

Stepping Up

THE FIGHT AGAINST CANCER





SCAN TO DONATE

Scan QR code using bank app to donate to Singapore Cancer Society. All proceeds will be channelled to support programmes and services conducted by Singapore Cancer Society.



SINGAPORE CANCER SOCIETY

Singapore Cancer Society (SCS) was established in 1964 and has been actively serving the community for more than 56 years. SCS was registered as a society in 1984 and accorded IPCs (Institutions of a Public Character) status as a charity in 1995 by the Ministry of Health (MOH). SCS is a member of the National Council of Social Service (NCSS), a founding member of the Singapore Hospice Council (SHC), and a member of the Union of International Cancer Control (UICC). Being self-funded, the Society is dependent on public donations to provide quality services to needy cancer patients, their families, and members of the public.

Charity Registration Number: 0053

UEN / IPC Number: S65SS0033F

Statutory Auditor: RSM Chio Lim LLP

Internal Auditor: Baker Tilly

Legal Firm: RHTLaw Asia

Honorary Legal Counsel: Mr Kelvyn Oo

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SINGAPORE CANCER SOCIETY

Stepping Up

THE FIGHT AGAINST CANCER

VISION

To be Singapore's leading Charity in the fight for a cancer-free community.

MISSION

To Minimise Cancer and Maximise Lives through effective programmes.

STRATEGIC THRUSTS



Reduce
Cancer Incidence



Increase
Survivor Rate



Improve
Quality of Life



Greater
Community Action

CORE VALUES



CHAIRMAN AND CEO MESSAGE



SCS has been spearheading the fight against cancer for the past 56 years and is progressing to build a stronger network across the island to serve the community at large. Collaborating with partners, SCS intensifies its cancer prevention efforts, and provides valuable cancer services and programmes.

Mr Wee Leong How, Chairman *(left)*
Mr Albert Ching, Chief Executive Officer *(right)*



2020 had been a challenging year for everyone, with the spread of COVID-19 disrupting businesses and lives all over the world. While as a nation we stay united to fight the COVID-19 situation, here at Singapore Cancer Society (SCS), we continued to rally hope and support to improve the lives of the cancer community by dedicating resources to minimise the impact of cancer and maximise lives through a holistic care system, which is built on effective programmes and services.

Amidst the pandemic, while many were staying safe at home, there was a large group of vulnerable individuals who were battling cancer and their lives were even more affected due to the many restrictions that made it even more challenging for them to seek cancer support and care.

With rising cancer incidence and more cancer survivors in Singapore, it is imperative for SCS to leverage on technology and bridge the gap to the community so that no one gets left behind. SCS stepped up and turned challenges into new areas

of strength to ensure that timely care services are provided to those impacted by cancer.

The need for social distancing has significantly impacted cancer prevention and control work (i.e screening, outreach, etc), and overall support for cancer patients in the community. To bridge the gap, SCS launched 3 digital platforms – SCS AI Chatbot, SCS FIT Portal and SCS Telesupport Portal as part of efforts to meet the rising demand for quick and safe assistance on cancer related matters.

While the AI Chatbot and FIT Portal addresses the need for timely and accurate information, and screening services for cancer, the Telesupport Portal provides a platform for the cancer community to get the support needed even in times of isolation. These platforms ensure that SCS continues to 'Serve More and Serve Better' by conducting various activities in a convenient and safe way.

It is especially difficult for cancer patients from the lower to middle-income families, who struggle financially to make ends meet in the midst of job losses and business closures, as well as physically with the treatment of the disease. SCS ramped up efforts to provide timely welfare support to needy cancer patients. SCS also continued transporting beneficiaries to and from the hospitals for medical appointments.

One of the main concerns of parents diagnosed with cancer, is often the impact of cancer on their children, and their performance in school. During the Circuit Breaker period, SCS continued to provide a pillar of support for their academic pursuits and emotional well-being. Following the announcement of full home-based learning, SCS loaned desktops to children and youths from low-income families impacted by cancer. This enabled them to continue learning online.

SCS is committed to ensure that our beneficiaries continue to receive the much-needed help to cope better in their fight against cancer. As a charity organisation whose work involves helping cancer patients, our team of doctors and nurses persevered to provide essential hospice care during the Circuit Breaker period. Our support group members had online meetings and SCS' rehabilitation patients were engaged through teleconsultation. Social workers and counsellors provided tele-counselling for those with issues arising from the impact of cancer.

Every year, SCS needs to raise at least \$20 million to drive programmes and services, and create new initiatives to continue improving the lives of the cancer community. In 2020, COVID-19 significantly impacted our fundraising efforts to raise the adequate resources needed to support the existing programmes and services that serve our beneficiaries. SCS adopted alternative creative fundraising efforts by going virtual which helped gather some funds.

SCS staged online virtual shows to raise cancer awareness and funds by rallying the support of local celebrities like Kumar for a Virtual Birthday Bash fundraising drive, and Wang Lei, Jack Neo, Liu Ling Ling, Angie Lau and Anderene Choo for the SCS Online Getai Charity Night. Our two signature events, Singapore Cancer Society-TalkMed Relay for Life and Singtel-Singapore Cancer Society Race Against Cancer, were held virtually due to the safe distancing measures. The funds raised from all such activities goes towards supporting the programmes and services that benefit the cancer community.

Since we began in 1964, annually, over 100,000 individuals have benefited from our outreach and support. SCS strives to minimise cancer and maximise lives by journeying with cancer patients at every stage of the cancer journey, providing a continuum of holistic care and support system. The Society provides a comprehensive range of assistance – SCS Financial Assistance, SCS Assistance for Children and Youth, SCS Cancer Rehabilitation Services, Counselling Services, SCS Support Groups, SCS Patient Ambassador Programme and SCS Enrichment Programmes.

As a charity, we are dependent on the community at large for our work to support the cancer community. Several organisations like Boehringer Ingelheim have donated their Jobs Support Scheme wage subsidies to SCS, while others, like San Wang Wu Ti Religious Society, sponsored a van to ferry needy cancer patients between their homes and hospitals for treatments. Luye Medical Group, donated 10,000 surgical masks to our beneficiaries, especially to those from the low-income families.

We would like to express our gratitude to everyone for your contributions to SCS. Your support will empower SCS to give hope and strength to our beneficiaries and the cancer community in the fight against cancer.

SCS has been spearheading the fight against cancer for the past 56 years and is progressing to build a stronger network across the island to serve the community at large. Collaborating with partners, SCS intensifies its cancer prevention efforts, and provides valuable cancer services and programmes.

