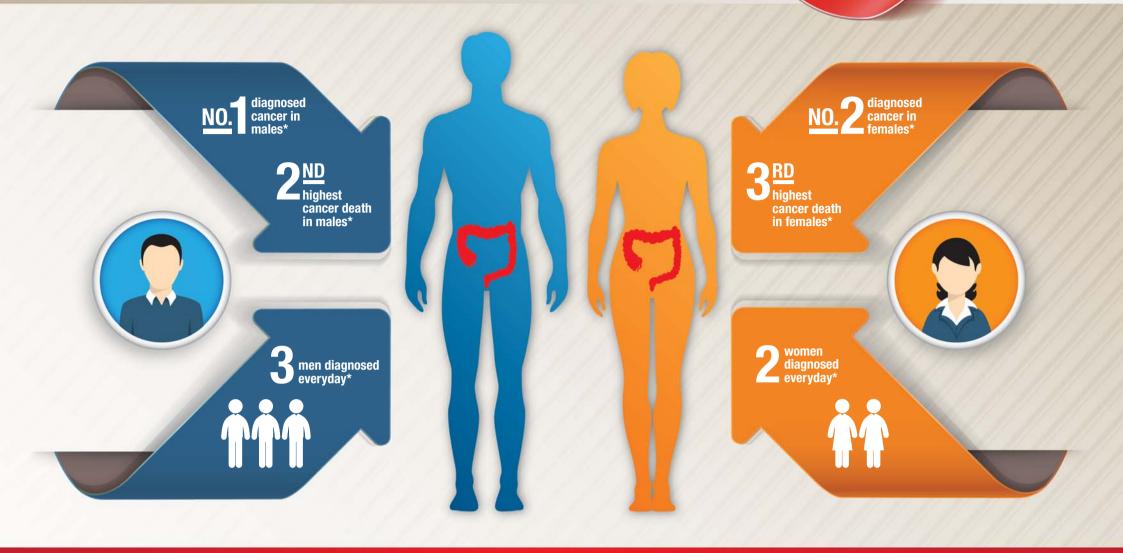
COLORECTAL

CANCER It is cancer of the large intestine – colon and rectum. It begins as small, non-cancerous growths known as polyps which are attached to the wall of the colon. Over time, these polyps could develop into cancer.

Singaporeans were diagnosed in 2010-2014*





The risk of Colorectal Cancer increases from the age of 50

Screen Regularly for Colorectal Cancer From the Age of 50

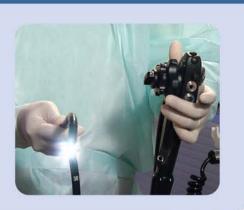
Faecal Immunochemical Test (FIT)

- Should be done once every year
- Safe and non-invasive test
- Easy to self-administer
- Does not require fasting or changes to one's diet
- Available at Singapore Cancer Society at no charge all year round



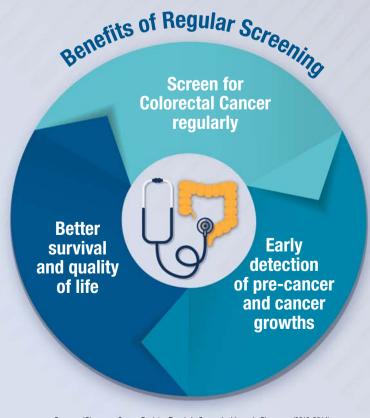
Colonoscopy

- Should be done once every 10 years
- Able to detect and remove pre-cancerous growths or polyps
- Conducted by a doctor in a specialist clinic (clinic charges apply)



Screening Trends

Only 1 in 3 Singaporeans screen for Colorectal Cancer regularly**



Sources: *Singapore Cancer Registry, Trends in Cancer Incidence in Singapore (2010-2014)
**Health Behavioural Surveillance of Singapore (HBSS 2015)



