulations to Mdm Chin Kwee Hiong and Mdm Deepa Maurya, both winners of the Inspirational Patient Award, and Mr Woo Fook Mun, winner of the *Inspirational Caregiver Award*.

Mdm Chin, without formal education and living with her husband with healthcare issues, built her social network in her fight against cancer in 2019. Since then, she has celebrated her first birthday as a survivor and volunteered as a knitter to give back to her support network, inspiring others as she outlived her prognosis.



Mr. Woo cared for his bed-bound wife since 2016, despite his own health and financial difficulties. He regularly tended to her needs and showed his love, even sharing his knowledge with another caregiver in need.

### Granting Terminally Ill Patients' Last Wishes

SCS collaborated with Ambulance Wish Singapore (AWS) to fulfil the wishes of our terminally ill patients. One such patient was Mdm Lim, a former cook with 30 years of experience, who yearned to be able to cook Japanese favourites of sukiyaki and tonkatsu again.

Supported by the multidisciplinary team of doctors, nurses, physiotherapists and social workers from SCS and volunteers (from AWS), Mdm Lim's health and physical abilities improved to the point where she was able to cook a meal for her healthcare team.



This was significant for her because cooking was an important part of her life, and being able to do so again made her feel proud and happy. Additionally, she was able to share her recipes with the volunteers, which added to her sense of fulfilment.

## RESEARCH

### Research by SCS Rehabilitation Centre

SCSRC published some papers in medical journals to ensure that cancer rehabilitation programmes continue to work well for patients at all stages of their journey and help shape future recommendations for rehabilitation practices in Singapore. These included:

The paper titled *Assessment of Health-Related Quality of Life and Distress in an Asian Community-Based Cancer Rehabilitation Program* was published in Current Oncology medical journal. There are gaps in the health-related quality of life (HRQOL) of cancer survivors undergoing community-based rehabilitation. This research aims to address the gaps by assessing the HRQOL and distress, and clinical associations in a community-based cancer rehabilitation centre. Based on the researchers' findings, the paper underscored the necessity for early identification of the physical and psychosocial needs of cancer survivors so that a holistic and multi-focused rehabilitation program can enhance their HRQOL.

SCSRC received approval from the Agency of Integrated Care Institutional Review Board (AIC-IRB) for the papers titled *Knowledge, attitudes, beliefs of Asian cancer survivors towards an exercise-based rehabilitation program in a community setting and Effectiveness of adjustable compression wraps versus multilayer compression bandaging in managing cancer-related lymphedema*.



# IMPROVE QUALITY OF LIFE

## Advocating for Quality Rehabilitation Services at Conferences or Events

SCSRC engaged in advocacy work besides providing medical care and doing research. Our team was invited to speak at different conferences in 2022 to help more people, including doctors and the public, learn about cancer rehabilitation.

### World Cancer Research Conference

Chemotherapy-induced peripheral neuropathy (CIPN): Use of low frequency transcutaneous electrical nerve stimulation to reduce numbness



### World Cancer Congress 2022

Assessment of Health-Related Quality of Life and Distress in an Asian Community-Based Cancer Rehabilitation Program

### The Duke NUS Lien Centre for Palliative Care Course for Therapists

Common OT Interventions in Palliative Care



### 7th Singapore Rehabilitation Conference

Assessment of Health-Related Quality of Life and Distress in an Asian Community-Based Cancer Rehabilitation Program

### 7th Asian Prosthetics and Orthotics Scientific Meeting (SRC-APOSM 2022)

### NCCS CanSurvive 2022

NCCS CanSurvive 2022

### SCS Prostate Cancer Awareness Campaigns 2022

Virtual Exercise Talk and Workout

### Healthy Women, Healthy Families Carnival @One Punggol

Stamping out Cervical Cancer

### SCS Semi-colon support group talks

Core Essential – What is it? An in-person talk to educate cancer patients on the types of exercises for managing lower back pain, core dysfunction and self-management strategies to confidently manage cancer-related side effects

### SCS New Voice Club support group talks

Talk on fall prevention

### Ostomy Awareness Day 2022

Panel discussion on life with ostomy

### Changi General Hospital Health UP

Talk by SCS on dietary recommendations for cancer prevention

### NCCS Supportive Care Symposium 2022

Talk by SCS for cancer survivors on exercises that help manage side effects

## Project Medipal with NUS

SCSRC connected with the National University Singapore to identify cancer care gaps. Through Project Medipal, an initiative led by a group of NUS students from medical and non-medical disciplines, newly-diagnosed cancer patients can benefit from psychosocial support to help them in their journey to recovery.

The aim of Medipal is to provide a personalised one-on-one structured digital peer support community to reduce the stress and anxiety associated with self-care and empower patients and caregivers to make more informed health decisions based on their ideas and preferences.

In 2022, the NUS team conducted focus group discussions and one-on-one interviews between August and November to understand patients' needs. They will then use these findings to design a solution to be implemented in the later phase of the project.

## SCS Research And Data Analytics Team

The SCS Research and Data Analytics team is dedicated to gathering insights from both in-house research, external collaborations and crunching numbers from datasets. By analysing our findings, we aim to continuously improve our programmes and services while guiding the strategic direction of our organisation.

### SCS Cancer Research Grant

Every year, we provide funding through the SCS Cancer Research Grant to support cancer research studies in Singapore. Our goal is to encourage innovative research that leads to better treatment and care for cancer patients, as well as improved quality of life for those affected by cancer. We have funded 48 cancer research since SCS Cancer Research Grant was set up independently in 2010\*.

### SCS Cancer Research Grant 2022

This year, 3 cancer research projects (amounting to \$286,585.00) were shortlisted from 26 research proposals from 9 institutions received.