Moving forward, SCS will be co-locating with the National Cancer Centre Singapore at their new premises to provide a seamless experience for cancer patients and families to access the various SCS cancer support teams and all services under one roof.

With four strategic thrusts guiding our efforts to reduce cancer incidence, increase cancer survivorship, improve quality of lives, and galvanise the community to come together, the Society affirms that with everyone's support, no one needs to fight cancer alone. Living in the age of digital transformation, SCS will continue to evolve and adapt to provide innovative solutions to address the needs of the public and most importantly, to improve a cancer patient's journey.

HIGHLIGHTS

Amidst the COVID-19 pandemic situation, 2020 witnessed a drop in individuals seeking screening and face-to-face cancer support services. However, SCS brought many services to the cancer community through various digital initiatives such as the AI Chatbot, FIT portal, Telesupport portal, and Tele-counselling. SCS identified technology-based interventions that were designed to mitigate the challenges of cancer patients and caregivers. During this period, there was an upward trend of individuals seeking emotional support and psychosocial services to improve their quality of life. SCS managed to provide 1,983 psychosocial sessions to the beneficiaries in 2020. This is a 12.7% increase as compared to 2019. Embracing the new state of normalcy, SCS will continue to extend and expand our reach to the community.

Programmes and Services	2020	2019
Financial Care Services and Welfare Support	1,952	2,171
Rehabilitation Support	215	225
Hospice Care Services	535	465
Psychosocial Support Services	357	308
Cancer Support Services (i.e. Support group members)	1,523	1,479

Table above comprises beneficiaries who benefited from SCS' programmes and services.

Screening for Colorectal Cancer (FIT) <i>(based on participants screened)</i>	53,372 [^]	68,623 [*]
Pap Test / HPV Test (Introduced in Aug'19)	2,758	7,662 [*]
Mammogram	17,870 [^]	25,503 [*]
Total number of individuals screened	71,253[^]	101,788[*]

[^] Interim numbers due to time-lag from various programmes. Campaign screening numbers are retrieved from SCS clinic and collaborated programmes such as Breast Cancer Campaign (BCAM), and Community Mammobus Programme (CMP).

^{*} Updated numbers due to time-lag from various programmes and campaigns (i.e FIT50 and BCAM)

Note: Unique count of patients within each services and/ or programme presented

OVERCOMING CHALLENGES AMIDST COVID-19

SCS' key focus has always been on the continual service and support rendered to the cancer community. The SCS Business Continuity Plan (BCP) ensures long term sustainability of our funding, reserves, development, and delivery of services and programmes in our commitment to maximise life and minimise the impact of cancer in the community.

The BCP Taskforce was activated to strategise and manage the COVID-19 pandemic situation promptly. The team ensured that they were kept abreast of the latest developments and advisories. SCS responded robustly and adopted ways to maintain business continuity.

PRIORITISING SAFETY AND CONTINUOUS ENGAGEMENT

In alignment with the government's guidelines, work safety measures were enhanced with the introduction of the Safe Entry system, visitor travel and health declaration, provision of ample personal protective equipment, etc. SCS maintained a clean and hygienic work environment at all times.

SCS ensured that our beneficiaries continue to receive the much needed help, in their fight against cancer. As a charity organisation whose work involves helping cancer patients, our team of doctors and nurses continued to provide essential hospice care during the difficult period and needy patients were still able to apply for welfare support to ensure that they get timely treatment without delay.

SCS continued transporting beneficiaries to and from the hospitals for medical appointments. Members of the SCS Support Groups were engaged via online meetings. The SCS Cancer Rehabilitation team provided teleconsultations to the clients. Social workers and counsellors provided tele-counselling for those with issues arising from the impact of cancer. Home tuition programmes for children and youths whose families had been impacted by cancer were conducted virtually.

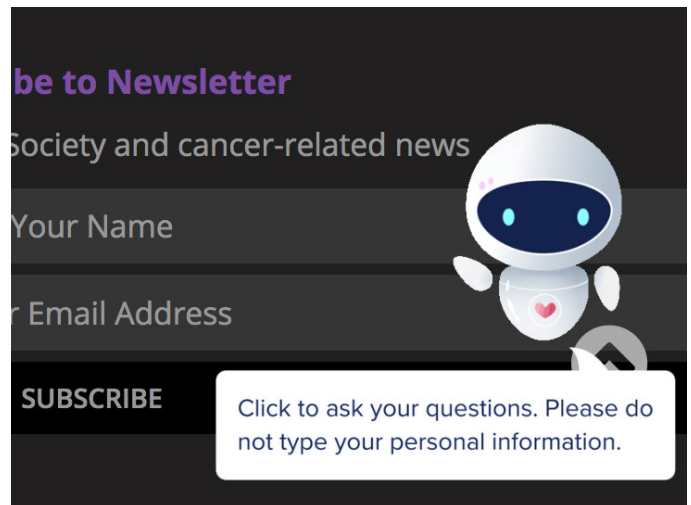
BRIDGING THE GAP

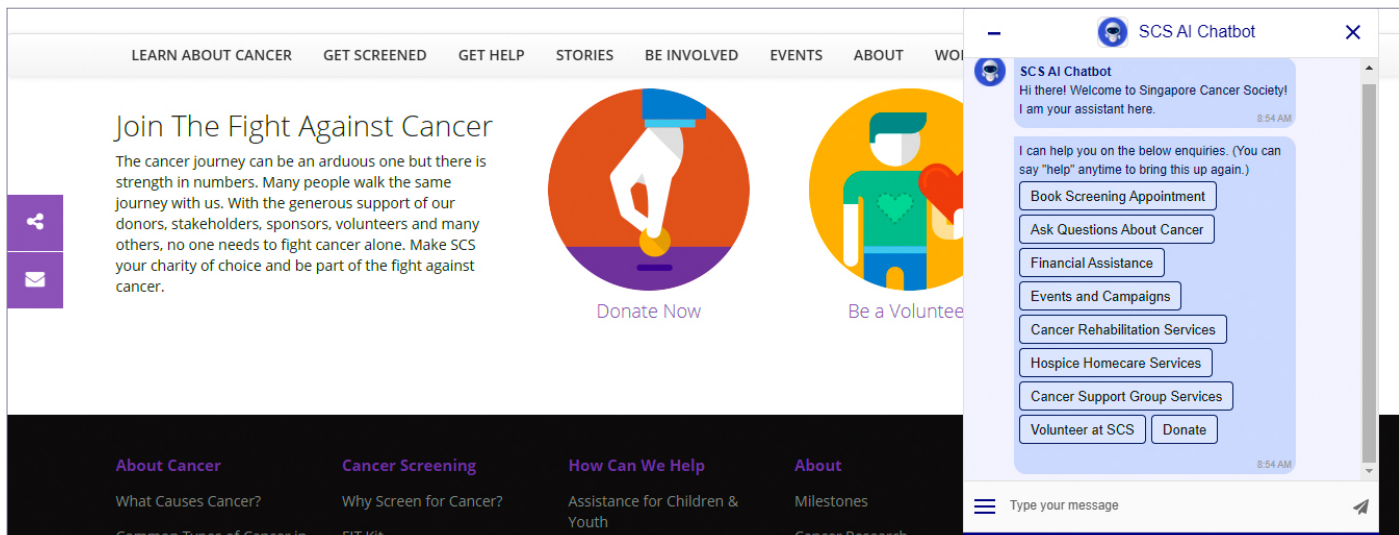
SCS leveraged on technology to bridge the gap to the community so that no one gets left behind.

