

Singapore Cancer Society
Psychosocial Services Department
 Support Group Newsletter - September & October 2018



Bishan J8: 9 Bishan Place, Junction 8 Office Tower #06-05, Singapore 579837

JEM: 52 Jurong Gateway Road, JEM Office Tower #08-04 Singapore, 608550

Registration is open 2 week prior to date of gathering 注册只在聚会日期的前两周开始

Programmes are subject to change without prior notice 节目如有更改, 恕不另行通知

To register for **Bishana, New Voice Club, Semi-Colons, RTR & Walnut Warriors**, please call **6499 9132 / 6499 9135 / 6499 9138** or email: supportgroup@singaporecancersociety.org.sg
 报名参加**碧山女人互助小组, 新声会, 女人互助小组, 结肠互助小组或核桃战士聚会**, 请致电 **6499 9132 / 6499 9135 / 6499 9138** 或 发送电子邮件至 supportgroup@singaporecancersociety.org.sg

September 九月

Support Groups 互助小组	Date 日期	Day 平日/周末	Venue	Time 时间	Activities/ Events Description 活动
Bishana Ladies Support Group 碧山女人互助小组	21	Friday 星期五	Bishan	6.30pm - 8.30pm	Fabric Painting 布料绘画
New Voice Club 新声会小组	4, 11, 18, 25	Tuesday 星期二	Bishan	12.00pm - 2.00pm	Recreational activities, speech training and fellowship 娱乐活动, 语言训练 25/09 - Mid-Autumn Festival Celebration & Bi-Monthly NVC meeting 中秋节庆祝活动 和 新声会会议
Reach to Recovery Support Group 女人互助小组	22	Saturday 星期六	-	2.00pm - 6.00pm	RTR & Semi-Colons Support Group combined outing to Peranakan Museum. 女人互助小组和结肠互助小组半日游: 参观娘惹博物馆
Semi-Colons Support Group 结肠互助小组					
Walnut Warriors Support Group 核桃战士互助小组	8	Saturday 星期六	Bishan	2:00pm - 4:00pm	2pm: Sharing 讨论会 2:30pm: Latest developments in prostate cancer treatment by Dr Chong Kian Tai 最新前列腺治疗发展讲座

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October 十月

Support Groups 互助小组	Date 日期	Day 平日/周末	Venue	Time 时间	Activities/ Events Description 活动
Bishana Ladies Support Group 碧山女人互助小组	13	Saturday 星期六	-	9.00am - 1.00pm	A trip to Lee Kong Chian Natural History Museum 李光前自然历史博物馆之旅
New Voice Club 新声会小组	2, 9, 16, 23, 30	Tuesday 星期二	Bishan	12.00pm - 2.00pm	Recreational activities, speech training and fellowship 娱乐活动, 语言训练
Reach to Recovery Support Group 女人互助小组	27	Saturday 星期六	Bishan	10.00am - 12.00pm	Breast Cancer Awareness Month Celebration 女人互助小组庆祝会
Semi-Colons Support Group 结肠互助小组	27	Saturday 星期六	-	1.30pm - 6.00pm	Visit to National Gallery 新加坡国家博物馆之旅
Walnut Warriors Support Group 核桃战士互助小组	13	Saturday 星期六	Bishan	2:00pm - 4:00pm	2pm: Sharing 讨论会 2:30pm: Urinary Incontinence and erectile dysfunction by Dr Ronny Tan 尿失禁和勃起功能障碍讲座