#### Project Awarded

Measuring The True Cost of Cancer: A Longitudinal Study on Productivity Cost and Health-Related Quality of Life for Cancer Patients

#### Grant Recipient

Dr Joanne Ngeow Yuen Yie  
National Cancer Centre Singapore

#### Amount

\$195,585.00

#### Project Awarded

Implementation of patient-reported outcome measures (PROMs) in routine clinical practice

#### Grant Recipient

Dr Grace Yang Meijuan  
National Cancer Centre Singapore

#### Amount

\$61,000.00

#### Project Awarded

Overcoming spiritual barriers to cancer screening: An intervention to decrease cancer fatalism among Singaporeans

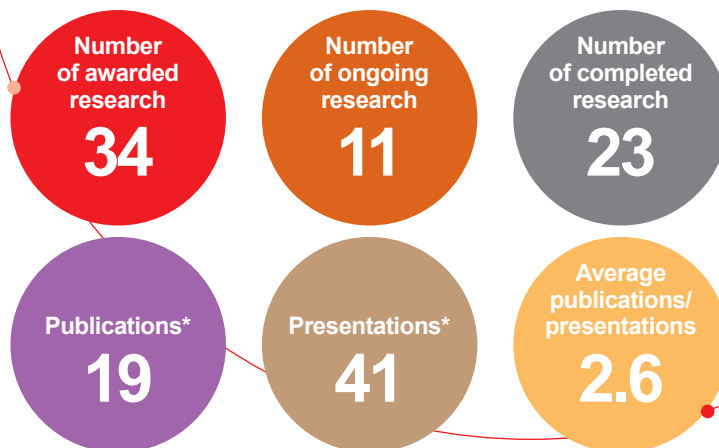
#### Grant Recipient

Dr Kim Hye Kyung  
Nanyang Technological University

#### Amount

\$30,000.00

### In the last 10 years (2013-2022)



\* Number of publications / presentations illustrated are of completed research studies.

### Completion of SCS-Funded Research in 2022

Our heartiest congratulations to the following research teams on their successful project completion in 2022:

#### Principal Investigator

Dr Irene TEO Eng Ai  
Assistant Professor  
Lien Centre for Palliative Care  
Duke-NUS Medical School

#### Research Title

Renewing Intimacy and Sexuality (RISE): A Pilot Program to Support Marital Intimacy and Sexual Health of Female Cancer Patients in Singapore

#### Research Period

1 February 2018 to 31 January 2020, extended to 31 July 2022.

#### Publication(s)

Manuscript in preparation

#### Principal Investigator

Dr HE Hong-Gu  
Professor & Director of Graduate Research Programmes  
Alice Lee Centre for Nursing Studies (ALCNS)  
Yong Loo Lin School of Medicine  
National University of Singapore

#### Research Title

The effectiveness of an interactive Colorectal Cancer self-Management enhancement smartphone-based psychosocial intervention programme (iCanManage) on outcomes of patients with colorectal cancer and their family caregivers: A randomised controlled trial

#### Research Period

1 February 2019 to 31 January 2021, extended to 31 July 2022.

#### Publication(s)

- Wan SW, et al (2022). Perioperative experiences and needs of patients who undergo colorectal cancer surgery and their family caregivers: a qualitative study. *Support Care in Cancer*, 30:5401-10.
- Wan SW, et al (2022). A systematic review and meta-analysis on the effectiveness of web-based psychosocial interventions among patients with colorectal cancer. *Journal of Advanced Nursing*, 78:1883-96.
- Wan S, et al (2021). A Theory-Based, Multidisciplinary Approach to Cocreate a Patient-Centric Digital Solution to Enhance Perioperative Health Outcomes Among Colorectal Cancer Patients and Their Family Caregivers: Development and Evaluation Study. *Journal of Medical Internet Research*, 23:e31917.

# IMPROVE QUALITY OF LIFE

## SCS In-House Research

### Research: Survey on the knowledge, perception, and attitudes towards cancer and cancer screening

**Research Objective** 2,000 Singaporeans aged 21-69 years were surveyed online to evaluate their knowledge, perception, and attitudes towards cancer and cancer screening.

A cross-sectional online survey was conducted in a sampling of 2,000 Singaporeans aged 21-69 years to evaluate the knowledge, perception, and attitudes among adult Singaporeans towards cancer and cancer screening.

**Key Outcomes** The survey revealed that most Singaporeans are aware that cancer is the leading cause of death in Singapore and are concerned about developing cancer.

However, there is a significant discrepancy between perceived and actual statistics of common cancers for men and women.

While views on cancer screening are positive, there is a lack of awareness and knowledge on colorectal, cervical and breast cancer screening, particularly among the screening-eligible population.

To improve screening uptake, a more targeted and multi-faceted approach in providing information on cancer screening programs is needed.

A manuscript based on the survey results is being prepared for submission to the Asian Pacific Journal of Cancer Prevention.

## SPCC-SHC Research

### Development Workshop

SCS Psychological Social Services (PSS) Hospice's research project, *Factors and Barriers to Persons Dying at Home*, was selected to be presented at the SPCC-SHC Research Development Workshop in August 2022.

The session proved to be fruitful as we received valuable insights and resources from a panel of five experts on our focus area of vulnerable patients with low social support receiving home palliative care. Our goal is to further comprehend this patient profile and develop effective support to ensure dignity in the dying process.



## Terry Fox Research Grant 2022



**THE TERRY FOX  
FOUNDATION**

The Terry Fox Foundation (TFF) raises money for cancer research through runs held worldwide, including in Singapore. SCS partners with TFF by promoting fundraising on social media and managing funds raised in Singapore. Since 2018, we've also helped review and manage the progress of research studies awarded by TFF.

In 2022, the following study was awarded:

### Research Project

Discovery and validation of transcriptional changes in Soft Tissue Sarcoma responsible for therapeutic effect of Doxorubicin as a predictive biomarker for Doxorubicin response

### Grant Recipient

Dr Valerie Shiwen Yang,  
National Cancer Centre Singapore

### Amount

\$129,173.00\*

\* Funding for the first year of the project.



# GREATER COMMUNITY ACTION

SCS brings communities together in support of those affected by cancer. We believe that no one needs to fight cancer alone, so we organise high-impact events that empower survivors, cancer patients, caregivers, supporters, and communities to take action and drive positive outcomes.

By encouraging greater community action in the fight against cancer, we are promoting awareness and understanding of the disease and fostering a sense of unity and shared purpose among those affected.