SCS launched 3 digital platforms – SCS Artificial Intelligence (AI) Chatbot, SCS Faecal Immunochemical Test (FIT) Portal and SCS Telesupport Portal as part of SCS' digitalisation efforts to better support the community with SCS' various programmes and services.

SCS AI Chatbot – Reducing Cancer Incidence Through Greater Access to Information and Early Intervention

In line with one of SCS' strategic thrust to reduce cancer incidence through greater awareness and education, the SCS AI Chatbot provides public, cancer patients and their families with greater access and ease to educational information and assistance on cancer. The chatbot is fully developed by OneConnect Financial Technology Co., Ltd. as part of its Corporate Social Responsibility (CSR) efforts. Supporting this project is also the National Cancer Centre Singapore (NCCS) as the Knowledge Partner for cancer-related information.





Leveraging on the AI capabilities, users are just a click away from the answers to the questions they might have on cancer. The Chatbot is also able to guide screening participants to book for cancer screening tests at the SCS Clinic @ Bishan based on a set of screening criteria. This will provide a seamless experience for all users and empower them to take greater control of their health situation.

SCS FIT Portal – Increasing Cancer Survivorship Through Early Detection

The SCS website provides the convenience for participants (Singaporeans and Permanent Residents aged 50 years or above who meet the eligibility criteria) to request for a FIT kit to be mailed to them by simply completing an online form.



SCS Telesupport Portal – Improving Quality of Lives Through Better User Experience

Timely support is critical for cancer patients. The SCS Telesupport Portal enables cancer patients to access and seek assistance at their convenience from anywhere in Singapore. This service allows cancer patients, especially those who are newly diagnosed to seek timely information and help on the wide range of SCS Assistance Schemes available. Being able to access and chat with a staff (during operating hours) face-to-face greatly reduces the anxiety and improves the experience for cancer patients and their families.

NEW STATE OF NORMALCY

SCS continues to review and progressively transform our operations to align with digital technology advancement and the government's guidelines as we prepare ourselves for the new state of normalcy in a post-Covid environment.

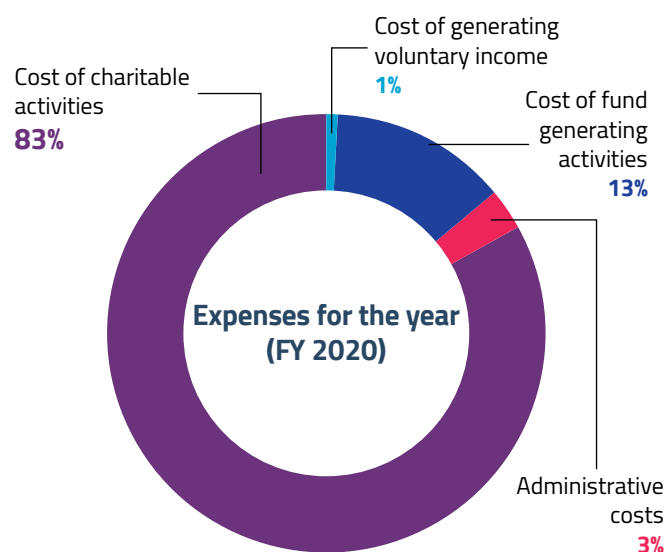
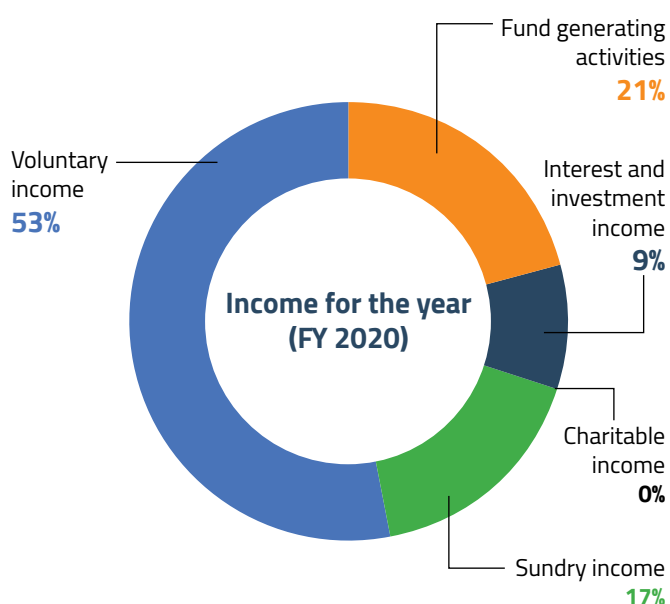
FINANCIAL OVERVIEW

	FY2020 \$'000	FY2019 \$'000
For the year ended 31 December 2020		
Voluntary income	10,618	13,344
Fund generating activities	4,088	4,572
Charitable income	-	-
Sundry income	3,305*	1,881
Interest and investment income	1,847	1,849
Total Income	19,858	21,646
Cost of generating voluntary income	169	265
Cost of funds generating activities	2,218	2,822
Cost of charitable activities	14,674	15,530
Administrative costs	589	582
Total Expenses	17,650	19,199
Surplus for the reporting year	2,208	2,447

* Includes Job Support Scheme funding of \$1,326,548.

As at 31 December 2020

Total assets	84,173	81,161
Total liabilities	5,696	6,233
Net assets	78,477	74,928
Total unrestricted funds	75,073	71,300
Total restricted funds	3,404	3,628
Total funds	78,477	74,928





CANCER SUPPORT SERVICES

The impact of cancer on patients and their families does not stop at diagnosis or end of treatment – many are affected for as long as their lifetime. As such, programmes catered specifically for new patients, survivors and their family members by SCS can help reduce the stigma, improve communication and also cope with the life-changing consequences of cancer.

