$25 Funding Assistance for Your Mammogram Screening

From 1 Oct 2019 to 31 Jan 2020, enjoy $25 funding assistance for your mammogram screening if you:
- are a female Singaporean or Permanent Resident
- are aged 50 and above and have not done a mammogram in the past 12 months
- are aged 40 to 49 and have not done a mammogram in the past 12 months
- are not being breastfed for this past 4 months
- have mastectomy
- do not have any breast implants
- do not have any history of Breast Cancer
- are asymptomatic or have no Breast Cancer symptoms

If you’re female and aged 40-49, you may screen for Breast Cancer but you should first talk to your doctor about the benefits and limitations of mammograms for your age group so that you can make an informed choice about going for screening.

How Much Do I Need to Pay?
The cost of a mammogram screening varies across public and private breast screening centres. You can expect to pay $100 or more. The SCS funding assistance will help to reduce the cost of your mammogram screening to $25.
1) For “Screen for Life” screening centres (polyclinics), after prevailing subsidies and SCS funding assistance, Singaporeans will pay $25
2) For participating private breast screening centres, cost will vary, SCS will offset the bill by $25.

If you’re 50-60 years old and have a valid CHAS card, you may screen for Breast Cancer at NO COST.


Terms and Conditions:
1. This pink card may not be used with other promotions.
2. You can choose up to three participating breast centres from the list to schedule an appointment for your mammogram screening.
3. Appointments must be made at least 30-60 days prior to your screening centres and the mammogram screening must be done by 31 January 2020.
4. The completed pink card and NRIC must be presented upon registration at the participating breast screening centres.
5. Participants will wish to use their Medicaid for payment. Please check with your health plan administrator to determine whether your plan covers mammogram screening.
6. Participants must complete 50% of the tasks in the pink card, including choosing up to three participating breast centres.
7. Participants can book their screening at the centre of their choice. To minimise discomfort experienced during mammogram, you can consider taking 2 tablets of painkiller (paracetamol) before the procedure.

To make an appointment with the centre of your choice, try to schedule your appointment one week after your menstruation ends. If you no longer have periods, please choose a date that is convenient for you.

Help More Women With Breast Cancer

The lives of our cancer patients and their families have improved greatly thanks to the support from the public. You can make a difference too with your donation. Together, “No One Fights Cancer Alone”.

To find out about how you can help more women with breast cancer like Mdm Vijaya, scan the QR Code or visit http://bit.ly/helpmorewomen.

Do your monthly breast self exam

Women aged 30 and above are advised to do your breast self exam once a month. Scan the QR code or visit http://bit.ly/breastdiycheck.
Please take a few minutes to answer the following questions. Your feedback is very important to us, it helps us further improve our service. Thank you very much.

1. I stay in a/an:  
   - HDB 3, 4, 5 Room or Smaller  
   - Exec Condominium  
   - Private Apartment/Condo  
   - Others:  

2. I learnt about the pink card from:  

3. Indicate how likely are you to recommend a mammogram to a friend/relative:  
   - Not at all  
   - 0  
   - 1  
   - 2  
   - 3  
   - 4  
   - 5  
   - 6  
   - 7  
   - 8  
   - 9  
   - Very Likely  
   - 10  
   (Circle one)

4. We’d appreciate you telling us why?

5. Is this your first time doing a mammogram? If Yes, please proceed to question 7.
   - Yes  
   - No  

6. Are you up to date with your mammogram screening?
   - Yes, I have done a mammogram last year (If you’re aged 40-49)  
   - Yes, I have done a mammogram 2 years ago (If you’re aged 50-69)  
   - No  

7. If this is your first time doing a mammogram or you have not been going for mammograms regularly, tell us why.

8. Rate the Mammogram Funding Assistance Programme.
   - Excellent  
   - Good  
   - Neutral  
   - Poor  
   - Terrible  

9. Was it easy to identify a participating breast screening centre?
   - Very Difficult  
   - Difficult  
   - Neutral  
   - Easy  
   - Very Easy  

10. If SCS did not provide $25 funding assistance, would you still have done a mammogram screening?
    - Definitely Not  
    - No  
    - Neutral  
    - Yes  
    - Definitely Yes  

11. Do you plan to go for screening again in the next 2 years (If you’re aged 50-69) or next year (If you’re aged 40-49)?
    - Definitely Not  
    - No  
    - Neutral  
    - Yes  
    - Definitely Yes  

NRIC | 身份证号码:  
NAME | 姓名:  
DATE OF BIRTH | 出生日期 (DD/MM/YYYY):  
RACE | 种族:  
   - Chinese  
   - Indian  
   - Malay  
   - Others:  
CONTACT NO. | 联络号码:  
EMAIL | 电邮:  
ADDRESS | 地址:  
POSTAL CODE | 邮区:  
DATE OF SCREENING | 检查日期 (DD/MM/YYYY):  
SCREENING CENTRE | 检验中心:  

Present this card and your NRIC at participating breast screening centres to enjoy $25 funding assistance on your mammogram screening.

请在参与的乳房检验中心出示这张卡和身份证以获取S$25的援助金。
BREAST SCREENING ELIGIBILITY

- You are a Singaporean or Permanent Resident
- You are a woman aged 50* and above and have not done a mammogram in the past 24 months
- You are a woman aged 40 to 49 and have not done a mammogram in the past 12 months
- You have not been breast feeding for the past 6 months
- You are not pregnant
- You do not have any breast implants
- You do not have any history of Breast Cancer
- You are asymptomatic with no Breast Cancer symptoms

*If you’re female and aged 40-49, you can screen for Breast Cancer but you should first talk to your doctor about the benefits and limitations of mammograms for your age group so that you can make an informed choice about going for screening.