We believe that by creating a collaborative and supportive environment, we can make a meaningful impact in the lives of those affected by cancer.

Number of participants registered

**3,866**

Total funds raised  
\$

**1,302,064**

## CELEBRATE, REMEMBER AND FIGHT BACK THROUGH RELAY FOR LIFE 2022

Relay For Life is a global movement with nearly 4 million participants annually, making it one of the world's largest fundraisers.

Beyond raising funds, the Singapore Cancer Society-TalkMed Relay For Life (RFL) 2022 brought the community together to celebrate the lives of cancer survivors, remember loved ones lost to cancer, and fight back against this disease that has taken many lives. Singapore is the 25th member country to organise RFL.

RFL has two virtual challenge components – between March 5th to 13th, there was a 100KM Challenge and My Fight Back Challenge, where

participants pledge activities in which they would push themselves to go above and beyond to promote cancer prevention. The two challenges symbolise the long and arduous fight against cancer, which does not stop until a cure for this disease is found.

We were thrilled that so many people, including cancer survivors, caregivers, and volunteers, rallied together to be recognised, supported, and connected via RFL. It was a wonderful way to stand against cancer together while also challenging their mental fortitude.

### RFL 2022 Highlights

- March 5 – a high-energy physical event at the National Stadium graced by President of Singapore Mdm Halimah Yacob who presented tokens of appreciation to our sponsors and partners and



flagged off the Survivor lap. There were also great performances by local artists Glenn Yong, Calvert Tay, Raz and Daniel Sid.

- March 5 to 13 – 100KM Challenge and a virtual My Fight Back Challenge period across Singapore.

# GREATER COMMUNITY ACTION

## RACE AGAINST CANCER 2022 TO SAVE LIVES

In a special race to save the many lives impacted by cancer, the Singtel - Singapore Cancer Society Race Against Cancer (RAC) 2022, galvanised the community to show their support and give back to the cancer community.

Participants could race in person or go the distance virtually. Participants, including cancer survivors and VIP guests, could choose from 5km to 15km distances for the Physical Race. There were fun-filled novelty contests with attractive prizes to liven up the atmosphere!

For the Virtual Race, participants could choose from 5km to 42km distances, completing their chosen distance over 8 days by running anywhere and at any time. Participants who linked their Strava accounts stood to win attractive prizes through contests.



Many participants shared with us their personal reasons for joining Race Against Cancer. For some, it was to honour a loved one who had been affected by cancer, others were survivors and wanted to celebrate their recovery with friends, family and fellow survivors, and some simply wanted to show their support for

the cancer community. Ultimately, everyone's desire to participate came from a shared goal of fighting the disease as one people.

The funds raised supported programmes and services, including the SCS Cancer Care Fund, SCS Cancer Rehabilitation Centre, SCS Cancer Treatment Fund, SCS Help the Children and Youth Programme, and the SCS Welfare Aid.

We are deeply grateful for the community's support. These funds helped ease the financial burden of our cancer patients and their families, ensuring they have peace of mind to focus on cancer care.

## GREAT EASTERN WOMEN'S RUN 2022



Now into its 16th edition, the Great Eastern Women's Run (GEWR) is Singapore's iconic all-women's run, a platform for women to pursue their wellness and form lasting friendships in pursuit of good health. The run, which raised close to \$110,000 for SCS, included distances of 5km and 10km, and a 2km Mummy and Me

Number of  
participants registered

**4,377**



Total distance  
and days

**51,802 km**

over 8 days



Total funds raised

**\$  
921,801**

(excluding  
donations-in-kind)







Category for mothers to bond with their daughters. There were also challenges and prizes for participants via the race app and social media platforms.

### GREAT EASTERN CARES

SCS was a beneficiary of GE Cares 2022, Great Eastern's corporate social responsibility efforts in which it strives to be a good corporate citizen in its communities. Using the Giving.sg platform, the company held an online fundraising campaign between October 6 and December 31, matching a dollar-for-dollar contribution. More than \$23,000 was raised for SCS Return To Role rehabilitation programme that helps cancer survivors get back on their feet and return to their roles in the family as parents, grandparents, spouses, caregivers, sons or daughters, and many more.

### CYCLE FOR HOPE 2022

Organised by the Singapore Cycling Federation, the Cycle for Hope Cycling Challenge is an event for people from all walks of life, particularly those who love cycling, to show support for cancer patients and their families. The Cycle for Hope fundraising campaign aimed

to raise funds that will benefit SCS and the Singapore Cycling Federation. The entire campaign included a Cycling Challenge Event (100km, 300km or 500km to be completed indoors and/or outdoors) over a six-week period.

For SCS, Cycle for Hope 2022 raised more than \$140,000, which will go towards supporting cancer research and public education about cancer, especially breast and lung cancer being the highest in Singapore for women and men, and encourage Singaporeans to live an active, healthy lifestyle.



### TERRY FOX VIRTUAL RUN SINGAPORE 2022

An inspiration to the world, Terrance Stanley Fox was a Canadian athlete, humanitarian, and cancer research activist who embarked on a cross-Canada run to raise money and awareness for cancer research. He left a lasting, worldwide legacy, attracting millions of participants in over 60 countries to move together in the fight against cancer.

The Terry Fox Virtual Run Singapore 2022 continued attracting supporters, cancer survivors, patients, and their friends and family who want to show the world they are strong, determined, and courageous. The virtual run in November 2022 raised over \$6,800

for SCS. Through their efforts, SCS raised funds to support cancer research projects in Singapore.

Number of participants

over

500

Total funds raised

\$

16,110





# GREATER COMMUNITY ACTION

## RALLYING PARTNERS AND SUPPORTERS TO CLOSE THE CARE GAP ON WORLD CANCER DAY 2022

World Cancer Day, which falls on 4th February each year, serves to raise awareness about cancer and encourages people and organisations around the world to take action to reduce the impact of cancer on individuals, families, and communities.

On World Cancer Day 2022, 12 prominent buildings and landmarks in Singapore lighted up in orange and blue to mark World Cancer Day 2022. This light-up is symbolic of the hope among our cancer community and brings awareness to our ongoing fight against cancer.