Every year, SCS empowers its teams with new skills to enhance capabilities and effectively manage beneficiaries' needs. In 2020, the restrictions to group gatherings and fear of social activities affected the support group programmes, group work intervention and other community projects. Cancer survivors become increasingly fearful of the social environment and healthcare institutions as many perceived themselves as people more vulnerable to complications from COVID-19.

As such, the team built new capabilities to provide cancer support to our beneficiaries.

SCS SUPPORT GROUPS

An essential part of coping lies in finding a support system, the ability to relate to challenges and talk with individuals who understand the emotions linked with coming to grasp with the disease or adjusting to new life situations. SCS support groups offer these platforms to support cancer patients and survivors across all 5 pillars.

SCS Semicolons Support Group

This support group helps newly treated colorectal cancer patients adjust to a new quality of life. Through the support of peers, the professional advice of volunteer nurses and stoma therapists, and the talks and presentations on health-related subjects such as nutrition and exercise, patients gain confidence and are guided to independence in the care of their stomas.

SCS Reach to Recovery

This is a breast cancer support group aimed at helping women cope with life challenges. Breast cancer survivors volunteer their time to provide a listening ear and share their experiences in order to help other women achieve a full recovery – cosmetically, physically, emotionally, spiritually and psychologically.



EDUCATION

Psychoeducational talks, workshop and other learning platforms



ENGAGEMENT

Psychosocial-focused engagement and outcome



EMPOWERMENT

Training and developing volunteer leaders



ENRICHMENT

Cancer supportive recreational programmes & activities



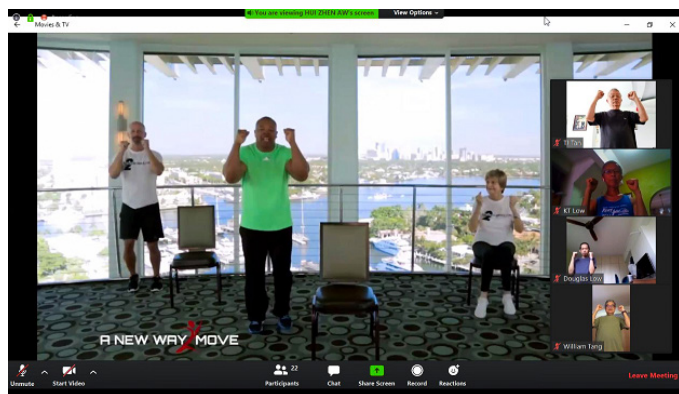
PSYCHOSOCIAL SUPPORT

Professional counselling and therapeutic support



SCS Bishana Ladies Group provided a platform for me to meet other ladies that had gone through similar experiences that I can relate to. With the psychological and emotional support received through the meetings, I was able to better cope with the changes in life caused by cancer. After some time, I wanted to support newly diagnosed patients that need help so that they don't feel alone.

Mdm Chang Purjanti
Member, SCS Bishana Ladies Group



SCS Walnut Warriors

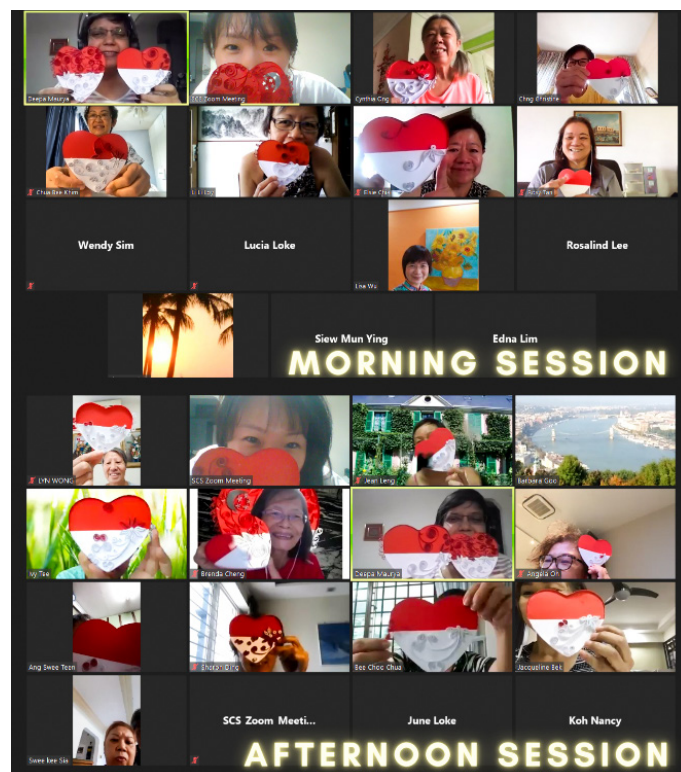
This group helps men diagnosed with prostate cancer enhance their well-being through therapeutic and enrichment programmes. Through sharing personal experiences and exchanging insights into coping with the condition, as well as recreational workshops, social events and enrichment learning sessions, members feel supported in transitioning to their new lives.

SCS New Voice Club

The New Voice Club brings together patients who have lost their voice completely following the removal of their vocal cords due to laryngeal cancer. The club teaches patients how to speak again, with or without speech devices, and renders emotional support new patients and their families in coping with a 'new voice' after surgery – an essential step in regaining the ability to communicate with others.

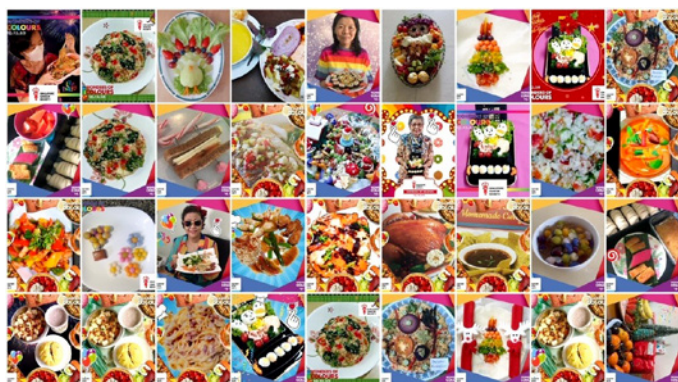
SCS Bishana Ladies Support Group

Bishana invites female survivors and cancer-diagnosed women to monthly meetings, educational talks/workshops, social and recreational activities, outings, and enrichment programmes. This support group provides a platform for these women to share their experiences and interact with each other to find psychological support and emotional solace, and learn how to cope with the changes brought about by this disease.



