

SOCIETYNEWS

VOL 5.04 APRIL 2017

Dear Friends of SCS,

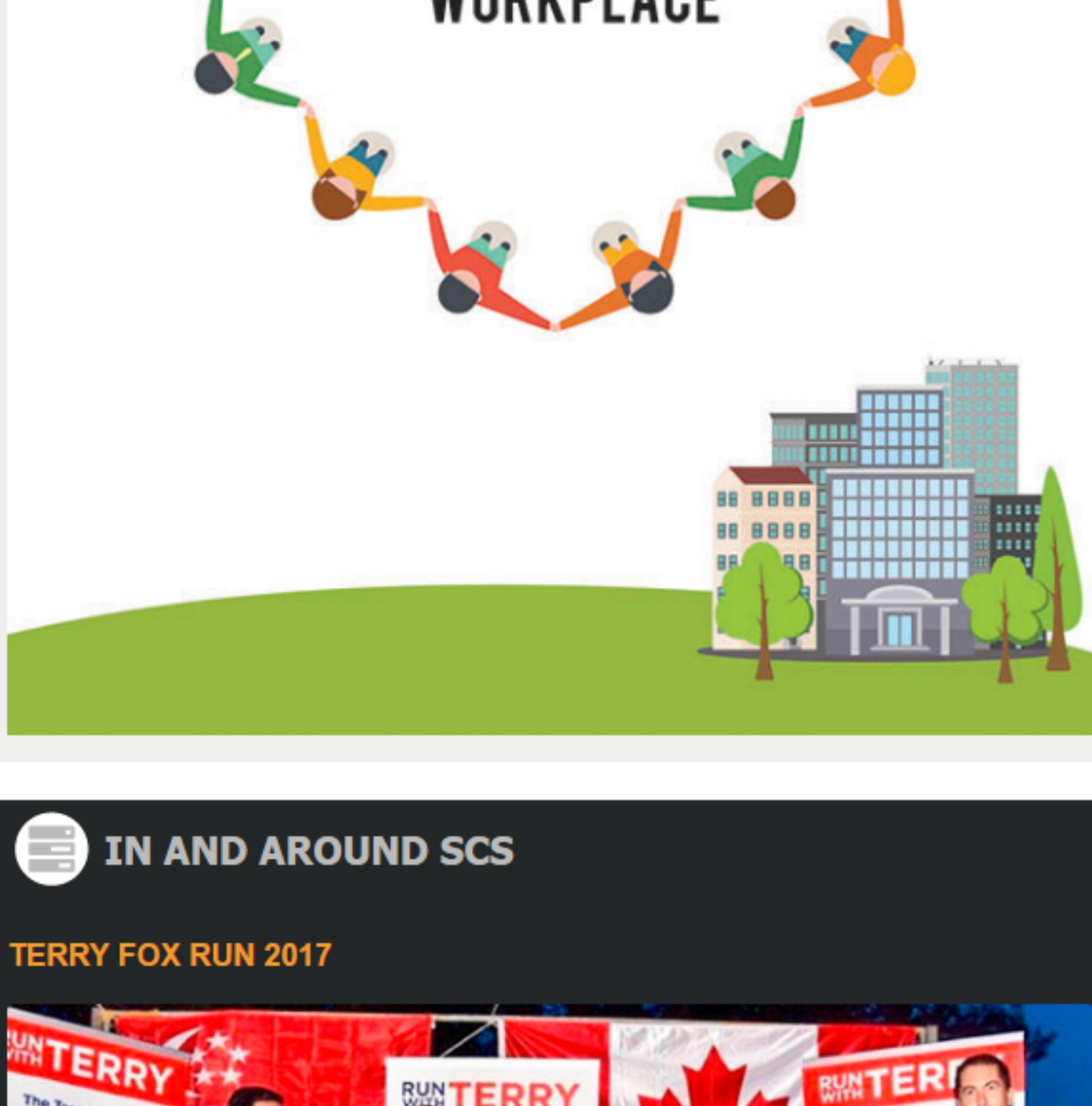
Singapore Cancer Society (SCS) and South West CDC have launched a Cancer-Friendly Workplace Advisory. The advisory outlines best practice guidelines and steps to help organisations destigmatise cancer and cultivate a supportive workplace for cancer patients and survivors.