The buildings and landmarks were Gardens by the Bay, ION Orchard, Jewel Changi Airport, Khoo Teck Puat Hospital, Yishun Community Hospital, National Gallery Singapore, Ocean Financial Centre, orchardgateway, Our Tampines Hub, Suntec Singapore Convention and Exhibition Centre, South Beach Avenue, and Ten Square.

Additionally, more than 30 local leaders, celebrities and social service agencies, healthcare institutions and corporations demonstrated their support and shared their commitment on closing the care gap in the cancer community through a series of video messages released throughout the month-long campaign.

These messages aimed to spark conversations about the care gaps around four focus areas, namely in reducing cancer incidence, increasing survivor rate, improving patients' quality of life, and igniting greater community action to support the cancer community.

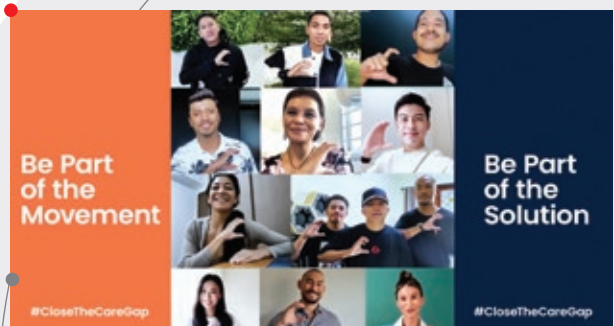


## SCS CHARITY GALA DINNER 2022

We held our SCS Charity Gala Dinner 2022 in September 2022, welcoming more than 500 guests to a night of glitz and glamour. Themed Odyssey of the Stars, guests at the gala included Guest-of-Honour Minister of Health Mr Ong Ye Kung, our patients, their friends and families, and many kind and generous supporters who continued to support SCS through the years.



We raised over \$500,000 on the night of the event to fund SCS programme and services to benefit the cancer community.



## SCS VOLUNTEER APPRECIATION NIGHT 2022

To show our heartfelt appreciation and thanks for their invaluable support and commitment to our worthy cause, SCS invited corporate volunteers, individual volunteers, welfare beneficiaries and support group members to the SCS Volunteer Appreciation Night themed, *Because of your thyme, we bloomed*. In floriography, thyme seeds represent courage and strength. These are two very important virtues for anyone fighting against cancer: pushing through each day and eventually winning the battle.

It was a night of fanfare with fabulous performances by the talented SCS Rehab beneficiaries who sang familiar favourites much to the crowd's delight, and an origami-folding activity symbolic of the delicate process and difficulties faced by volunteers on their journeys and the gratitude and friendships they gained.



SCS Chairman Mr Wee Leong How and SCS CEO Mr Albert Ching presented all guests with a Pot of Gratitude sprinkled with thyme seeds. As these seeds will take about 28 days to germinate, grow and bloom, the pot represents the utmost care and love that volunteers give to the SCS community as we band together to help each other blossom in spite of cancer.

## VOLUNTEER ACTIVITIES – YEAR-END FESTIVE CHEER

As part of the 2022 festivities, the SCS Festive Cheer with a Heart provided the opportunity for corporates and community groups to befriend and engage with our beneficiaries. It was heartening to see 7 corporates and organisations with a combined strength of 230 volunteers joining in to pack and distribute 350 food packs for our beneficiaries.



For more information on volunteer management, please refer to [www.singaporecancersociety.org.sg](http://www.singaporecancersociety.org.sg)



# GREATER COMMUNITY ACTION



## CAMPAIGN WITH MOVEMBER

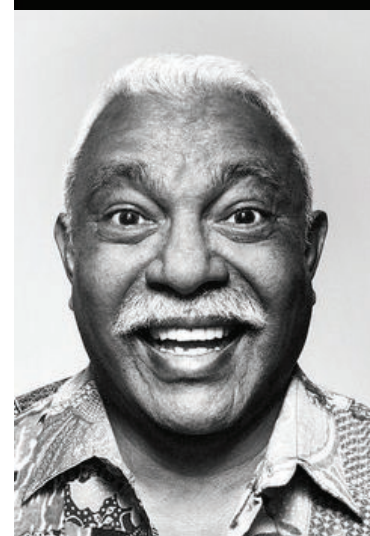
SCS joined forces with Movember, a global charity dedicated to improving men's health, to support male cancer warriors in Singapore. Through a fundraising campaign, Singaporeans formed teams and grew moustaches to raise funds, while corporates organised talks and even crafted special cocktails to increase awareness of prostate and testicular cancers. Together, we worked to raise awareness about men's health issues and support those affected by these cancers and their families.



## VOLUNTEER ACTIVITIES – MID-YEAR FUN

During the school holidays in June, we were thrilled to have Corporate volunteers from Illumina Singapore and Temasek T-Touch House of Grace organise a day of fun for children under the SCS Help the Children

and Youth Programme (HCYP). As a result, the children and their families had the opportunity to visit S.E.A. Aquarium, one of the world's largest aquariums, and River Wonders, Asia's first and only river-themed wildlife park. These were the first in-person school holiday outings following the relaxation of Singapore's safe management measures. We would also like to thank Guardant Health AMEA for organising a trip to Gardens by the Bay, followed by a buffet lunch for our cancer warriors and support group members.





## SINGAPORE GIVING WEEK 2022

SG Cares Giving Week is a key initiative of the national SG Cares movement held annually from 1 to 7 December to celebrate the spirit of giving and make giving part of our way of life. SCS marks this week with connections for different communities to benefit our cancer community. We galvanise the communities with the theme *Give Life, Give Cheer, Give SCS*. Our deepest appreciation to our volunteers, partners and supporters, including City Sprouts, Design Orchard, Enterprising Mums United, Marina Bay Alliance, Metro, Ng Teck Fong Hospital, Illumina Singapore, and T Cartel.