DIGITAL ENGAGEMENT WITH SCS SUPPORT GROUP MEMBERS

To continue the support for our beneficiaries during the COVID-19 pandemic, SCS embarked on a series of online programmes and activities. These initiatives allowed our beneficiaries to receive support and care under safe conditions in their own homes.



There are a total of
56
online facilitated sessions
and a total of
1,775
attendees

Understanding the anxieties faced by some of our senior members on going digital, SCS worked with RSVP (The Organisation of Senior Volunteers) to provide digital literacy training for all members above 50 years old. The training helped them with basic digital literacy such as communicating via chatting apps, staying safe online, transacting digitally, accessing government e-services and learning how to use emails.

Taking into consideration of the safe distancing measures and wellbeing of our beneficiaries during this period, a first large scale online annual get-together was organised on 19 December and attended by 74 members. The theme for the event was, 'Wonders of Colours'. Our members, dressed in colourful attire, enthusiastically participated in creating healthy dishes. The members also upcycled magazine pages to create vibrantly hand-made coasters.

Members from the SCS Support Group needed support and engagement, especially when faced with the challenges posed by the Circuit Breaker and other conditions due to the COVID-19 outbreak. I am glad that SCS made concerted efforts to constantly engage us via Zoom meetings. Help was also extended to those who were not so tech-savvy. The SCS team assured the members that they can reach out to them via other means if in need of help.

Ellil Mathiyan

Vice Chairperson, SCS SemiColons Support Group

Psychosocial Services

Social workers, counsellors and therapists help patients cope with the fear and strong emotions that may result from diagnosis and treatment by bridging patients, caregivers and family members to pertinent information, financial resources and therapeutic groups. Social workers and counsellors provided tele-counselling for those with issues arising from the impact of cancer.

CASEWORK & COUNSELLING

Our team of social workers and counsellors seek to help individuals and families cope with the impact of cancer, loss, and bereavement, as well as to facilitate discussion on decision-making, care plans and survivorship goals among family members and healthcare providers.

Undeterred by the COVID-19 situation, SCS managed to provide 1,983 psychosocial sessions to the beneficiaries. We are proud to achieve an overall satisfaction score of 93%. (n=101) for the services we provided.

Leveraging on e-platforms to provide continual support in response to COVID-19, educational materials were developed and disseminated to members via email. These were used as educational resources for caregiver workshops conducted for our members.

To gain further insights into the impact of COVID-19 on end stage cancer care, a 10-week pilot study was done on the impact of COVID-19 on SCS Hospice Care Services. The study provided valuable insights on the perceived advantage and challenges faced by patients, caregivers and our social workers during the phase 1 and 2 reopening period after the Circuit Breaker. Results collated from the study will examine the implication due to COVID-19 and what can be done to improve dignity outcome for palliative patient supported by social workers.

**Undeterred by the COVID-19 situation,
SCS managed to provide:**

1,983

psychosocial sessions to the beneficiaries



ART THERAPY PROGRAMME

This programme aims to facilitate emotional well-being through art, which provides an alternative form of self-expression when words are inadequate. Using images and symbols becomes a powerful tool for participants to tell their stories and express their emotions (e.g. pain, desires, sense of loss, self-image). Due to the COVID-19 situation, art therapy group sessions were suspended. In replacement, our art therapist conducted individual home-based sessions, so that the service could continue within manageable risk.

SCS ENRICHMENT PROGRAMMES

SCS enrichment programmes provide SCS Support Group members, caregivers, and volunteer-trainers, multilateral opportunities to bond and share talents and pursuits.

In 2020, there were a total of:

219

classes (online and offline)

70

courses (online and offline)

2,238

attendees



SCS CANCER REHABILITATION SERVICES

The first of its kind in Singapore, the SCS Cancer Rehabilitation Centre (CRC) provides integrated care to address the needs of cancer patients, survivors, and caregivers. This community-based rehabilitation centre largely serves non-acute cases before, during, or after their cancer treatment. The rehabilitation team works with patients and caregivers to determine rehabilitation goals and craft personalised programmes.

This community-based rehabilitation centre largely serves non-acute cases before, during, or after their cancer treatment. Our experienced clinicians (Physiotherapists, Occupational Therapists, Speech Therapists, Dietitian and Exercise Physiologist) work closely together to address some of the common cancer related symptoms or side effects from treatments. The team works with patients and caregivers to determine rehabilitation goals and craft personalised targeted programmes such as:

- Lymphedema Management
- Fatigue Management
- Managing Neuropathy
- Managing Musculoskeletal Pain
- Weight Management
- Tailored Exercise Programme
- Problem Solving Workshop
- Head and Neck Programme
- Caregiver Workshops
- Return to Work Programme
- Home Hospice Care

Amidst the COVID-19 situation SCS ensures that beneficiaries from CRC continue to receive the much needed help, in their fight against cancer.

REHABILITATION AMIDST COVID-19

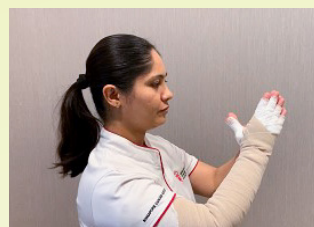
The COVID-19 situation had an impact on cancer survivors who were receiving active treatment, completed treatment or in remission. Cancer patients are among those at high risk of serious illnesses from an infection because of the compromised immune systems due to treatment. Cancer patients and their caregivers had to take precautionary measures to lower their risk of getting COVID-19.

As a result of their cancer diagnosis and treatment, cancer survivors may experience high levels of physical and emotional challenges lowering their quality of life and adversely impacting the lives of their families as well. The experience of COVID-19 may further trigger anxiety and distress, affecting cancer survivors physically, socially, emotionally and financially.

ADAPTING TO THE 'NEW NORMAL' OF OPERATION UNDER COVID-19 MEASURES

SCS Cancer Rehabilitation Centre explored innovative approaches to ensure that clinicians were able to continue providing essential rehabilitation services to the clients.

One such innovation is implementing the tele-rehabilitation service, where virtual face-to-face therapy can be done through the virtual rehabilitation consult. This is done at the comfort and safety of the client's own home.



Tele-rehabilitation relates to all aspects of cancer patients care including the patient's interview, consultation, education and monitoring along with remote delivery of home-based exercise, physiotherapy, occupational

therapy, dietetics counselling and lymphedema management. Exercise brochures and resistance bands were sent out to patients for home exercise programme.



My cancer journey has not been easy, especially in the midst of COVID-19. All I can say is 'Never Give Up Hope' or 'Fight Alone'. Rehabilitation at SCS helps and enhances my well-being. SCS plays a big role in the critical post treatment phase. I'm coping well with my existing conditions and problems through therapies and exercises. Thanks to the SCS team for assisting and guiding me through this post-treatment phase despite the pandemic.

