

Saving Lives, Bringing Hope



Donor Impact Report
2014

About Singapore Cancer Society

Our Vision:

To be the leading charitable cancer organisation in Singapore and the region, with a reputation for effective programmes for the prevention and control of cancer.

Our Mission:

The Singapore Cancer Society is a community-based voluntary welfare organisation dedicated to minimising the impact of cancer through public education, screening, patient services, financial assistance, research and advocacy.

Impact Statement:

To be the first port of call for the entire cancer journey for all cancer patients in Singapore, especially those who are financially disadvantaged.



CEO MESSAGE

Dear donors and friends,

2014 was a momentous year for the Singapore Cancer Society (SCS), as we celebrated our 50 years of services in Singapore. The Society has come a long way in providing programmes and services to patients, caregivers and the community to reduce the impact of cancer and improve the well-being of people affected by cancer.

1 in 3 Singaporeans die of cancer and 35 are diagnosed with cancer every day. The need for holistic palliative and multi-tiered service is increasing.

With your generous donations, SCS is able to expand our services and launch new initiatives such as the new SCS Cancer Care Fund, the SCS Cancer Care Kit, and the SCS Cancer Rehabilitation Centre.

Moving on, the Society aims to expand its Hospice Care Services threefold within the next 3-5 years. We believe we can achieve this with your support.

We sincerely hope that you will continue to help us be the first port of call for the entire cancer journey for all cancer patients in Singapore, especially those who are financially disadvantaged.

I thank you for your generosity. Your donations help save lives and bring much hope. I look forward to your continued support.

Mr. Albert Ching
Chief Executive Officer
Singapore Cancer Society

SERVICES

Singapore Cancer Society has supported cancer patients and families to minimise the impact of cancer through the following:



SCS Cancer Treatment Fund Financial Assistance Scheme

This fund was established in 2005 to help cancer patients with financial difficulties cope with high treatment costs. Since then, more than 3,500 patients have been assisted and over \$12 million in cancer treatments subsidies have been disbursed.

Cancer patients may be referred to SCS by their doctors or medical social workers through various restructured hospitals in Singapore.



SCS Welfare Aid Fund Financial Assistance Scheme

This fund was established in 1964 to provide cancer patients and their families with temporary financial aid during and after treatment. This included provisions such as milk, diapers, medical dressings, stoma bags and other medical equipment.

Funding may be assessed through medical social workers and healthcare professionals at various hospices, and voluntary welfare organisations.



SCS Free Hospital Transportation Scheme Programmes & Services

SCS provides free transport services to and from patients' homes and hospitals for their treatment and medical appointments. Patients from low-income families who require transportation for their chemotherapy and radiotherapy sessions may apply for this service.



SCS Living Well Programme Programmes & Services

This programme aims to enhance the dignity of care and the quality of living for disadvantaged hospice patients under our care, where existing SCS assistance schemes are not applicable.

It enables these patients to live with dignity in their own homes and facilitates legacy building and the fulfilment of last wishes.



SCS Help the Children and Youth Programme Programmes & Services

This programme assists children and youth who experienced the effects of cancer themselves or have loved ones who have cancer. Through social and academic activities, this programme continues to make a life-changing impact in these young lives.

The 5 main components of the programme are the SCS Tuition Programme, Annual Book Prize & Awards Presentation Ceremony, Educational Financial Assistance Scheme, Youth Camp & Engagement and Family Engagement outings.

DONORS REPORT 2014

Your donation has supported a variety of initiatives from 1 January 2014 to 31 December 2014

CANCER TREATMENT FUND

Fund disbursed \$1,225,837

No. of beneficiaries 404

EDUCATION FINANCIAL ASSISTANCE SCHEME

School allowance disbursed \$28,080

No. of student beneficiaries 45

FREE HOSPITAL TRANSPORTATION PROGRAMME

Funds utilised \$25,473

No. of patients served 121

No. of patient trips made 1,519

HELP THE CHILDREN AND YOUTH PROGRAMME

Tuition programme \$206,431

Children and youth enrolled in tuition programme 54

Funds disbursed for academic awards \$26,437

Academic awards disbursed to students 118

WELFARE AID FUND

Funds disbursed \$758,000

No. of beneficiaries 387

Key Findings

Early Detection Saves Lives



In 2014, our screening efforts for colorectal cancer found polyps in 258 patients which were removed during the colonoscopy.

Polyps are precursors to cancer, and we believe that these 258 patients will now tell you that early detection and pre-emptive action reduces the risk of cancer and other complications, ultimately, saving lives.

Normal findings 442

2 Cancer

Polyps 258

Diverticular disease 112

2 Flat tumour lesion

7 Inflammation

Haemorrhoids 215

Others 156

**This table shows the results of individuals who have done a diagnostic colonoscopy following a FIT Screening in 2014*

Source: Enhanced Integrated Screening System (May 2015), Health Promotion Board

*Information is taken from Singapore Cancer Society's 2014 Annual Report

TURNING NEGATIVES INTO POSITIVES - MDM BABY LIM'S RECOVERY JOURNEY

WARRIOR TESTIMONIALS



Mdm Baby Lim's attitude towards fighting cancer is as upbeat as her unique name. The 60-year-old housewife was diagnosed in 2007 with third stage breast cancer, but has since made a full recovery with proper treatment and support from loved ones and the Singapore Cancer Society.