Terms and Conditions

1. The pink card may not be used with other promotions.
2. Please call the participating breast screening centres from our list to schedule an appointment for your mammogram screening.
3. Appointments must be made by 30 Nov 2019 with the participating breast screening centres and the mammogram screening must be done by 31 January 2020.
4. The completed pink card and NRIC must be presented upon registration at the participating breast screening centres.
5. Participants who wish to use their Medisave for payment will need to check with the participating breast screening centres if such an option is available upon making the appointment.
6. Participants must complete and fill in all the particulars on the pink card.
7. Participating breast screening centres will follow up with the participants for their mammogram results.
8. Mammogram screening charges may vary across participating breast screening centres.
9. Any post-mammogram consultation where necessary, shall be at the discretion of the participating breast screening centres and consultation fees may apply.
10. Participant’s particulars will be released to the Singapore Cancer Society for the purpose of data verification, follow-up actions, communications on SCS’ activities, programmes and services; donation requests; carrying out research, analysis and development activities for SCS’ purposes; and making disclosures required by law or a competent authority. SCS may, for the above purpose, disclose my personal data to its third party service providers and/or agents, who may be sited outside of Singapore (subject always to requirements under applicable law having been met).

DECLARATION AND CONSENT FOR SCS FUNDING ASSISTANCE FOR MAMMOGRAM SCREENING

I understand that in order to enjoy this funding assistance:

I consent to allow Singapore Cancer Society ("SCS") to collect, use and disclose my personal data in order to process, administer, facilitate, maintain and/or manage my relationship with SCS as a member, volunteer, programme participant, beneficiary and/or donor ("Purpose"), including communications on SCS’ activities, programmes and services; donation requests; carrying out research, analysis and development activities for SCS’ purposes; and making disclosures required by law or a competent authority. SCS may, for the above Purpose, disclose my personal data to its third party service providers and/or agents, who may be sited outside of Singapore (subject always to requirements under applicable law having been met).

Mode of Communication

If you wish to receive communications on SCS’ activities, programmes and services via phone call and/or text message to a phone number or numbers that you have provided to SCS, please TICK the relevant box(es):

- [ ] Text Message
- [ ] Phone Call

Enquiries:
Call 1800 727 3333 or email communityhealth@singaporecancersociety.org.sg

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Call 1800 727 3333 or email communityhealth@singaporecancersociety.org.sg
SHARING IS CARING

Remember to share with your mother, aunties, sisters, neighbours and colleagues about the importance of doing monthly breast self examination and regular mammogram screening.

Book your mammogram with our $25 funding assistance.


Learn how to do your monthly breast self exam

You are advised to do your breast self exam once a month. For more info, Scan the QR code or visit http://bit.ly/breastdiycheck

Enjoy $10 OFF

with minimum $40 spend on regular-priced Ye}

Singapore Cancer Society - TalkMed Relay For Life 2020

Returning for its 4th year, Singapore Cancer Society-TalkMed Relay for Life aims to raise awareness for our community and raise funds for its programmes and services. This overnight event aims to gather everyone to CELEBRATE cancer survivors’ and caregivers’ triumph against the disease, REMEMBER loved ones lost, and FIGHT BACK against cancer.

Join us as a team or an individual to walk or run around the track at your own pace. To symbolise that the fight against cancer never sleeps, this event will be from 6pm to 9am the next day, and each team is recommended to have at least a member on the track at all times.

Participants can also take up the 100Km challenge as an individual or a team to walk or run this distance within 15 hours, and be honoured as our Relay Champions!

Come on down to show your support and cheer for our survivors, caregivers and participants. There will be live performances, workout sessions and carnival activities for everyone.

15 & 16 Feb 2020
Saturday - Sunday
6pm - 9am (Overnight event)
National Stadium @ Singapore Sports Hub

ActiveSG users, PAssion card members & Singtel Dash users enjoy 5% off registration fee

Find out more by scanning the QR Code or visit http://www.scsrelayforlife.sg
6 years ago, Mdm Vijaya was diagnosed with breast cancer. She was 41 years old. Barely a year later, in 2014, while she was undergoing treatment, her husband suddenly passed away from a heart attack.

Mdm Vijaya receives financial and milk feeds assistance from Singapore Cancer Society (SCS) under the SCS Welfare Aid Fund, as well as government subsidies for her medical check-ups and cancer treatment. Her daughter, Toshany, now 9 years old, is also assisted with the SCS Education Financial Assistance Scheme (EFAS) and Tuition Programme.

Mdm Vijaya is very thankful for the support from her sister, niece, friends and SCS, who helped her and Toshany. She feels fortunate that her breast cancer was detected early, and her advice to others is: “Don’t wait. Go for early screening, and if you feel pain and you’re not sure why, please go for a check-up.”

The lives of our cancer patients and their families have improved greatly thanks to the support from the public. You can make a difference too with your donation. Together, “No One Fights Cancer Alone.” To find out about how you can help more women with breast cancer, like Mdm Vijaya, scan the QR code or visit http://bit.ly/helpmorewomen.