Mdm Tan L.K
59 years old, Breast Cancer Survivor

HIGHLIGHTS AND ACHIEVEMENTS

- Development and implementing key areas of oncology rehabilitation programmes
 - a. Problem Solving Therapy led by Occupational Therapist. This helps cancer survivors to learn useful strategies to improve their coping skills and role performance.
 - b. Diet and Lymphedema Workshop to educate cancer survivors at risk of cancer-related lymphedema to identify misconceptions and empower them with meal planning knowledge.
 - c. Group Exercise Programme led by Physiotherapist for cancer survivors with chemotherapy-induced peripheral neuropathy.
- Clients are transited to an ActiveSG gym facility (located in Boon Lay, Toa Payoh, Yio Chu Kang or Bedok) upon completion of their exercise programmes in CRC. The transition allows them the opportunity to continue their exercise programme and maintain an active lifestyle. The location is usually nearer to home, and allows them the flexibility to exercise in the evening and over the weekends. SCS expanded its collaboration with ActiveSG with the opening of the fourth ActiveSG gym in Bedok.
- During the Circuit Breaker period, 89 clients from SCS Cancer Rehabilitation Services received resistance band packages. The package also consisted of a manual that contained images and video demonstrations of the exercises. This allowed our clients to continue their exercise at home. A one-to-one virtual training session was also conducted for some clients to ensure that the exercises were performed safely. Receiving this package helped to minimise deconditioning during the circuit breaker period.
- In-house research paper titled 'Prevalence and risk factors of adhesive capsulitis in Asian breast cancer patients undergoing an outpatient community cancer rehabilitation programme' was accepted by Archives of Physical Medicine and Rehabilitation, an international medical journal database. This research article was published on medical journal database titled, 'Archives of Physical Medicine and Rehabilitation'.
- CAREhab is a virtual collaborative platform where healthcare professionals share on advancing medical practices and developing patient-centric solutions. SCS was invited to present a poster titled 'Distress in Cancer Patients Attending Rehabilitation in the Community' during CAREhab 2020.
- Care Navigation was provided to 288 clients by our team of 2 cancer care navigators. This resulted in 431 referrals for rehabilitation services, psychosocial services and support, welfare assistance and external services such as selected aid and support groups offered at hospitals.

Number of Patients

120
New referrals

215
Clients enrolled in
Active Rehabilitation
Programmes

5
Clients enrolled in
Maintenance Rehabilitation
Programmes

31
Clients served
for Lymphedema

12
Clients transited to
ActiveSG Gyms



SCS FINANCIAL CARE SERVICES

SCS provides a range of welfare and financial assistance to support Singaporeans and PRs from low and middle-income families. This alleviates the costs of treatment at every stage, and improve quality of lives by reducing the financial burdens through provisions of milk, diapers, medical dressing, stoma bags and other medical equipment.

The well-being of cancer patients in the community have been significantly impacted by COVID-19. It is especially difficult for cancer patients from the lower to middle-income families, who struggle financially to make ends meet in the midst of job losses and business closures, as well as physically with the treatment of the disease.

More than \$3.518m in aid was disbursed in 2020 through the following funds:

SCS CANCER TREATMENT FUND

The SCS Cancer Treatment Fund was established in 2005 to provide cancer treatment subsidies to patients experiencing financial difficulties. Patients are referred by their doctors or medical social workers from various restructured hospitals.

Since its inception, \$18.72m in aid was disbursed, and 5,526 patients assisted.

Partnering key players in the pharmaceutical industry, SCS has been able to give patients access to critical medicine through the Patient Access Programme (PAP):

- SCS-Takeda PAP on Brentuximab
- SCS-Merck PAP on Cetuximab
- SCS-MSD Enhanced PAP on Keytruda (Pembrolizumab) 200mg per treatment cycles applies only after 1st tier funding on KeytrudaPAP at restructured hospitals
- SCS-Novartis PAP on Jakavi (Ruxolitinib), Tasigna (Nilotinib), Zykadia (Ceritinib), Afinitor (Everolimus), and Kisqali (Ribociclib)

SCS WELFARE AID FUND

The Welfare Aid Fund was established in 1964 to aid cancer patients and their families with temporary financial aid and sustenance during and after treatment to mitigate the financial strain which may arise from employment, loss of income, and hefty treatment costs. This fund was later extended to include provisions such as milk, diapers, medical supplies, stoma bags and other medical equipment to patients. Welfare aid funding is accessed through medical social workers and healthcare professionals at various hospitals, hospices, and voluntary welfare organisations.

Amount disbursed

\$1,018,748

to

453

cancer patients

SCS CANCER CARE FUND

The SCS Cancer Care Fund is a one-time financial assistance scheme that aims to provide for the immediate needs of patients from low and middle-income families within the first 6 months of diagnosis.

Amount disbursed

\$1,138,500

to

1,281

cancer patients

SCS HOME-HOSPITAL TRANSPORTATION SCHEME

Travelling to and fro hospital for treatment can be daunting for many cancer patients, especially those from low-income families who may not be able to afford the cost of transport. SCS provides home-hospital transportation to and from all restructured hospitals for patients from low-income families who have medical appointments or radiotherapy/chemotherapy sessions. This eases the financial burden of cancer patients from low-income families.

SCS provides hospital transportation via private ambulances to beneficiaries who are wheelchair-bound or have mobility difficulties. With the support of a sponsor, SCS was able to purchase a new van with a hydraulic system to ferry such beneficiaries with ease.



I have to go to Tan Tock Seng Hospital for treatment 4 times a week. With SCS supporting patients like me with transportation to and from the hospital, we will be able to save a lot of time and cost.

Mr Lee Yin Gaung Abraham
SCS Home-Hospital Transportation beneficiary



SCS Driver Winson Lim sanitizing the van after each trip

137

No. of patients

2,126

No. of trips

SUPPORTING CHILDREN AND YOUTH

Children and youths with family members impacted by cancer may feel lost or helpless coping with the situation at home. Their emotional health and studies may be affected too. To assist them, an array of services such as the tuition programme, achievement awards, school allowance, youth engagement and family activities are provided to ensure that they are supported through one of the most challenging period of their lives. The holistic approach by SCS aims to strengthen their resolve to cope with the situation and focus on their priorities such as studies.

SCS EDUCATION FINANCIAL ASSISTANCE SCHEME

59

School Allowance Distributed

\$53,950

Amount Disbursed

Children and youths are impacted in many ways when their loved ones have cancer. Some may face difficulties coping with their studies while caring for their loved ones. SCS provides school allowance grants and bursaries to alleviate the financial burden of school-going children and youths whose families are impacted by cancer.