For many cancer patients, survivors and their family members, the cancer journey is a long road but there is strength in numbers. In this issue, Singapore Cancer Society rallies the community and with the help of SCS Partners, Sponsors, Volunteers and Charity Athletes, we 'minimise cancer and maximise life' together.

We welcome more volunteers to support SCS programmes and services so that we can serve more beneficiaries, and serve better.

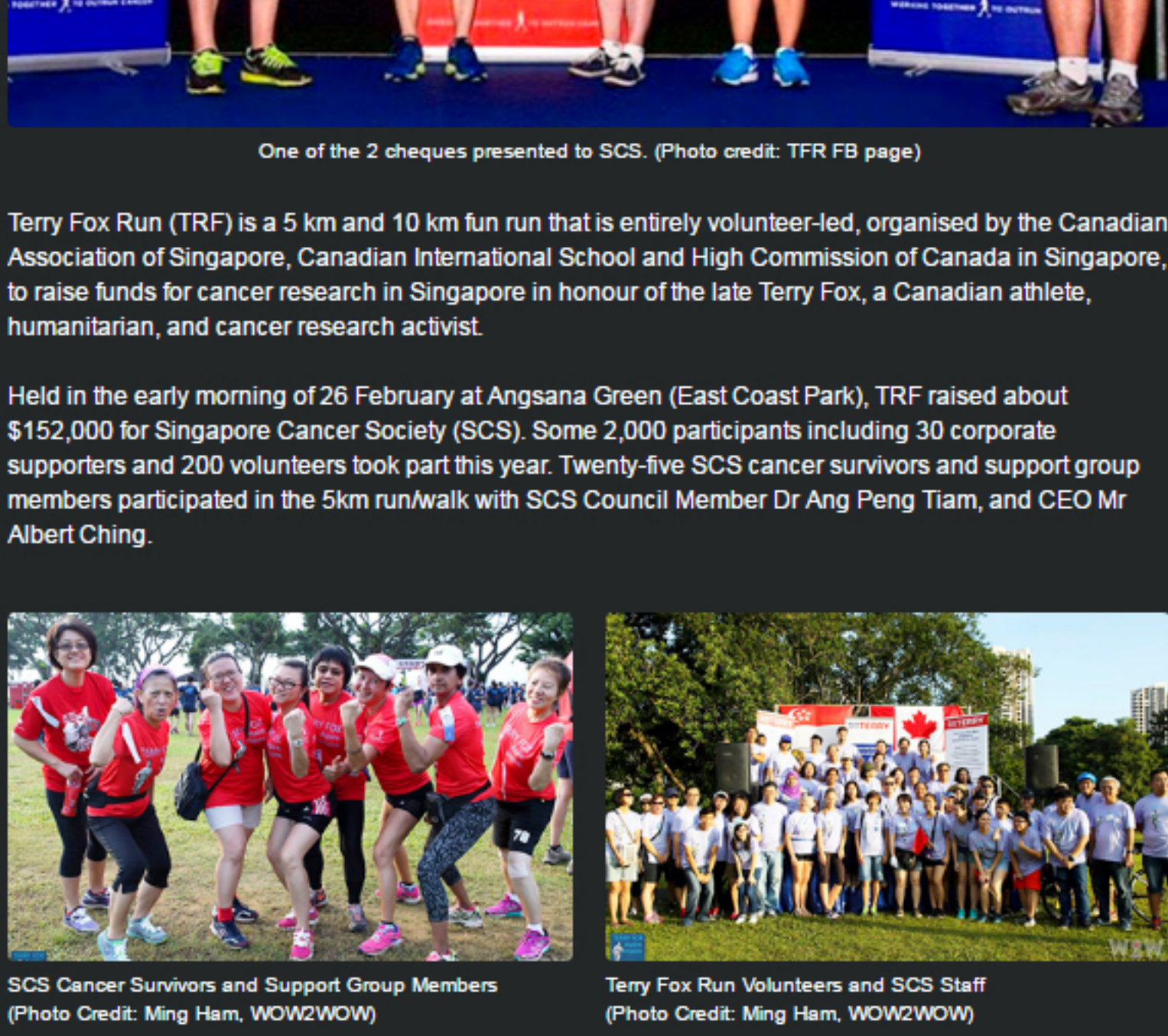
HIGHLIGHT OF THE MONTH

CREATING A CANCER-FRIENDLY WORKPLACE



IN AND AROUND SCS

TERRY FOX RUN 2017



One of the 2 cheques presented to SCS. (Photo credit: TFR FB page)

Terry Fox Run (TRF) is a 5 km and 10 km fun run that is entirely volunteer-led, organised by the Canadian Association of Singapore, Canadian International School and High Commission of Canada in Singapore, to raise funds for cancer research in Singapore in honour of the late Terry Fox, a Canadian athlete, humanitarian, and cancer research activist.

Held in the early morning of 26 February at Angsana Green (East Coast Park), TRF raised about \$152,000 for Singapore Cancer Society (SCS). Some 2,000 participants including 30 corporate supporters and 200 volunteers took part this year. Twenty-five SCS cancer survivors and support group members participated in the 5km run/walk with SCS Council Member Dr Ang Peng Tiam, and CEO Mr Albert Ching.



SCS Cancer Survivors and Support Group Members (Photo Credit: Ming Ham, WOW2WOW)

Terry Fox Run Volunteers and SCS Staff (Photo Credit: Ming Ham, WOW2WOW)