### SCS Giving Week x City Sprouts

With the aim of providing better quality food to our cancer patients, SCS teamed up with City Sprouts for the Singapore Giving Week 2022 from December 1 to 7. We encouraged the public to do a simple act of kindness: Purchase Christmas Gift Bags containing locally farmed fresh vegetables and a microgreen grow kit that were delivered to our beneficiaries.

With each gift bag, our beneficiaries can enjoy healthy meals with fresh greens and partake in the simple joy of gardening by growing their own highly nutritious sprouts.



### Art meets #GivingWeekSG

During Giving Week, art lovers can purchase beautiful Christmas gift bags designed by a cancer survivor, Ms Rosy Tan, from the SCS OpenHeART Art Therapy programme. These bags share our artists' messages of love, joy and peace with the world for the festive occasion. "I want to send my love to the world during this festive season. Today, I am able to smile because somebody has helped me smile through their love for me," said Rosy.



**MY DESIGN IS IN THE FORM OF A HEART WHICH ENCOMPASS A CHRISTMAS VILLAGE, AND IT CONTAINS 3 VERY IMPORTANT WORDS: LOVE, JOY AND PEACE. I WANT TO SEND MY LOVE TO THE WORLD DURING THIS FESTIVE SEASON. TODAY, I AM ABLE TO SMILE BECAUSE SOMEBODY HAS HELPED ME SMILE THROUGH THEIR LOVE FOR ME.**

Rosy Tan

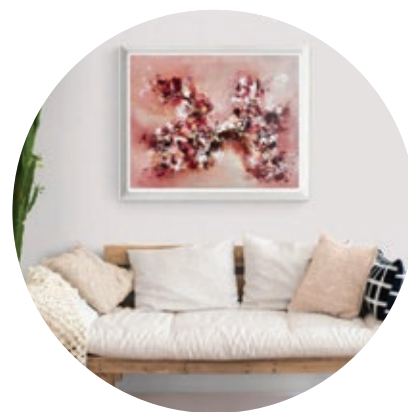


### Join B.E.A.C.O.N.

SCS took to various social media platforms to encourage people to give their talent to the cancer community as an advocate by joining our B.E.A.C.O.N Programme. Through that programme, they can equip themselves with knowledge and resources on basic cancer care knowledge to become a cancer-informed advocate!

### Thank You to Charity Ambassador Ms Julia Joes

Self-taught artist Ms Julia Joes created 'A Touch of he'Art' to raise funds for SCS throughout the month of November 2022. Her goal was to empower our beneficiaries by providing them with the financial means necessary to receive proper care and to raise awareness about cancer to promote early detection. Through the sale of her artworks and cash donations, a total of \$6,388 was raised.



# CORPORATE GOVERNANCE

## OPERATING PRINCIPLES & GOVERNANCE POLICIES

The Society adheres to the principles and guidelines of the Code of Governance for Charities and Institutions of a Public Character (Revised 2017) ("Code of Governance"), the Charities Act, and regulations as governed by the Charity Council. For the year in review, SCS continued firm commitment to the governance and sustainability of the Society's mission.

## GOVERNANCE: THE COUNCIL & MANAGEMENT

The Society is governed by a Council of up to 12 elected members, all of whom are volunteers with no business relations with SCS. They are elected at the Annual General Meeting (AGM), based on their knowledge, skills, expertise, experience and ability to contribute to the development of the Society.

After the AGM, the new Council will elect the office-bearers for a one-year period. Council members will hold office for a term of two years. They are nominated by the SCS Nomination Committee in a formal and transparent process, based on the strength of their personal and professional calibre to contribute to the strategic oversight of the Society. The Council and Management of SCS firmly believe that a genuine commitment to good corporate governance is essential to the sustainability of the Society's mission to support the cancer community and are collectively responsible in ensuring compliance with the Code of Governance and all relevant laws and regulations.

## COUNCIL ROLES & COMPOSITION

The Council Members' Roles:

- Determine the mission and steer organisation towards it
- Guide and ensure effective strategic organisational planning

- Determine, monitor and strengthen the organisation's programmes and services
- Ensure adequate financial and human resources (Resource Mobilisation)

There are Committees that support the Council in overseeing key areas of accountability, comprising Governance, Advisory & Resource, Administrative & Events, Campaigns and Support Groups. All Committees have Terms of Reference that are approved by the Council. Council members also sit in the Committees to provide oversight. Members of the Committees are carefully selected to ensure diverse expertise, equitable responsibilities, and expert contributions to decision-making in respective management areas. All Committees maintain records of all proceedings, and copies of resolutions passed by such committees, be it at meetings or by resolutions in writing, are provided to the Council.

## THE SCS GOVERNANCE AND ADVISORY & RESOURCES COMMITTEES ARE AS FOLLOWS:

<b>Audit Committee</b>	<b>Finance Committee</b>	<b>Investment Committee</b>
<b>Human Resource Committee</b>	<b>Nominations Committee</b>	<b>Tender Committee</b>
<b>Medical Professional and Audit Committee</b>	<b>Cancer Rehabilitation Management Committee</b>	<b>Digital and Technology Committee</b>
<b>Cancer Research Panel</b>	<b>Welfare Committee</b>	<b>Community Health Committee</b>
<b>Community Partnership Committee</b>	<b>Cancer Treatment Fund Committee</b>	<b>Cancer Treatment Fund Sub-Committee (for blood cancer types)</b>
<b>Facilities &amp; Relocation Committee</b>		

The roles of the SCS Committees and Terms of Reference can be found at the Portal website <https://www.singaporecancersociety.org.sg/about/corporate-information/corporate-governance.html>

Full list of Administrative & Event Committees and Advisory Panels can be found at the Portal website <https://www.singaporecancersociety.org.sg/about/about-scs/sub-committees.html>

## THE ORGANISATION LEADERSHIP

The Chief Executive Officer is accountable to the Council for the conduct, coordination and quality of all of the Society's programmes and services. He is assisted by the Management Team.

## WHISTLE BLOWING

A Whistle Blowing Policy is in place to drive governance and a systemic flow of information across the organisation. The Management nurtures a strong culture of integrity by ensuring there are accessible feedback channels for all employees and members of the public to the Audit Committee.