SCS HELP THE CHILDREN & YOUTH PROGRAMME

\$232,599

Disbursed

41

SCS Achievement Award Recipients

42

Students for Tuition Programme

Since 2009, SCS has set up various programmes under the Help the Children and Youth Programme (HCYP) with support from Singtel and their annual pledge of \$250,000. These programmes engage children and youths to improve their lives under the guidance of tutors who act as point of contact, providing timely feedback to parents and/or SCS caseworkers regarding the student and his/her family development as well as other concerns that might require intervention.

SCS HOME TUITION PROGRAMME



Student Justin having online tuition

One of the main concerns of parents diagnosed with cancer, is often the impact of cancer on their children, and their performance in school. To address these concerns, SCS recruits qualified tutors to provide free one-to-one home tuition services. The aim of the programme is to:

- Offer one-on-one tuition for financially needy children/ youths that are academically weak, who are either cancer-stricken themselves or have a family member with cancer, to provide a pillar of support for their academic pursuits and emotional well-being.
- To help improve their confidence and self-esteem by doing well in school, as well as alleviating the concerns and worries of their family members who are afflicted by cancer

Many students, especially those from the lower-income groups, face difficulties in acquiring adequate resources to access online learning from their homes. One of them is Justin Ow, a 13-year-old beneficiary. To help Justin and other youths cope, SCS loaned them desktops to help facilitate their online lessons. At SCS, we recognise the importance of education and have also continued our engagement with our beneficiaries' children through the virtual Home Tuition Programme, which was conducted through home-based learning on a one-to-one basis.



Thanks to SCS for loaning the desktop for my online tuition sessions. The desktop also helped me to attend lessons virtually so that I can keep up with my academics in school.

Justin

SCS Home Tuition Programme beneficiary

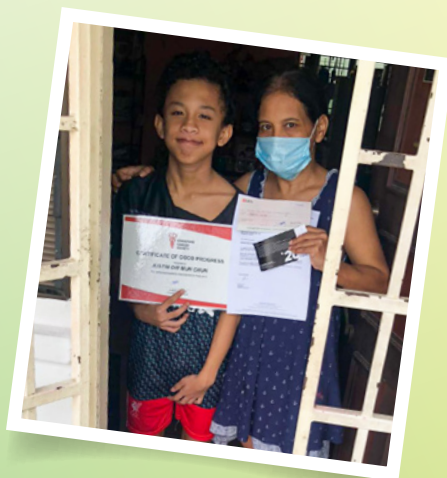
SCS ACHIEVEMENT AWARDS

The SCS Achievement Award serves to give recognition to students from the SCS Tuition Programme, and have done well or made improvements in their studies despite the impact of cancer in the family. This initiative aims to motivate them and other students in the SCS HCYP Tuition Programme to continue to work hard to pursue excellence in education.

Recipients of Achievement Awards (during the Circuit Breaker)



Mr Rapi'ee: Received grocery bag and the Achievement Awards certificate on behalf of his children



Justin and his mother: Received the Achievement Awards certificate, cheque and grocery bag



Student Yeo Shi Jun: Received the Achievement Awards certificate and cheque

SCS HOSPICE CARE SERVICES

SUPPORTING CANCER PATIENTS AT THE END OF THEIR JOURNEY

The close of a cancer patient's journey is painful, daunting and never easy. With care and compassion, the SCS Hospice Care Services team stands ready to journey with patients and their families in their final chapter. The team counts on experienced and dedicated nurses, doctors, social workers, counsellors, physiotherapists and occupational therapists, ready to provide holistic relief and quality-of-life care to terminal stage cancer patients who have chosen to remain at home and be with their loved ones in the final stages of their lives.

COVID-19 caused disruptions globally, including the provision of healthcare services. Working within the limitations imposed, SCS Hospice Care Services continued to provide holistic support to terminally ill cancer patients.

Working with cancer patients, special care such as the usage of Personal Protection Equipment (PPE), careful screening of patients and caregivers for any suspicion of COVID-19 before home visits, and video conferencing with Visiting Consultants for the purpose of shared patient care, were put in place to minimise any risk involved during the pandemic.

Despite the physical restrictions imposed during the Circuit Breaker, SCS managed to maintain important elements of hospice services, such as continuing home visits to ill patients, 24/7 phone support, ad-hoc caregiver training as needed, and loan of essential home equipment such as wheelchairs, oxygen concentrators and used hospital beds.



I am glad my late-grandmother was able to spend her last days surrounded by her loved ones. I would like to commend and thank the SCS Hospice Care Services team for providing her with quality end-of-life care.

Lynn
Caregiver of her late-grandmother



2020 STATISTICS OF SCS HOSPICE CARE

455

New Referral of Patients

169

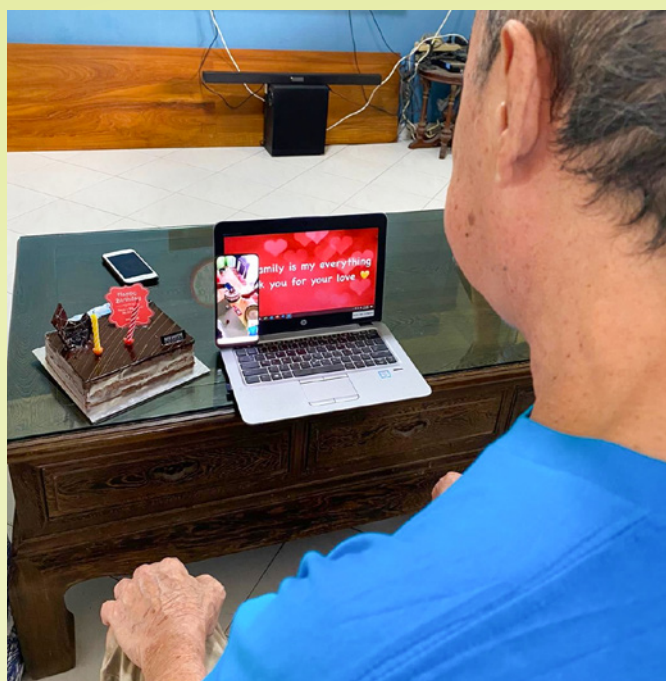
Patients Death at Home for 2019

535

Number of Patients Served

HIGHLIGHTS

SCS maintained involvement in national-level initiatives under the Singapore Hospice Council such as the Minimum Data Set (a precursor to an eventual National Palliative Registry) and the pilot Caregiver Survey (a precursor to a survey for bereaved caregivers nationwide).