"We tend to take a lot of things for granted and think that it won't happen to us," says the mother of two. "I went for a check-up after discovering a hard lump in my left breast, and feeling easily fatigued. When the doctors told

me I had cancer, I was with my son who was only in secondary school then."

"Of course, I was depressed and felt like it was a death sentence. I was bewildered. I couldn't accept it. I thought, "Why me?" My son was crying, and when I told my husband the news, he simply said, "We'll go through this together." He is a stoic man who rarely shows his emotions. Hearing him say that to me, I was so touched that I wept. I cried for a full day and then I told myself, "That's enough. I would make the most of my life and live the best I can to fight this."

Treatment for Mdm Lim involved 12 cycles of chemotherapy through three grueling months, and a mastectomy to remove her 5-cm breast tumour. Thankfully, she suffered minimal side effects, buoyed by a positive attitude. The main burden was a financial one, with medical costs amounting to \$35,000. Mdm Lim was informed by social workers at her hospital to approach the Singapore Cancer Society for assistance before commencing treatment.

"The Society subsidised 90% of the cost, and I am deeply grateful for this," says Mdm Lim, but adds, "Beyond financial aid, I also received invaluable emotional support from staff here, such as from volunteers and nurses. I joined the breast cancer support group and made friends with many fellow patients like myself. I also went for enrichment classes, from painting to jewelry-making and ukulele lessons."

Today, as a cancer survivor, Mdm Lim is still actively involved with the Singapore Cancer Society, attending classes and volunteering as an ambassador. She says, "My daughter jokes that I have more whatsapp chat groups on my phone than her! Through my cancer journey, I learnt and discovered so many things, such as painting, which I have always loved, but stopped doing for 30 years."

"The Singapore Cancer Society was a big part of my journey to recovery, and I am glad that there are generous donors out there who support our cause. I always tell fellow patients – don't see cancer as a death sentence. The best way to stay positive is to think about others instead of just yourself. With the numerous classes and support groups at the Society, patients are able to stay active and receive support. I owe a lot to the Singapore Cancer Society and the donors."

“YOUR
DONATION
DOES SAVE
LIVES ”

-BABY LIM-

PATIENT'S TESTIMONIAL

"May I take this opportunity to thank everyone at the Singapore Cancer Society once again for the compassionate attention given to my family's temporary financial plight during my recent eight courses of chemotherapy at the NCC for Stage IV Colorectal Cancer. More specifically, my family and I are grateful for the SCS 100% grant that allowed me to go through a PET-CT scan at SGH in late March this year - a procedure currently neither covered by Medisave nor Medishield.

Put simply, freed from the stress of financial worries, I was able to focus more fully on allowing the chemotherapy to assist my body to heal itself. In this regard, I intend to remain strong and healthy in the years to come.

Last but not least, may I also wish everyone at SCS - on this festive occasion.

Ho Chin Beng
19 December 2014



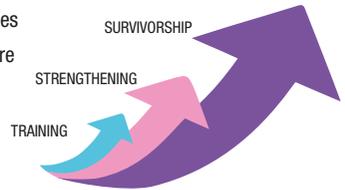
SCS CANCER REHABILITATION SERVICES

Operational in Q3 2015

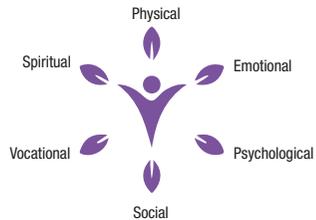
Our new integrated cancer rehabilitation services seek to help cancer patients and survivors, their spouses and their families. We aim to improve our patients' quality of life as well as to help them gain a new state of normalcy.

3 Stages of Recovery

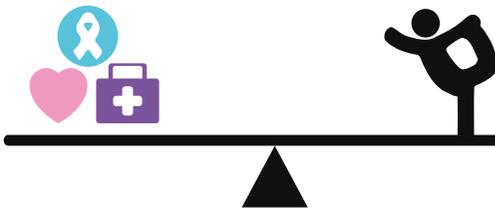
Our programmes and services are targeted at:



6 Focus Areas of Rehabilitation



A Holistic Approach



Examples of our programmes and services:

- Physical therapy
- Counselling
- Return-to-work programmes
- Support group engagement
- Art therapy

Our team's holistic approach towards a patient-centred rehabilitation model is aimed at restoring the functional ability of patients to help them manage their own health, overcome the challenges of living independently and motivate them to journey towards a re-balanced life.

New

Current SCS Welfare Programmes & Services



SCS Cancer Care Fund



SCS Cancer Treatment Fund



SCS Welfare Aid Fund



SCS Free Hospital Transportation Scheme



SCS Help the Children and Youth Programme



SCS Living Well Programme

SCS CANCER CARE FUND



complements existing SCS financial assistance schemes. This one-off financial assistance aims to alleviate financial burdens and provide for immediate needs following a cancer diagnosis.

Eligibility Criteria:

Gross monthly household per capita income of less than \$1,100 will receive



\$ 1,000

\$ 1,800

\$ 1,100

Gross monthly household per capita income of \$1,101 to \$1,800 will receive



\$ 500

SCS CANCER CARE KIT

The kit is designed to assist cancer patients and their families in making informed decisions. It also serves to give hope and encouragement to people whose lives have been affected by cancer



Life After Cancer



Cancer Facts, Figures, and Myths

How Does Cancer Affect Your Work?



How Does Cancer Affect You?

How Does Cancer Affect Your Finances?



How Does Cancer Affect Your Family?

THANK YOU FOR YOUR SUPPORT



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SOCIETY**

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