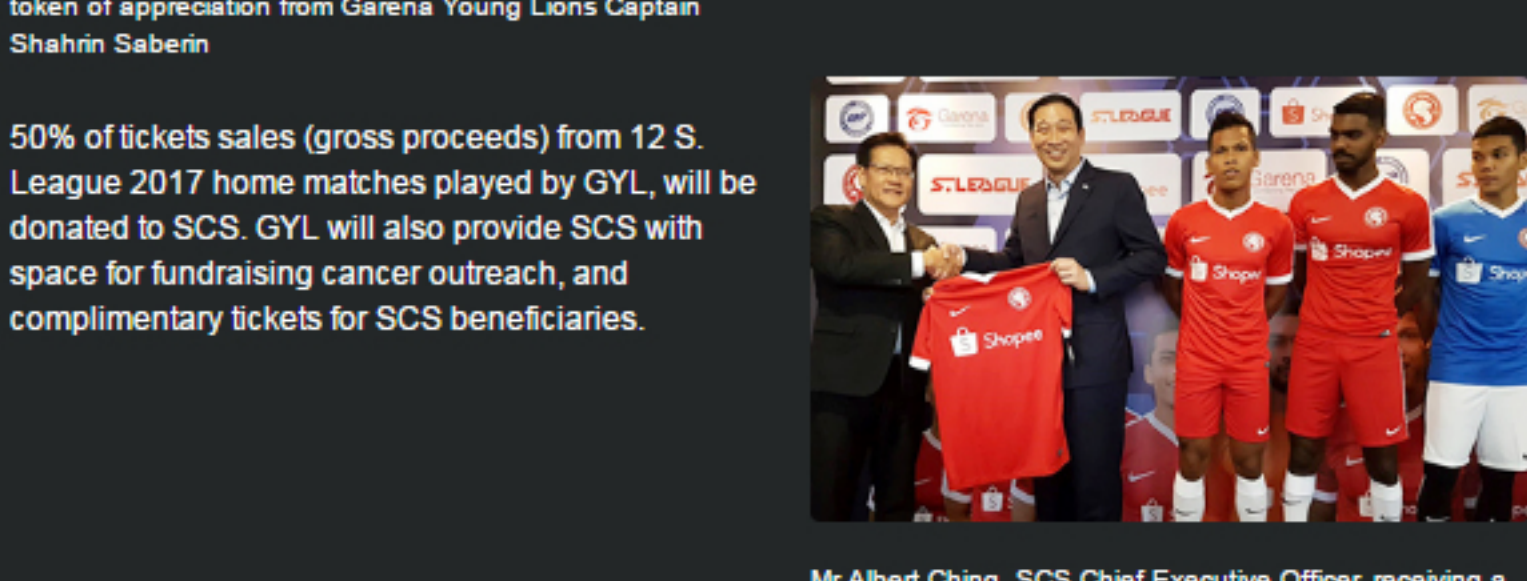


SCS Staff at the SCS Donation Booth with SCS Merchandise (Photo Credit: Ming Ham, WOW2WOW)

Volunteers from St. John's Ambulance Brigade (Photo Credit: Ming Ham, WOW2WOW)

Photo credit: TFR FB page

PARTNERSHIP WITH GARENA YOUNG LIONS



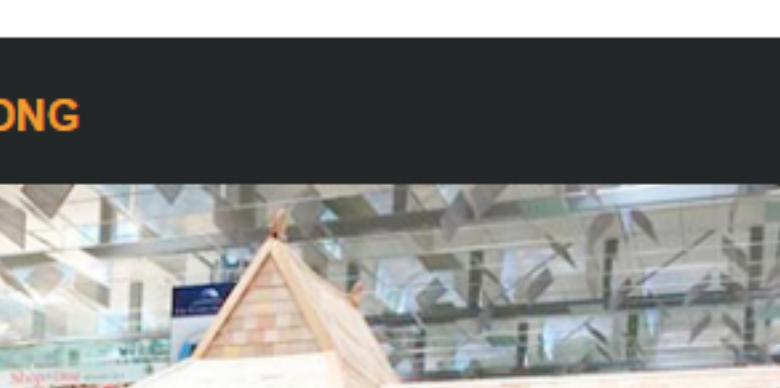
On 24 February 2017, Garena Young Lions (GYL) announced the adoption of SCS for their 'Adopt-a-Charity' Corporate Social Responsibility programme during a press conference at Jalan Besar Stadium.



Mr Albert Ching, SCS Chief Executive Officer, receiving a token of appreciation from Garena Young Lions Captain Shahrin Saberin

SCS is privileged to be the sole beneficiary of the fundraising initiative by Football Association of Singapore (FAS). SCS hopes to reach out to the young players, their fans and spectators to be our advocates and further spread cancer awareness.

50% of tickets sales (gross proceeds) from 12 S. League 2017 home matches played by GYL will be donated to SCS. GYL will also provide SCS with space for fundraising cancer outreach, and complimentary tickets for SCS beneficiaries.