### Concerns may be raised with information provided to:

Private & Confidential  
For the Attention of Audit Committee Chairman

Singapore Cancer Society  
30 Hospital Boulevard #16-02/03  
Singapore 168583  
Email Address: audit\_committee@singaporecancersociety.org.sg

All cases reported will be objectively investigated and appropriate follow-up action will be taken accordingly. Depending on the nature of the concern raised or information provided, the investigation will be conducted, involving one or more of the following individuals or entities:

- The Audit Committee
- The External Auditor, and/or
- The Police or Commercial Affairs Department

When the investigation is completed, the investigating officer(s) will report the findings to the Audit Committee for its necessary action.

## CONFLICT OF INTEREST POLICY

Members of the Council and employees are required in their respective capacities to act at all times

in the best interest of the society. All Council members and employees of SCS are required to read and understand the conflict of interest policy in place and make full disclosure of any interests, relationships, and holdings that could potentially result in a conflict of interest. All Council members are required to declare conflict of interest to the Society at the start of the term, annually, or as soon as such conflict or the possibility of such conflict arises. All employees are required to declare conflict of interest at the point of hire and annually. When a conflict of interest situation arises, the member/employee shall abstain from participating in the discussion, decision-making and voting on the matter.

## RESERVES MANAGEMENT

SCS has a reserves policy of at least one time its annual operating budget to meet its operational requirements. Operating reserves exclude all building/project funds, endowment, and sinking funds. The reserve ratio as of 31 December 2022 is 2.02. Reserves are invested in Singapore dollars fixed deposits and bonds, with banks. Investments are reviewed and approved by the Council.

## FUNDRAISING PRACTICES

SCS is committed to ensuring that our fundraising practices are ethical and conducted in the most honest and transparent manner at all times in line with the Fundraising Guidelines by the Charity Council. We promote a high level of accountability for the funds raised to be used for the specific programmes and services communicated to donors. Different communication platforms and

channels are set up for donors to provide feedback to our Society. We also uphold the highest standards to protect donors' information and confidentiality through stringent processes and compliance with the Personal Data Protection Act of Singapore.

## AUDIT AND LEGAL

Internal Auditor, BDO Advisory Pte. Ltd., works closely with the Audit Committee and the Management to systematically assess the internal controls of the Society. Reviews are conducted regularly based on agreed upon scope. Processes are reviewed on rotational basis across the years. SCS statutory auditor is RSM Chio Lim LLP, and legal support is provided by RHTLaw Asia.

## DISCLOSURE AND TRANSPARENCY

The Council members adhere to regular evaluation of its performance and effectiveness and ensure compliance with requirements in the Code of Governance. The Society makes available to its stakeholders an annual report that includes information on its corporate governance, programmes, activities, services, audited financial statements, Council members and Management. The annual report is also published online via the Society's website. For the financial year, Council members did not receive any remuneration in their capacity as members of the Council. No staff are involved in setting their own remuneration. The remuneration of the three highest paid employees is disclosed in the bands of \$100,000 as follows:

Remuneration Bands	2022 Number of Executives	2021 Number of Executives
\$300,000 to \$399,999	1	1
\$200,000 to \$299,999	2	2
\$100,000 to \$199,999	0	0

Note:  
The three highest paid employees do not serve in the Council.



# CORPORATE GOVERNANCE

## PUBLIC IMAGE

The Society publishes information relating to its programmes, events and activities through various platforms that include its website, social media, newsletters, marketing brochures and other collaterals.

A summary of the media coverage on the Society is incorporated into the monthly report that is submitted to the Management and Council.

## ENTERPRISE RISK MANAGEMENT

As part of its risk management process, the Society reviews and updates the Management, Council and the risk register periodically. Process owners review their processes, assess the adequacy of controls and put in place mitigating controls where applicable. Key risks will be discussed in Management meetings as part of awareness and updates provided to the Council.

## PERSONAL DATA PROTECTION ACT (PDPA)

The PDPA establishes a data protection law that comprises various rules governing the collection, use, disclosure and care of personal data. SCS recognises the rights of individuals to protect their personal data, including rights of access and correction. SCS has implemented policies and processes reviewed to ensure compliance and data integrity is not compromised. All employees are required to undergo PDPA training and additional security arrangements have been adopted to prevent unauthorised access, collection, use, disclosure, copying, modification or disposal of personal data.

## REMUNERATION OF COUNCIL MEMBERS AND RELATED PARTY TRANSACTIONS

There is no claim by the Council members for services provided to

the Society, either by reimbursing them or by providing them with an allowance or by direct payment to a third party. In accordance with the Code of Governance, the Council members, or people connected with them, do not have any transactions, relationships, or can significantly influence or is significantly influenced by another party.

## COUNCIL MEETING ATTENDANCE RECORD

### For the period 1 April 2022 to 31 March 2023

Meetings are held on a monthly basis to review the results and performance of the Society and its plans and programmes. To facilitate meaningful participation, all Council meetings are planned and scheduled well in advance, and materials are circulated to members of the Council at least one week prior to meeting dates.

## FOR THE PERIOD 1 APRIL 2022 TO 31 MARCH 2023

Name	Attendance of Council
Mr Wee Leong How	11 out of 12 meetings
Assoc Prof Ravindran Kanesvaran	10 out of 12 meetings
Mr Lee Meng Tat	12 out of 12 meetings
Ms Koh Hui Hwa	8 out of 12 meetings
Mr Choo Swee Cher	10 out of 12 meetings
Mr Pek Tiong Boon	9 out of 12 meetings
Dr Ang Peng Tiam	8 out of 12 meetings
Mr Kelvyn Oo	11 out of 12 meetings
Ms Ku Xian Hong	9 out of 12 meetings
Dr Lim Siew Eng	8 out of 12 meetings
Mr Yeo Chuen Eng	9 out of 12 meetings
Mr Kenny Rebeira	10 out of 12 meetings
Mr Aw Boon Tiong	7 out of 12 meetings
Mr Wong Yu Han	9 out of 12 meetings
Ms Dilys Boey	9 out of 12 meetings
Dr Choo Su Pin	10 out of 12 meetings