Ambulance Wish (Singapore) Ltd (AWS) is the Singapore chapter of the global Ambulance Wish Foundation and has been fulfilling the wishes of terminally ill patients since 2006. AWS in partnership with SCS has granted wishes of 8 hospice patients.

One such patient is Mr T, a Singaporean, who wished for a legacy video of his memoirs including segments of his own family in Batam. Mr T, who has terminal cancer, was not able to go back to Batam during the Circuit Breaker. SCS Hospice Care Team took care of the necessary works to apply for a visa and arranged for the COVID-19 swab test. While waiting for the travel arrangements, SCS worked closely with AWS to reach out to Mr T's Batam family to get recordings of their heartfelt words to be included in his legacy video.

Home-Based Respite Care (HBRC) programme has also helped more families care for their loved ones at home till their demise, by providing trained caregivers in collaboration with a variety of community agencies. Previously known as the Interim Care Services for End-of-Life Care, this programme targets patients from needy families who wish to stay at home, providing trained caregivers to support and guide them in their final days. The admission criteria has been broadened to terminally ill patients with a life expectancy of 12 months or less, and an increase in the total number of caregiving hours provided for. Over this past one year, we have successfully enrolled 20 patients into the HBRC programme, so far enabling 86% of those who deceased while in this programme, to pass away at home.

My late sister passed on after a long and difficult battle with colorectal cancer. As a caregiver, I faced many challenges. However, with support from my family and SCS Hospice Care Services, I was able to pull through and be there for my sister when she needed me most.

Amanda Pang



For the dedication, love and courage she shown towards caring for her sister, Amanda was awarded the Inspirational Caregiver Awards, by SingHealth, which was presented by Dr Teoh Ren Shang, Senior Resident Physician, SCS Hospice Care Services



TOGETHER AGAINST CANCER

2020 saw many challenges. SCS would like to express its immense gratitude to all corporate partners, volunteers, and benefactors who walked this journey with patients and participated in making care and support available to them. The cancer journey faced by patients and their families can be arduous, but with community support, they will be able to overcome obstacles along the way. Every year, SCS needs to raise at least \$20 million to drive the programmes and services to provide a holistic support system for the cancer community. We would not have been able to achieve this without the strong support from the public.



SINGAPORE CANCER SOCIETY-TALKMED RELAY FOR LIFE 2020 (RFL)

The highlight of RFL 2020 was the virtual 100km challenge where participants had to complete the distance within 9 days individually or as a team.

Despite being at the beginning of the COVID-19 crisis, RFL 2020 saw over 1,800 individuals come together to raise cancer awareness and complete 57,434km from 21-29 March 2020.

The top three individuals and top three teams who completed the 100km within the shortest time were recognised and awarded medals.

As part of the virtual RFL, a 19-minute RFL Virtual Event video which shared the spirit of RFL (Celebrate, Remember, and Fight Back) was live-streamed on RFL Facebook on 11 April 2020. Guests-of-Honour – Mr Tharman Shanmugaratnam, Senior Minister and Coordinating Minister for Social Policies, and Mr Desmond Choo, Member of Parliament, Mayor of North East District, joined us to rally the community.

Music performances by local artistes, Narelle and Benjamin Kheng, helped to spread the message that those impacted by cancer would not be left to fight cancer alone.

40

volunteers
(non-unique count)
during the Relay
Pack Collections

377

volunteers hours

\$888,930

amount raised

5,618

participants signed up
for the physical event

1,828

participated in the
Virtual Challenge
(by logging in the portal and
submitted their relay results)

SINGTEL-SINGAPORE CANCER SOCIETY RACE AGAINST CANCER 2020 (RAC)

- 19-27 September 2020
- Virtual event, Island-wide participation

The 12th Singtel–Singapore Cancer Society Race Against Cancer (RAC) was held virtually due to COVID-19 and safe distancing measures. With 4,064 registered participants, RAC covered a total of 87,554km over 9 days and raised \$1,291,577 to support SCS programmes and services.

Mr Heng Swee Keat, Deputy Prime Minister, Coordinating Minister for Economic Policies and Minister for Finance, delivered the opening address as the Guest-of-Honour during the virtual launch that took place on 19 September.



\$250,000 donated to SCS Help the Children and Youth Programme through the Singtel Touching Lives Fund.

\$1,291,577

Amount raised

4,064

Total No. of Participants





Michael Astronomo wore the personal protective equipment (PPE) to symbolise the COVID-19 situation and how despite the pandemic the fight for cancer never stops.

The virtual event was launched by key partners piecing together a map of Singapore. The map symbolised everyone from all over Singapore coming together to join the race and to show their support in the fight against cancer.

The launch event was also attended by various local influencers and celebrities like Bridget Fernandez and Gayathri Segaran from KIN (Channel 5 TV series), Subramaniam Narainda and Marcus AC, Munah Bagharib and Victoria Cheng, who joined the event from various locations in Singapore to kick off their run.

Participants were able to run anywhere in Singapore by using a GPS-enabled app to track their runs covering distances of 5km, 10km, 21km or 42km.

This was the first time where participants got to run a half or full marathon.

Participants also got the chance to take part in the contest to win novelty prizes like the Most Creative Route, Best Dressed, Loyal RAC Participant, Best Fundraiser and Longest Distance.

HIGHLIGHTS



KUMAR'S VIRTUAL BIRTHDAY BASH

On 10 August 2020, Kumar, entertainer and comedian, celebrated his 52nd birthday by hosting a virtual party on SCS' Facebook. Instead of gifting him with presents, he urged friends and supporters to make a contribution to SCS to support the cancer cause.

During the Facebook event, he shared about his encounter with cancer when his father, the late Mr Chinnadurai, was diagnosed with stage 4 lymphoma in 2007. Being impacted by cancer, he urged the audience to take charge of their health through regular health or cancer screening.

The virtual birthday bash reached out to

36,000

viewers online and raised a total of

\$31,130



SCS ONLINE GETAI CHARITY NIGHT 2020

This first-of-its-kind fundraising through a getai performance was jointly organised by SCS and Wang Lei, a veteran getai performer. Not only did Wang Lei host and perform on the show, he also invited celebrities like Mr Jack Neo, Ms Liu Ling Ling, Ms Angie Lau and Ms Anderene Choo to make guest appearances.

Their collective star power boosted viewership of the show that was broadcasted live on SCS' Facebook on 28 August 2020.



Together with the show's partners that included StarMedia Watch Live Channel, Almac Group, Eu Yan Sang, Win2 and WTS Travel, SCS raised

\$132,149



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