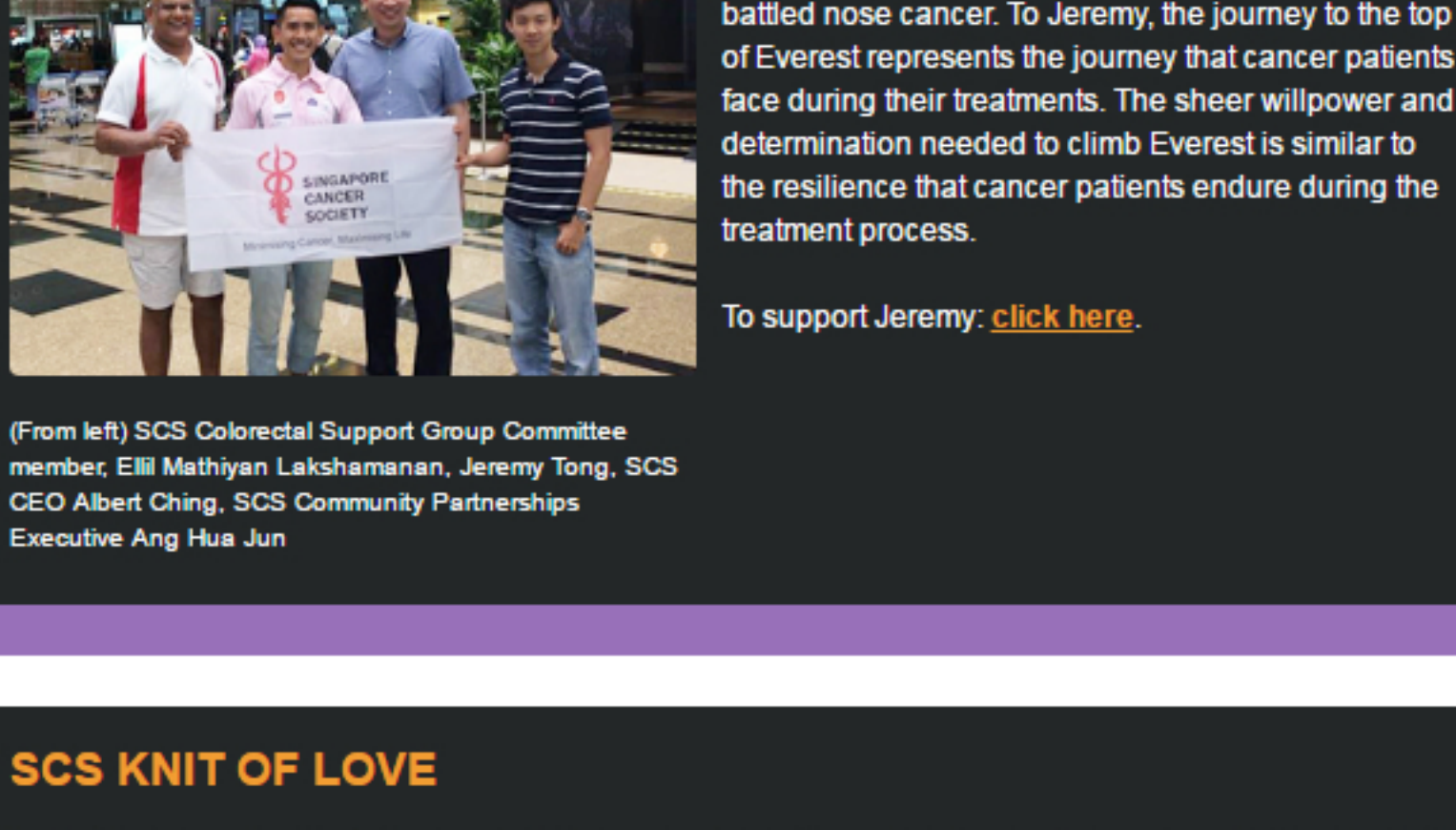


Mr Albert Ching, SCS Chief Executive Officer, receiving a token of appreciation from FAS President Mr Lim Kia Tong (far left)



SCS Staff and Volunteers at the SCS Booth, Jalan Besar Stadium

SCS CHARITY ATHLETE JEREMY TONG



SCS Charity Athlete, Jeremy Tong Zhi Hao, will attempt to reach the summit of Mount Everest to raise \$20,000 for SCS. Jeremy has been climbing mountains around the world for the past 13 years, and will conquer Mount Everest in September 2017, which coincides with his 27th birthday.



(From left) SCS Colorectal Support Group Committee member, Eili Mathiyani Lakshmanan, Jeremy Tong, SCS CEO Albert Ching, SCS Community Partnerships Executive Ang Hua Jun

He shared that he was inspired by the journey who battled nose cancer. To Jeremy, his journey to the top of Everest represents the journey that cancer patients face during their treatments. The sheer willpower and determination needed to climb Everest is similar to the resilience that cancer patients endure during the treatment process.