# GOVERNANCE EVALUATION CHECKLIST

S/N	Code Guideline	Code ID	Response
<b>Board Governance</b>			
1	<b>Induction and orientation</b> are provided to incoming governing board members upon joining the Board.	1.1.2	Complied
	<b>Are there governing board members holding staff<sup>1</sup> appointments? (skip items 2 and 3 if “No”)</b>		No
2	Staff does <b>not chair</b> the Board and does <b>not comprise more than one third</b> of the Board.	1.1.3	
3	There are written job descriptions for the staff’s executive functions and operational duties, which are distinct from the staff’s Board role.	1.1.5	
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) <b>can only serve a maximum of 4 consecutive years.</b>	1.1.7	Complied
5	All governing board members must submit themselves for <b>re-nomination and re-appointment</b> , at least once every 3 years.	1.1.8	Complied
6	The Board conducts <b>self evaluation</b> to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	<b>Is there any governing board member who has served for more than 10 consecutive years? (skip item 7 if “No”)</b>		Yes
7	The charity discloses in its annual report the <b>reasons for retaining the governing board member who has served for more than 10 consecutive years.</b>	1.1.13	Complied
8	There are <b>documented terms of reference</b> for the Board and each of its committees.	1.2.1	Complied
<b>Conflict of Interest</b>			
9	There are documented procedures for governing board members and staff to declare actual or potential <b>conflicts of interest</b> to the Board at the earliest opportunity.	2.1	Complied
10	Governing board members <b>do not vote or participate</b> in decision making on matters where they have a conflict of interest.	2.4	Complied
<b>Strategic Planning</b>			
11	The Board <b>periodically reviews and approves the strategic plan</b> for the charity to ensure that the charity’s activities are in line with the charity’s objectives.	3.2.2	Complied
12	There is a documented plan to <b>develop the capacity and capability</b> of the charity and the Board monitors the progress of the plan.	3.2.4	Complied
<b>Human Resource and Volunteer<sup>2</sup> Management</b>			
13	The Board approves <b>documented human resource policies</b> for staff.	5.1	Complied
14	There is a <b>documented Code of Conduct</b> for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied
15	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied
	<b>Are there volunteers serving in the charity? (skip item 16 if “No”)</b>		Yes
16	There are <b>volunteer management policies</b> in place for volunteers.	5.7	Complied
<b>Financial Management and Internal Controls</b>			
17	There is a documented policy to seek the Board’s approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity’s core charitable programmes.	6.1.1	Complied
18	The Board ensures that <b>internal controls for financial matters</b> in key areas are in place with <b>documented procedures.</b>	6.1.2	Complied
19	The Board ensures that reviews on the charity’s internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied

# GOVERNANCE EVALUATION CHECKLIST

S/N	Code Guideline	Code ID	Response
20	The Board ensures that there is a process to <b>identify, and regularly monitor and review</b> the charity's <b>key risks</b> .	6.1.4	Complied
21	The Board approves an <b>annual budget</b> for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied
	<b>Does the charity invest its reserves (e.g. in fixed deposits)? (skip item 22 if "No")</b>		Yes
22	The charity has a <b>documented investment policy</b> approved by the Board.	6.4.3	Complied
<b>Fundraising Practices</b>			
	<b>Did the charity receive cash donations (solicited or unsolicited) during the financial year? (skip item 23 if "No")</b>		Yes
23	All collections received (solicited or unsolicited) are <b>properly accounted for</b> and <b>promptly deposited</b> by the charity.	7.2.2	Complied
	<b>Did the charity receive donations in kind during the financial year? (skip item 24 if "No")</b>		Yes
24	All donations in kind received are <b>properly recorded</b> and <b>accounted for</b> by the charity.	7.2.3	Complied
<b>Disclosure and Transparency</b>			
25	The charity discloses in its annual report: (a) the number of Board meetings in the financial year; and (b) the attendance of every governing board member at those meetings.	8.2	Complied
	<b>Are governing board members remunerated for their services to the Board? (skip items 26 and 27 if "No")</b>		No
26	<b>No</b> governing board member is involved in setting his own remuneration.	2.2	
27	The charity discloses that no governing board member is remunerated.	8.3	
	<b>Does the charity employ paid staff? (skip items 28, 29 and 30 if "No")</b>		
28	No staff is involved in setting his own remuneration.	2.2	Yes
29	The charity discloses in its annual report: (a) the total annual remuneration for <b>each of its 3 highest paid staff</b> who each has received remuneration (including remuneration received from the charity's subsidiaries) <b>exceeding \$100,000</b> during the financial year; and (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000.	8.4	Complied
30	The charity discloses that there is no paid staff, being a close member of the family <sup>3</sup> belonging to the Executive Head <sup>4</sup> or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.	8.5	Complied
<b>Public Image</b>			
31	The charity has a <b>documented communication policy</b> on the release of information about the charity and its activities across all media platforms.	9.2	Complied

## Notes:

- 1 Staff: Paid or unpaid individual who is involved in the day to day operations of the charity, e.g. an Executive Director or administrative personnel.
- 2 Volunteer: A person who willingly serves the charity without expectation of any remuneration.
- 3 Close member of the family: A family member belonging to the Executive Head or a governing board member of a charity –  
(a) who may be expected to influence the Executive Head's or governing board member's (as the case may be) dealings with the charity; or  
(b) who may be influenced by the Executive Head or governing board member (as the case may be) in the family member's dealings with the charity.  
A close member of the family may include the following:  
(a) the child or spouse of the Executive Head or governing board member;  
(b) the stepchild of the Executive Head or governing board member;  
(c) the dependant of the Executive Head or governing board member.  
(d) the dependant of the Executive Head's or governing board member's spouse.
- 4 Executive Head: The most senior staff member in charge of the charity's staff.



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 PRUDENCE FAMILY CLINIC  
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 PULSE CLINIC PTE LTD  
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 RAFFLES MEDICAL (YEW TEE POINT)  
 RAFFLES MEDICAL @ NEX  
 RAFFLES MEDICAL @ RIVERVALE MALL  
 RAFFLES MEDICAL CAPTASKEY  
 RAFFLES MEDICAL CHANGI CITY POINT  
 RAFFLES MEDICAL CLEMENTI  
 RAFFLES MEDICAL GROUP SINGAPORE LAND TOWER CLINIC  
 RAFFLES MEDICAL GROUP TAMPINES 1  
 RAFFLES MEDICAL HILLION MALL  
 RAFFLES MEDICAL HOUGANG  
 RAFFLES MEDICAL JURONG EAST  
 RAFFLES MEDICAL JURONG POINT  
 RAFFLES MEDICAL LOT 1  
 RAFFLES MEDICAL TOA PAYOH  
 RAFFLES MEDICAL WHITESANDS  
 REDWOOD@TPY CLINIC & SURGERY PTE LTD  
 RUBY MEDICAL CENTRE PTE LTD

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 SHENTON CLINIC  
 SILVER CROSS MEDICAL (BUKIT TIMAH)  
 SILVER CROSS MEDICAL (HOLLAND)  
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 SILVER CROSS MEDICAL (YISHUN)  
 STERLING FAMILY CLINIC  
 SUNCARE MEDICAL CLINIC (SENGKANG WEST)  
 T MEDICAL CLINIC (CANBERRA WALK)  
 T MEDICAL CLINIC (CITY GATE)  
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 TAN MEDICAL CLINIC PTE LTD  
 TC FAMILY CLINIC PTE LTD  
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 UBI FAMILY CLINIC & SURGERY  
 UNITED HEALTH FAMILY CLINIC & SURGERY  
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 UNITED MEDICAL PRACTITIONERS (BLOCK 201B)  
 VICTORIA MEDICAL HOUSE  
 VIVA MEDICAL CLINIC (BLK 450A TAMPINES)  
 VIVA MEDICAL GROUP (BLK 519A TAMPINES)  
 VIVA MEDICAL GROUP (CANBERRA PLAZA)  
 VIVA MEDICAL GROUP (WESTSIDE)  
 WEST COAST CLINIC & SURGERY (CLEMENTI WEST) PTE LTD  
 WOODLANDS CLINIC  
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 YAO MEDICAL CLINIC  
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 DIAGNOSTIC RADIOLOGY AT SINGHEALTH POLYCLINICS  
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 LUMA WOMEN'S IMAGING CENTRE  
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 RAFFLES DIAGNOSTICA  
 RAFFLES EAST HOSPITAL  
 SAFA COMMHEALTH  
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 SINGHEALTH POLYCLINICS  
 STARMED SPECIALIST CENTRE  
 TAN TOCK SENG HOSPITAL  
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#### FIT50 SCREENING PARTNERS

EU YAN SANG  
 GUARDIAN HEALTH AND BEAUTY  
 SINGHEALTH POLYCLINICS  
 UNITY FAMILY MEDICINE CLINIC  
 WATSON'S SINGAPORE

#### SCREENING PARTNERS

ALJUNIED X-RAY CENTRE  
 ARDENNES HEALTH  
 BOSTON IMAGING (RADIOLOGY) AND  
 DIAGNOSTIC PTE LTD

Thank you to all our Committee Members, volunteers, donors, partners and supporters for your invaluable contribution towards SCS. It warms our hearts that you, too, believe that no one fights cancer alone. Your unwavering dedication and commitment to our cause help minimize cancer and maximize lives for our warriors, survivors and caregivers.

Once again, thank you for everything.

To see the lists of volunteers involved in various SCS committees and all our supporters, please visit [www.singaporecancersociety.org.sg](http://www.singaporecancersociety.org.sg).



# LOCATE US

## **SINGAPORE CANCER SOCIETY (SCS) MAIN OFFICE**

30 Hospital Boulevard, #16-02  
Singapore 168583  
Tel: 1800-727-3333  
Fax: 6221 9575

**Opening hours:**  
Monday to Friday, 8.30am to 6.00pm

### **Services**

- Cancer rehabilitation centre
- Corporate services
- Community engagement/partnership
- Donations/Fundraising

## **SCS CLINIC @ BISHAN**

9 Bishan Place, Junction 8 Office Tower, #06-05  
Singapore 579837  
Tel: 1800-727-3333  
Fax: 6499 9140

**Opening hours:**  
Monday to Friday, 8.30am to 6.00pm  
Saturday, 8.30am to 4.00pm

### **Services**

- Cancer screening services
- Cancer support services
- Psychosocial services
- Welfare services

## **SCS SATELLITE OFFICE**

### **National University Cancer Institute, Singapore Singapore National University Hospital**

Medical Centre 1, Level 9, Unit D2,  
Lower Kent Ridge Road  
Singapore 119074  
Tel: 6772 5463  
Fax: 6268 5917

**Opening hours:**  
Monday to Friday, 9.30am to 5.00pm

## SCAN TO DONATE

Scan the QR code using bank app to donate to Singapore Cancer Society. All proceeds will be channeled to support programmes and services conducted by Singapore Cancer Society.



## SINGAPORE CANCER SOCIETY

**UEN / IPC Number:** S65SS0033F

**Banker:** DBS Bank Ltd

**Statutory Auditor:** RSM Chio Lim LLP

**Internal Auditor:** BDO Advisory Pte. Ltd.

**Legal Firm:** RHTLaw Asia

**Honorary Legal Counsel:** Mr Ang I-Ming and Mr Kelvyn Oo

**Registered Address:** 30 Hospital Boulevard, #16-02 NCCS Building, Singapore 168583

**Hotline:** 1800-727-3333

**Email:** [enquiry@singaporecancersociety.org.sg](mailto:enquiry@singaporecancersociety.org.sg)

**Website:** <https://www.singaporecancersociety.org.sg/>



## **SINGAPORE CANCER SOCIETY**

[enquiry@singaporecancersociety.org.sg](mailto:enquiry@singaporecancersociety.org.sg)

[www.singaporecancersociety.org.sg](http://www.singaporecancersociety.org.sg)

1800-SCS(727)-3333

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