To support Jeremy: [click here](#).

SCS KNIT OF LOVE



The first SCS Knit of Love 2017 session saw 20 beneficiaries and volunteers at the SCS Cancer Rehabilitation Centre sharing their passion for knitting. They were introduced to new designs for neck warmers and hats.

The SCS Knit of Love programme is a project that provides an opportunity for volunteers to knit items, such as hats, which are then distributed to patients undergoing their first chemotherapy session in hospitals across Singapore. We welcome all to knit alongside our beneficiaries, every first Saturday of the month from 10am – 1pm.

Objectives of SCS Knit Of Love:

1. Provide emotional support and warmth to cancer patients undergoing chemotherapy
2. Create a platform for interested learners to acquire a skill and make new friends
3. Promote the spirit of volunteerism

Enquiries: volunteers@singaporecancersociety.org.sg

UPCOMING EVENTS

- 20 April 2017**

Nutrition Tips When Eating Out
 Time: 3.00pm - 5pm
 Venue: Singapore Cancer Society Rehabilitation Centre
 52 Jurong Gateway Road, JEM Office Tower, #08-04
 Singapore 608550
 To register: Telephone 6661 0590
 Email: rehab@singaporecancersociety.org.sg
- 29 April 2017**

Home Modification and Our Healthcare System
 Time: 10.00am - 12.00pm
 Venue: Singapore Cancer Society Rehabilitation Centre
 52 Jurong Gateway Road, JEM Office Tower, #08-04
 Singapore 608550
 To register: Telephone 6661 0590
 Email: rehab@singaporecancersociety.org.sg
- 20 May 2017**

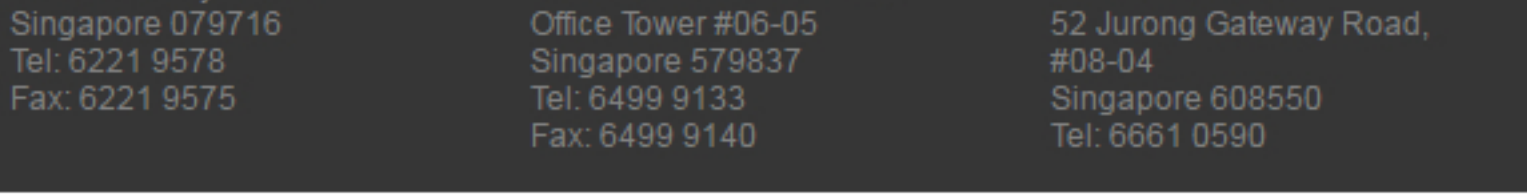
SCS Women's Gynaecological Cancer Campaign Healthy Work Out
 Time: 10.00am - 12.00pm
 Venue: Bedok Town Square - 208D New Upper Changi Road, Bedok MRT Exit B
 To register: <http://bit.ly/SCSWGCM20MAY>
 email: communityhealth@singaporecancersociety.org.sg or call 64215860
- 20 May 2017**

SCS Education Series: Liver Cancer Talk
 Time: 10.30am - 11.30am
 Venue: Singapore Cancer Society Rehabilitation Centre
 52 Jurong Gateway Road, JEM Office Tower, #08-04
 Singapore 608550
 To register: <http://bit.ly/canceredu2017>
 Email: communityhealth@singaporecancersociety.org.sg or call 64215860
- 30 July 2017**

Singtel-Singapore Cancer Society Race Against Cancer 2017
 Time: 7.00am - 12.00pm
 Venue: Angsana Green, East Coast Park

See full event listing

PUBLICATION: CANCER FOCUS



Get the latest edition of Cancer Focus

WHO WE ARE

Singapore Cancer Society is a community-based voluntary welfare organisation dedicated to minimising the impact of cancer through public education, screening, patient services, financial assistance, research and advocacy.

